



August 2024

ChefAdvantage

Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Breakfast: Cereal Fruit Cup</p> <p>PM Snack: NEW Apple Scones !!! Oranges Wedges</p>
<p>5 Breakfast: Cereal Fruit Yogurt</p> <p>PM Snack: Whole Wheat Crackers with Cheddar Cheese Stick</p>	<p>6 Breakfast: Cinnamon Bread Fruit Cup</p> <p>PM Snack: Graham Cookies Apple Wedges</p>	<p>7 Breakfast: Pear Bar Diced Honeydew</p> <p>PM Snack: Fruit Yogurt Graham Cracker Squares</p>	<p>8 Breakfast: Nutrigrain Bar Fruit Cup</p> <p>PM Snack: Cranberry Orange Muffin Diced Pineapple</p>	<p>9 Breakfast: Whole Wheat Biscuit with Jelly Fresh Strawberries</p> <p>PM Snack: Graham Crackers and Sunbutter Dip</p>
<p>12 Breakfast: Cereal Diced Fruit Cup</p> <p>PM Snack: Cheddar Goldfish with Mozzarella Cheese Sticks</p>	<p>13 Breakfast: Banana Bread Diced Pears</p> <p>PM Snack: Honey Wheat Muffin Fresh Fruit</p>	<p>14 Breakfast: Mini Bagel with Cream Cheese Diced Cantaloupe</p> <p>PM Snack: EZ Jammer Soy butter and Jelly Sandwich</p>	<p>15 Breakfast: Cereal Fruit Cup</p> <p>PM Snack: Apple Muffin Oranges Wedges</p>	<p>16 Breakfast: Pumpkin Bread Diced Watermelon</p> <p>PM Snack: Whole Wheat Crackers with Cheddar Cheese</p>
<p>19 Breakfast: Cereal Fruit Yogurt</p> <p>PM Snack: Whole Wheat Crackers with Cheddar Cheese Stick</p>	<p>20 Breakfast: Cinnamon Bread Fruit Cup</p> <p>PM Snack: Graham Cookies Apple Wedges</p>	<p>21 Breakfast: Pear Bar Diced Honeydew</p> <p>PM Snack: Yogurt Graham Cracker Squares</p>	<p>22 Breakfast: Nutrigrain Bar Fruit Cup</p> <p>PM Snack: Cranberry Orange Muffin Diced Pineapple</p>	<p>23 Breakfast: Whole Wheat Biscuit with Jelly Fresh Strawberries</p> <p>PM Snack: Graham Crackers and Sunbutter Dip</p>
<p>26 Breakfast: Cereal Diced Fruit Cup</p> <p>PM Snack: Cheddar Goldfish with Mozzarella Cheese Sticks</p>	<p>27 Breakfast: Banana Bread Diced Pears</p> <p>PM Snack: Honey Wheat Muffin Fresh Fruit</p>	<p>28 Breakfast: Mini Bagel with Cream Cheese Diced Cantaloupe</p> <p>PM Snack: EZ Jammer Soy butter and Jelly Sandwich</p>	<p>29 Breakfast: Cereal Fruit Cup</p> <p>PM Snack: Apple Muffin Oranges Wedges</p>	<p>30 Breakfast: Pumpkin Bread Diced Watermelon</p> <p>PM Snack: Whole Wheat Crackers with Cheddar Cheese</p>

We are committed to Healthy, Nutritious & Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats,
 or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

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Allergen List

Monday	Tuesday	Wednesday	Thursday	Friday
				
1 Cereal Allergens on Package Fruit Cup Scone Oranges	2 Pumpkin Bread Soy, Wheat, Milk, Egg Peaches Crackers Cheese	3 Pear Bar Soy, Wheat, Milk Egg Honeydew Yogurt Graham Crackers	4 Nutrigrain Bar Allergens on Package Fruit Cup Muffin Egg, Milk, Soy, Wheat Pineapple	5 Biscuit Soy, Wheat, Milk +Jelly Strawberries Crackers Wheat, Soy Sunbutter Dip
5 Cereal Allergens on Package Yogurt Crackers Cheese Stick	6 Cinnamon Bread Wheat, Milk, Egg, Soy Fruit Cup Nutrigrain Bar Apple Wedges	7 Pear Bar Soy, Wheat, Milk Egg Honeydew Yogurt Graham Crackers	8 Nutrigrain Bar Allergens on Package Fruit Cup Muffin Egg, Milk, Soy, Wheat Pineapple	9 Biscuit Soy, Wheat, Milk +Jelly Strawberries Crackers Wheat, Soy Sunbutter Dip
12 Cereal Allergens on Package Fruit Cup Goldfish Crackers Cheese Stick	13 Banana Bread Wheat, Milk, Egg, Soy Pears Honey Wheat Muffin Wheat, Milk, Soy Fresh Fruit	14 Bagel Cream Cheese Applesauce EZ-Jammer	15 Cereal Allergens on Package Fruit Cup Muffin Egg, Milk, Soy, Wheat Oranges	16 Pumpkin Bread Soy, Wheat, Milk, Egg Peaches Crackers Wheat, Soy Cheese
19 Cereal Allergens on Package Yogurt Crackers Cheese Stick	20 Cinnamon Bread Wheat, Milk, Egg, Soy Fruit Cup Nutrigrain Bar Apple Wedges	21 Pear Bar Soy, Wheat, Milk Egg Honeydew Yogurt Graham Crackers	22 Nutrigrain Bar Allergens on Package Fruit Cup Muffin Egg, Milk, Soy, Wheat Pineapple	23 Biscuit Soy, Wheat, Milk +Jelly Strawberries Crackers Wheat, Soy Sunbutter Dip
26 Cereal Allergens on Package Fruit Cup Goldfish Crackers Cheese Stick	27 Banana Bread Wheat, Milk, Egg, Soy Pears Honey Wheat Muffin Wheat, Milk, Soy Fresh Fruit	Bagel Cream Cheese Applesauce EZ-Jammer	29 Cereal Allergens on Package Fruit Cup Muffin Egg, Milk, Soy, Wheat Oranges	30 Pumpkin Bread Soy, Wheat, Milk, Egg Peaches Crackers Wheat, Soy Cheese

This list is comprised of the most common allergens we chart, including egg, soy, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.