May 202	24 T	Tate's School Greenhouse				
Monday	Tuesday	Wednesday	Thursday	Friday		
Che	Advantag	1 Bacon Mac and Cheese WITH: MAC AND CHEESE Garlic Breadstick Green Peas Apple Slices	Sloppy Joe Sandwich or Vegetarian Burger With: Sun Chips Mixed Vegetables Watermelon Wedge	3 Pork Carnitas Quesadilla or: Quinoa Carnitas WITH: Steamed Corn Spanish Rice Sliced Strawberries Cinnamon Churros		
6 Turkey Cheese Ro Cheese Roll Up WITH: Yogurt	7 Grilled Cheese WITH: Rice Pilaf Mixed Raw Vegetable Orange Wedges	8 Corndog or: Vegetarian Corndog with: Baked Beans	9 Orange Chicken or: Orange Cauliflower Bites With:	10 Cheese Pizza WITH: Roasted Broccoli Banana Blondies		

Raw Mixed Vegetables **Diced Pears**

Watermelon

Jasmine Rice **Green Beans** Apple slices

Blondies

11 Chicken Tenders **Or Breaded Cauliflower Bites** Roasted Potato Bites Green Beans Cantaloupe Wedge Honey Mustard 12 Cheesy Baked Ziti WITH: Marinara Sauce Texas Toast Mixed Vegetables Sliced Grapes

13 **Homestyle Waffles** with:
Pork Sausage Patties
Hashbrowns
Apple Slices

Turkey and Cheese OR: Wow Butter and Jelly WITH: Variety Chips Fresh Fruit Chocolate Chip Cookie





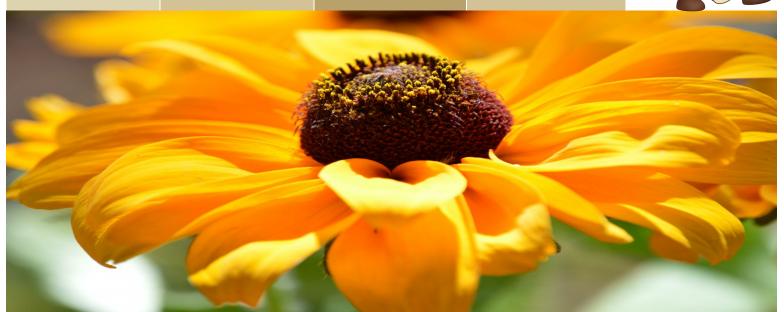
Milk and Water Served with Lunch

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

We are committed to Healthy, Nutritious & Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.

May 2024	Tate'	Allergen List		
Monday	Tuesday	Wednesday	Thursday	Friday
ChefAd	vantage	1 Bacon Mac and Cheese W,M Garlic Breadstick W,M Green Peas None Apple Slices None	Sloppy Joe Sandwich W,M Sun Chips W,M,S Bun W,M Mixed Vegetables None Watermelon Wedge None	3 Pork Carnitas Quesadilla W,M Quinoa None Steamed Corn None Spanish Rice None Sliced Strawberries None Cinnamon Churros W,E,M,S
6 Turkey Cheese Roll-ups W,M Yogurt M Raw mixed vegetables None Diced Pears None	7 Grilled Cheese W,M Rice Pilaf None Mixed Raw Vegetables None Orange Wedges None	8 Corndog W,S,E Vegetarian Corndog W,S,M,E Baked Beans None	9 Orange Chicken W,S Cauliflower Bites W,E,M,S Jasmine Rice None Green Beans None Appl e Slices None	10 Cheese Pizza W,M Roasted Broccoli None Banana None Blondies W,M,E
13 Chicken Tenders W Cauliflower Bites W,M Roasted Potato Bites W Green Beans None Cantaloupe Wedge None Honey Mustard E	14 Cheesy Baked Ziti W,M Marinara Sauce None Texas Toast W,M Mixed Vegetables None Sliced Grapes None	15 Homestyle Waffles W,M Pork Sausage Patties None Hashbrowns None Apple Slices None	Turkey and Cheese W,M Wow Butter and Jelly W Variety Chips W,M,S Fresh Fruit None Chocolate Chip Cookie W,M,E,S	



ALLERGEN KEY:

Soy = S

Wheat = W

Egg = E

Milk = M

Fish = F

This list is comprised of the most common allergens we chart, including **eggs**, **soy**, **fish**, **wheat**, **and milk**.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program