

Milk and Water Served with Lunch Daily

V = Vegetarian Entrée Options

We are committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes. 770-421-9550 www.ChefAdvantage.com

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | vantage |  |  | Pork Tenderloin None Sweet Potatoes None Wild Rice Pilaf M,S Mixed Fruit None Mocolate Pudding Cup M |
| 4 <br> Chicken Tenders W <br> Cauliflower Bites W,M,E,S <br> Honey Mustard E <br> Roasted Red Potatoes None <br> Mixed Fruit None | 5 <br> Bacon Mac and Cheese W,M <br> Mac and Cheese W,M Green Peas None Fried Onions W Fresh Whole Fruit None Homestyle Banana | 6 <br> Orange Chicken W,S Cauliflower Bites W,S,E,M Jasmine Rice None Green Beans None Orange Wedges None | 7 <br> talian Sub W,M Vegetarian Súb W,M Chicken Noodle Soup W Sliced Red Onion None Sliced Tomato None Variety Chips W,M,S | 8 <br> Chicken Pesto Pizza W,M Cheese Pizza W,M Roasted Broccoli None Fresh Whole Fruit None Sugar Cookies W,M,E |
| 11 | 12 | 13 | 14 | 15 |
| 18 <br> Sloppy Joe None <br> Ground Mushroom None Sandwich W,E <br> Bakery Fresh Bun W,M Fresh Whole Fruit None Variety Chips W,M,S Roasted potatoes None | 19 <br> Adobo Chicken S,W <br> Vegetarian Chicken nugget <br> W,S,E,M <br> Jasmine Rice None Green Beans None Fresh Whole Fruit None | 20 <br> Homestyle Waffles W,M <br> Syrup None <br> Pork Sausage Patties None <br> Shredded Hashbrowns None <br> Diced Peaches None | 21 <br> Hamburger None <br> Vegetarian Burger W,S <br> Bakery Fresh Bun W, M Sliced American Cheese M Lettuce, Tomato, Pickle None <br> Watermelon Wedge None Variety Chips W,M,S | 22 <br> Spinach Pesto Pasta W,M Garlic Breadsticks W,M Vegetable Medley None Fresh Whole Fruit None Brownies W,E |
| ${ }_{\text {Hot Dog None }}$ <br> Vegetarian Corndog <br> $\mathbf{W}, \mathrm{E}, \mathrm{M}, \mathrm{S}$ <br> Bun W,M <br> Turkey Chili None <br> Cheese Slaw E <br> Celery Sticks None <br> Diced Peaches None | 26 <br> Chicken Quesadilla W,M Cheese Quesadilla W,'M Salsa Verde None Mexicali Rice None Street Corn M,E Fresh Whole Fruit None | 27 <br> Beef Shepard's Pie W,E,M <br> Vegetarian <br> Shepard's Pie W,M,E <br> Brown Gravy W,M <br> Steamed Peas None <br> Apple Slices None | 28 <br> Pulled Pork None Fried Green Tomato W,E,S Bakery Fresh Bun W,M House Made BBQ Sauce None <br> Pickle Spears None Fresh Whole Fruit None Variety Chips W,M,S |  |

## ALLERGEN KEY:

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\begin{gathered}
\text { Soy = S } \\
\text { Wheat = W } \\
\text { Egg = E } \\
\text { Milk = M }
\end{gathered}
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This list is comprised of the most common allergens we chart, including eggs, soy, fish, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods.
We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program

