

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> <b>Creamy Chicken Alfredo Pasta</b> featuring Local Springer Mountain All Natural Chicken <b>OR: Creamy Alfredo Pasta</b> <b>WITH:</b> Green Peas Applesauce	<b>2</b> <b>Cheese Pizza Dippers</b> <b>WITH:</b> Marinara Sauce Mixed Vegetables Fruit Yogurt	<b>3</b> <b>Whole Grain Popcorn Chicken</b> <b>OR: Boca Nuggets</b> <b>WITH:</b> Honey Mustard Steamed Corn Diced Pineapple
	<b>6</b> <b>Cheesy Ziti Pasta</b> <b>WITH:</b> Shredded Cheese Green Peas Diced Pears	<b>7</b> <b>Personal Cheese Pizza</b> <b>WITH:</b> Garden Salad with Ranch Dressing* Diced Pineapple <b>*Mixed Vegetables</b>	<b>8</b> <b>Creamy Parmesan Chicken and Rice</b> <b>OR: Creamy Parmesan Rice</b> Diced Carrots Fresh Apple Wedges* <b>*Applesauce</b>	<b>9</b> <b>Tex Mex Turkey Soft Taco</b> <b>OR: Bean and Cheese Burrito</b> <b>WITH:</b> Cheddar Cheese Shredded Lettuce Steamed Corn Diced Peaches
<b>13</b> <b>Creamy Chicken Bowtie Pasta</b> featuring Local Springer Mountain All Natural Chicken <b>OR: Bowtie Pasta with Edamame</b> <b>WITH:</b> Green Peas Diced Peaches	<b>14</b> <b>Fiesta Chicken Taco</b> <b>OR: Bean and Cheese Burrito</b> <b>WITH:</b> Cheddar Cheese Shredded Lettuce Steamed Corn Diced Pineapple	<b>15</b> <b>All American Hamburger</b> <b>OR: Gardenburger</b> <b>WITH:</b> Soft Bun Ketchup Sliced American Cheese Mashed Potatoes Mandarin Orange	<b>16</b> <b>Teriyaki Chicken with Asian Style Noodles</b> <b>OR: Vegetable Teriyaki Noodles</b> <b>WITH:</b> Green Beans Applesauce	<b>17</b> <b>Grilled Chicken Sandwich</b> <b>OR: Black Bean Burger</b> <b>WITH:</b> Homemade Honey Mustard Diced Carrots Diced Pears
<b>20</b> <b>Turkey Ziti</b> <b>OR: Vegetarian Ziti</b> <b>WITH:</b> Shredded Cheese Green Beans Diced Peaches	<b>21</b> <b>Chicken Nuggets</b> <b>OR: Boca Nuggets</b> <b>WITH:</b> Homemade Ranch Steamed Corn Mandarin Oranges	<b>22</b> <b>Breaded Chicken Sandwich</b> <b>OR: Gardenburger</b> <b>WITH:</b> Soft Bun Honey Mustard Baked Beans Diced Pears	<b>23</b> <b>Luca's Nut-Free Chicken Trenette al Pesto</b> <b>OR: Vegetarian Trenette al Pesto</b> <b>WITH:</b> Steamed Peas Fresh Apple Wedges* <b>*Applesauce</b>	<b>24</b> <b>Chicken Quesadilla</b> featuring Local Springer Mountain All Natural Chicken <b>OR: Bean and Cheese Quesadilla</b> <b>WITH:</b> Mixed Vegetables Diced Pineapple
	<b>28</b> <b>Twist &amp; Shout Mac 'n Cheese</b> <b>WITH:</b> Steamed Peas Diced Pears	<b>29</b> <b>Creamy Parmesan Chicken and Rice</b> <b>OR: Creamy Parmesan Rice</b> Mixed Vegetables Diced Peaches	<b>30</b> <b>Homestyle Turkey Chili</b> <b>OR: Vegetarian Chili</b> <b>WITH:</b> Fresh Baked Roll Steamed Corn Mandarin Oranges	<b>31</b> <b>Teriyaki Chicken with Asian Style Noodles</b> <b>OR: Vegetable Teriyaki Noodles</b> <b>WITH:</b> Green Beans Applesauce

