

Monday

Tuesday

Wednesday

Thursday

Friday



1
Apple Slices and Wow Butter

4
English Muffin with Variety Jelly

5
Yogurt Parfait with Fresh Berries

6
Applesauce with Graham Crackers

7
Banana Blueberry Muffins

8
Mixed Vegetables and Ranch

11

12

13

14

15

Spring Break No School

18
Pizza bites

19
Fruit cup (Banana, Strawberry, grape)

20
Whole Wheat Goldfish Crackers

21
Orange Cranberry Muffins

22
Wow butter Bites

25
French toast sticks

26
Cheese Cubes and Crackers

27
Snack Mix

28
Banana Chip Muffins

**GOOD FRIDAY
No SCHOOL**



We are committed to Healthy, Nutritious and Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

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Monday Tuesday Wednesday Thursday Friday



1
Apple Slices **None**
Wow Butter **S**

4
English Muffin **W**
Variety Jelly **None**

5
Yogurt Parfait with
Fresh Berries **M**

6
Applesauce **None**
Graham Crackers
W

7
Banana Blueberry
Muffins **W,M,E**

8
Mixed Vegetables
None
Ranch **E,M**

11 12 13 14 15

Spring Break No School

18
Pizza Bites **W,M**

19
Fruit Cup **None**

20
Whole Wheat
Goldfish Crackers
W,M

21
Orange Cranberry
Muffins **W,M,E**

22
Wow Butter Bites
W

25
French toast Sticks
W,E

26
Cheese Cubes **M**
Crackers **W**

27
Snack Mix **W,M**

28
Banana Chip
Muffins **W,M,E**



ALLERGEN KEY:

- Soy = **S**
- Wheat = **W**
- Egg = **E**
- Milk = **M**
- Fish = **F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program