

September 2024

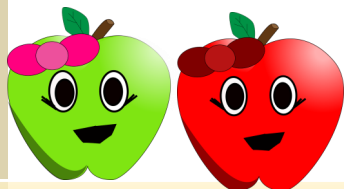
# Dunwoody Christian School

Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> 	<p><b>3</b> <b>Cheesy Ziti Pasta</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*White Cheddar Popcorn</li> <li>*Steamed Corn</li> <li>* Diced Pineapple</li> </ul>	<p><b>4</b> <b>Mama Mia Marinara Beef Meatball Sub</b> <b>OR: Meatless Meatball Sub</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Romaine Salad w/Italian Dressing PC</li> <li>*Green Peas</li> <li>*Diced Peaches</li> </ul>	<p><b>5</b> <b>Chicken Corn Dog</b> <b>OR: Boca Nuggets</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Honey Mustard PC</li> <li>*Vanila Wafers</li> <li>*Lima Beans</li> <li>*Orange wedges</li> </ul> 	<p><b>6</b> <b>Pizza Fridays!</b></p> <p><b>Hand Tossed Cheese Pizza</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Garden Salad w/Caesar Dressing PC</li> <li>*Tropical Fruit Mix</li> </ul>
<p><b>9</b> <b>Garlic Parmesan Chicken Pasta</b> <b>OR: Garlic Parmesan Pasta</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Vegetable Medley</li> <li>* Steamed Carrots</li> <li>*Strawberry Applesauce</li> </ul>	<p><b>10</b> <b>Lasagna Rolls</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Whole Wheat Breadstick</li> <li>*Cheez Mix</li> <li>*Steamed Corn</li> <li>*Diced Peaches</li> </ul>	<p><b>11</b> <b>Chicken Nuggets</b> <b>OR: Boca Nuggets</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Honey Mustard PC</li> <li>*Baked Beans</li> <li>*Butternut Squash</li> <li>*Fresh Grapes</li> </ul> 	<p><b>12</b> <b><u>Breakfast for Lunch!</u></b></p> <p><b>Whole Grain French Toast Sticks</b> <b>OR: Vegetarian Sausage</b> <b>WITH:</b> Syrup</p> <ul style="list-style-type: none"> <li>*Turkey Sausage</li> <li>*Breakfast Potatoes</li> <li>*Chocolate Muffin</li> <li>*Diced Pears</li> </ul>	<p><b>13</b> <b>Pizza Fridays!</b></p> <p><b>Hand Tossed Cheese Pizza</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Garden Salad w/Ranch Dressing (Homemade)</li> <li>*Very Berry Fruit Salad</li> </ul>
<p><b>16</b> <b>Chicken Fajita Rice</b> <b>OR: Fajita Rice with Tofu</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Steamed Carrots</li> <li>*Vegetable Medley</li> <li>*Diced Peaches</li> </ul>	<p><b>17</b> <b>Spaghetti &amp; Meat Sauce</b> <b>OR: Eggplant Parmesan</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*WHOLE WHEAT BREAD-STICK</li> <li>*Romain Salad w/Italian Dressing PC</li> <li>*Goldfish</li> <li>*Cinnamon Applesauce</li> </ul>	<p><b>18</b> <b>National Cheeseburger Day!</b> <b>All American Hamburger</b> <b>OR: Gardenburger</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Soft Bun</li> <li>*Sliced American Cheese</li> <li>*Double Chocolate Cookie</li> <li>*Mandarin Orange</li> </ul> 	<p><b>19</b> <b>Chicken Quesadilla</b> <b>OR: Bean &amp; Cheese Burrito</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Pinto Beans</li> <li>* Chips</li> <li>*Salsa</li> <li>*Green Beans</li> <li>*Tropical Fruit</li> </ul>	<p><b>20</b> <b>Pizza Fridays!</b></p> <p><b>Hand Tossed Cheese Pizza</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Garden Salad w/Caesar Dressing PC</li> <li>*Tropical Fruit Mix</li> </ul>
<p><b>23</b> <b>Luca's Nut-Free Chicken Trenette al Pesto</b> <b>OR: Vegetarian Trenette al Pesto</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Vegetable Medley</li> <li>*Steamed Carrots</li> <li>*Diced Pears</li> </ul>	<p><b>24</b> <b>Grilled Chicken Sandwich</b> <b>OR: Black Bean Burger</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>* BBQ Sauce (Homemade)</li> <li>*Baked Beans</li> <li>*Quaker's SnackMix</li> <li>*Mandarin Oranges</li> </ul>	<p><b>25</b> <b>Beefy Taco Pasta</b> <b>OR: Taco Pasta</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Steamed Corn</li> <li>*Carrot Sticks w/ Ranch Dressing PC</li> <li>*Apple Wedges</li> </ul> 	<div style="background-color: yellow; text-align: center; padding: 10px;"><b>SCHOOL CLOSED</b></div>	<p><b>27</b> <b>Pizza Fridays!</b></p> <p><b>Hand Tossed Cheese Pizza</b> <b>WITH:</b></p> <ul style="list-style-type: none"> <li>*Garden Salad w/Ranch Dressing (Homemade)</li> <li>*Very Berry Fruit Salad</li> </ul>

**30**  
**Korean Beef and Rice**  
**OR: Korean Garden Burger Crumbles & Rice**  
**WITH:**

- \*Vegetable Medley
- \*Applesauce



**V = Vegetarian Entrée Options**  
Milk is Included with All Meals  
Choose 1% White or Fat Free Chocolate Milk

We are committed to Healthy, Nutritious & Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550  
[www.ChefAdvantage.com](http://www.ChefAdvantage.com)