V = Vegetarian Entrée Options



Milk Served with Lunch Daily

\*Vegetable or Fruit Substitute for Toddler

We are committed to Healthy, Nutritious & Delicious Meals.  
 Locally sourced ingredients included whenever possible.  
 No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

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		<b>1</b> Chicken Alfredo** Green Peas Applesauce Alfredo Pasta Allergens: <b>Milk, Wheat, None, None, Wheat, Milk</b>	<b>2</b> Pizza Dippers Mixed Veg Yogurt Allergens: <b>Soy, Wheat, Milk, Egg, None, Milk</b>	<b>3</b> Popcorn Chicken Honey Mustard Corn Pineapple Boca Nuggets Allergens: <b>Soy, Wheat, Egg, Soy, None, None, Soy, Wheat</b>
	<b>6</b> Ziti** Mozzarella Cheese Green Peas Pears Allergens: <b>Wheat, Milk, Milk, None, None</b>	<b>7</b> Cheese Pizza Garden Salad Ranch Dressing Pineapple *Mixed Veg Allergens: <b>Milk, Wheat, Soy, None, Milk, Egg, None, None</b>	<b>8</b> Parmesan Rice Carrots Apples Parmesan Rice *Applesauce Allergens: <b>Milk, None, None, Milk, None</b>	<b>9</b> Soft Taco Cheddar Cheese Lettuce Corn Peaches Bean and Cheese Burrito Allergens: <b>Wheat, Milk, None, None, None, Wheat, Milk</b>
<b>13</b> Bowtie Pasta** Green Peas Peaches Bowtie Pasta Allergens: <b>Soy, Wheat, Milk, None, None, Soy, Wheat</b>	<b>14</b> Soft Taco Cheddar Cheese Lettuce Corn Pineapple Bean and Cheese Burrito Allergens: <b>Wheat, Milk, None, None, None, Wheat, Milk</b>	<b>15</b> Hamburger Bun Cheese Mashed Potato Oranges Gardenburger Allergens: <b>Soy, Wheat, Soy, Milk, Soy, Milk, None, Soy, Wheat, Milk</b>	<b>16</b> Teriyaki Chicken** Green Beans Applesauce Teriyaki Chicken Allergens: <b>Soy, Wheat, None, None, Wheat, Soy</b>	<b>17</b> Grilled Chicken Sandwich Bun Cheese Honey Mustard Carrots Pears Gardenburger Allergens: <b>None, Wheat, Soy, Milk, Egg, Soy, None, None, Soy, Wheat, Milk</b>
<b>20</b> Ziti** Mozzarella Cheese Green Beans Peaches Ziti** Allergens: <b>Wheat, Milk, Milk, None, None, Wheat, Milk</b>	<b>21</b> Chicken Nuggets Ranch Dressing Corn Oranges Boca Nuggets Allergens: <b>Soy, Wheat, Milk, Milk, Egg, None, None, Soy, Wheat</b>	<b>22</b> Chicken Sandwich Bun Cheese Honey Mustard Baked Beans Pears Gardenburger Allergens: <b>Wheat, Soy, Wheat, Soy, Milk, Egg, Soy, None, None, Soy, Wheat, Milk</b>	<b>23</b> Luca's Pasta** Steamed Peas Apples Vegetarian Pasta Allergens: <b>Wheat, Milk, Soy, None, None, None, Wheat, Milk, Soy</b>	<b>24</b> Chicken Quesadilla Mixed Vegetables Pineapple Bean & Cheese Quesadilla Allergens: <b>Milk, Wheat, None, None, Wheat, Milk</b>
	<b>28</b> Pasta** Peas Pears Allergens: <b>Wheat, Milk, None, None</b>	<b>29</b> Parmesan Rice Mixed Veg Peaches Parmesan Rice Allergens: <b>Milk, None, None, Milk</b>	<b>30</b> Chili Roll Corn Oranges Vegetarian Chili Allergens: <b>None, Soy, Wheat, None, None, None</b>	<b>31</b> Teriyaki Chicken** Green Beans Applesauce Teriyaki Chicken Allergens: <b>Soy, Wheat, None, None, Wheat, Soy</b>

**\*\*All Pasta Products are Processed in a Facility that Uses Egg\*\***

This list is comprised of the most common allergens we chart, including egg, soy, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.