

March 2024

# Tate's School Greenhouse

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday



**1**  
**Honey Garlic Pork Tenderloin**  
 or: **Roasted Sweet Potatoes**  
**WITH:**  
 Wild Rice Pilaf  
 Green Beans  
 Apple Slices  
 Chocolate Pudding Cup

**4**  
**Chicken Tenders**  
 or: **Vegetarian Chicken Nugget Sub**  
**WITH:**  
 Roasted Red Potatoes Bites  
 Diced Carrots  
 Mandarin Oranges

**5**  
**Bacon Mac and Cheese**  
 Or: **Mac and Cheese**  
**WITH:**  
 Green Peas  
 Diced Pineapple  
 Homestyle Banana

**6**  
**Orange Chicken**  
 or:  
**Orange Cauliflower Bites**  
**WITH:**  
 Jasmine Rice  
 Green Beans  
 Orange Wedges

**7**  
**Grilled Cheese Sandwich**  
**WITH:**  
**Chicken Noodle Soup**  
 Mixed Raw Vegetables  
 Diced Pears  
 Sun Chips

**8**  
**Pizza Day!**  
**Cheese Pizza**  
**WITH:**  
 Roasted Broccoli  
 Apple Slices  
 Sugar Cookies

**11** **12** **13** **14** **15**

# Spring Break No School

**18**  
**National Sloppy Joe Day**  
**Sloppy Joe Sandwich**  
 Or: **Ground Mushroom Sloppy Joe**  
 With:  
 Bakery Fresh Bun  
 Steamed Carrots  
 Apple Slices  
 Potato Bites

**19**  
**Chicken Tenders**  
 Or: **Chicken nugget sub**  
**WITH:**  
 Seasoned White Rice  
 Green Beans  
 Orange Wedges

**20**  
**Homestyle Waffles**  
**WITH:**  
 Pork Sausage Patties  
 Shredded Hashbrowns  
 Diced Peaches

**21**  
**All American Hamburger**  
 Or: **Vegetarian Burger**  
**WITH:**  
 Bakery Fresh Bun  
 Sliced American Cheese  
 Pickle  
 Watermelon Wedge  
 Sun Chips

**22**  
**Spinach Pesto Pasta**  
**WITH:**  
 Garlic Breadstick  
 Vegetable Medley  
 Banana  
 Brownies

**25**  
**Hot Dog**  
 Or: **Vegetarian corm dog**  
**WITH:**  
 Baked Beans  
 Carrot Sticks  
 Sliced Strawberries

**26**  
**Chicken Quesadilla**  
 Or: **Cheese Quesadilla**  
**WITH:**  
 Mexicali Rice  
 Steamed Corn  
 Diced Pineapple

**27**  
**Cheeseburger Pasta Bake**  
 Or: **Cheesy pasta Bake**  
**WITH:**  
 Texas Toast  
 Steamed Peas  
 Grape Slices

**28**  
**Pulled Pork**  
 Or: **fried Green Tomato Sandwich**  
**WITH:**  
 House Made BBQ Sauce  
 Mac 'N' Cheese  
 Mixed Vegetables  
 Apple Slices

**GOOD FRIDAY  
 NO SCHOOL**



**Milk and Water Served with Lunch Daily**

**V = Vegetarian Entrée Options**

**Fresh Fruit is Available Every Day!**

We are committed to Healthy, Nutritious and Delicious Meals.  
 Locally sourced ingredients included whenever possible.  
 No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

[www.ChefAdvantage.com](http://www.ChefAdvantage.com)

Monday

Tuesday

Wednesday

Thursday

Friday



**ChefAdvantage**



1  
Pork Tenderloin **None**  
Sweet potato Bites **None**  
Wild Rice Pilaf **W,M**  
Green Beans **None**  
Apple Slices **None**  
Chocolate Pudding Cup **M**

4  
Chicken Tenders **W**  
Vegetarian Chicken nugget **W,S,E,M**  
Potatoes Bites **None**  
Diced Carrots **None**  
Mandarin Oranges **None**

5  
Bacon Mac and Cheese **W,M**  
Mac & Cheese **W,M**  
Green Peas **None**  
Diced Pineapple **None**  
Homestyle Banana

5  
Orange Chicken **W,S**  
Cauliflower Bites **W,E,M,S**  
Jasmine Rice **None**  
Green Beans **None**  
Orange Wedges **None**

6  
Grilled Cheese Sandwich **W,M**  
Sun Chips **W**  
Mixed Raw Vegetables **None**  
Diced Pears **None**

7  
Cheese Pizza **W,M**  
Roasted Broccoli **None**  
Apple Slices **None**  
Sugar Cookies **W,M,E**

11

12

13

14

15

Spring Break No School

18  
Sloppy Joe Sandwich **None**  
Ground Mushroom **None**  
Fried green tomato **W,M**  
Bakery Fresh Bun **W,M**  
Steamed Carrots **None**  
Apple Slices **None**  
Potato bites **None**

19  
Chicken Tenders **W**  
Vegetarian Chicken nugget **W,S,E,M**  
Seasoned White Rice **None**  
Green Beans **None**  
Orange Wedges **None**

20  
Homestyle Waffles **W,M**  
Pork Sausage Patties **None**  
Shredded Hashbrowns **None**  
Diced Peaches **None**

21  
Hamburger **None**  
Vegetarian Burger **W,S**  
Bakery Fresh Bun **W,M**  
Sliced American Cheese **M**  
Pickle **None**  
Watermelon Wedge **None**  
Sun Chips **W,M,S**

22  
Spinach Pesto Pasta **W,M**  
Garlic Breadstick **W,M**  
Vegetable Medley **None**  
Banana **None**  
Brownies **W,E**

25  
Hot Dog **None**  
Vegetarian Corn Dog **W,E,S,M**  
Bun **M,W**  
Baked Beans **None**  
Carrot Sticks **None**  
Sliced Strawberries **None**

26  
Chicken Quesadilla **W,M**  
Cheese Quesadilla **W,M**  
Mexicali Rice **None**  
Steamed Corn **None**  
Diced Pineapple **None**

27  
Pasta Bake **W,M**  
Cheesy Pasta Bake **W,M**  
Texas Toast **W,M**  
Steamed Peas **None**  
Grape Slices **None**

28  
Pulled Pork **None**  
Fried Green Tomato **W,E,S**  
House Made BBQ Sauce **None**  
Mac 'N' Cheese **W,M**  
Mixed Vegetables **None**  
Apple Slices **None**

**GOOD FRIDAY  
NO SCHOOL**



**ALLERGEN KEY:**

**Soy = S**

**Wheat = W**

**Egg = E**

**Milk = M**

**Fish = F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program