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p>  <p><b>Salad Meal:</b> *Diced Turkey and Cheese Cracker Plate</p> <p><b>Sandwich Meal:</b> *Grilled Vegetable Wrap *Chicken Salad Sandwich *Dairy Free Turkey Ham Sandwich</p>	<p><b>3</b></p> <p><b>Salad Meal:</b> *Fresh Fruit and Yogurt Plate with Granola *Diced Turkey and Cheese Cracker Plate</p> <p><b>Sandwich Meal:</b> *Grilled Vegetable Wrap *Chicken Salad Sandwich *Dairy Free Turkey Ham Sandwich</p>	<p><b>4</b></p> <p><b>Salad Meal:</b> *Build Your Own Nacho Plate *Diced Turkey and Cheese Cracker Plate</p> <p><b>Sandwich Meal:</b> *Buffalo Chicken Wrap *Chicken Salad Sandwich *Dairy Free Turkey Ham Sandwich</p>	<p><b>5 National Cheese Pizza Day!</b></p> <p><b>Salad Meal:</b> *Fresh Fruit and Yogurt Plate with Granola *Grilled Chicken Salad</p> <p><b>Sandwich Meal:</b> *Build Your Own Pita Pizza *Chicken Salad Sandwich *Dairy Free Turkey Ham Sandwich</p> 	<p><b>6</b></p> <p><b>Salad Meal:</b> *Grilled Chicken Salad *Chicken Caesar Salad</p> <p><b>Sandwich Meal:</b> *Chicken Caesar Wrap *Turkey and Cheese Croissant *Dairy Free Turkey Sandwich</p>
<p><b>9</b></p> <p><b>Salad Meal:</b> *Black Bean &amp; Corn Salad with Tortilla Chips *Diced Turkey and Cheese Cracker Plate</p> <p><b>Sandwich Meal:</b> *Two Cheese Sandwich *Turkey and Cheese Croissant *Dairy Free Turkey Sandwich</p>	<p><b>10</b></p> <p><b>Salad Meal:</b> *Grilled Chicken Salad *Chicken Caesar Salad</p> <p><b>Sandwich Meal:</b> *Build Your Own Pita Pizza *Turkey and Cheese Croissant *Dairy Free Turkey Sandwich</p>	<p><b>11</b></p> <p><b>Salad Meal:</b> *Vegetarian Cobb Salad *Chicken Caesar Salad</p> <p><b>Sandwich Meal:</b> *Grilled Vegetable Wrap *Turkey and Cheese Croissant *Dairy Free Turkey Sandwich</p>	<p><b>12</b></p> <p><b>Salad Meal:</b> *Pasta Salad Plate with Crackers *Chicken Caesar Salad</p> <p><b>Sandwich Meal:</b> *Buffalo Chicken Wrap *Turkey and Cheese Croissant *Dairy Free Turkey Sandwich</p>	<p><b>13</b></p> <p><b>Salad Meal:</b> *Breaded Chicken Salad *Chicken Caesar Salad</p> <p><b>Sandwich Meal:</b> *Soybutter &amp; Jelly on Wheat Bread *Turkey and Cheese Croissant *Dairy Free Turkey Sandwich</p>
<p><b>16</b></p> <p><b>Salad Meal:</b> *Pasta Salad Plate with Crackers *Diced Turkey and Cheese Cracker Plate</p> <p><b>Sandwich Meal:</b> *Crispy Chicken Wrap *Buffalo Chicken Wrap *Dairy Free Turkey Sandwich</p>	<p><b>17</b></p> <p><b>Salad Meal:</b> *Vegetarian Cobb Salad *Build Your Own Nacho Plate</p> <p><b>Sandwich Meal:</b> *Southwest Wrap *Buffalo Chicken Wrap *Dairy Free Turkey Sandwich</p>	<p><b>18</b></p> <p><b>Salad Meal:</b> *Chicken Salad Plate *Tuna Pasta Salad Plate with Crackers</p> <p><b>Sandwich Meal:</b> *Turkey Bologna and Cheddar Cheese on a Wheat Bun *Buffalo Chicken Wrap *Dairy Free Turkey Sandwich</p>	<p><b>19</b></p> <p><b>Salad Meal:</b> *Fiesta Chicken Taco Salad *Build Your Own Nacho Plate</p> <p><b>Sandwich Meal:</b> *Soybutter &amp; Jelly on Wheat Bread *Buffalo Chicken Wrap *Dairy Free Turkey Sandwich</p>	<p><b>20</b></p> <p><b>Salad Meal:</b> *Black Bean &amp; Corn Salad with Tortilla Chips *Build Your Own Nacho Plate</p> <p><b>Sandwich Meal:</b> *Build Your Own Pita Pizza *Buffalo Chicken Wrap *Dairy Free Turkey Sandwich</p>
<p><b>23</b></p> <p><b>Salad Meal:</b> *Tuna Pasta Salad Plate with Crackers *Diced Turkey and Cheese Cracker Plate</p> <p><b>Sandwich Meal:</b> *Two Cheese Sandwich *Grilled Chicken Breast on a Wheat Bun *Dairy Free Turkey</p>	<p><b>24</b></p> <p><b>Salad Meal:</b> *Grilled Chicken Salad over Fresh Spinach with Mandarin Oranges *Diced Turkey and Cheese Cracker Plate</p> <p><b>Sandwich Meal:</b> *Southwest Wrap *Grilled Chicken Breast on a Wheat Bun</p>	<p><b>25</b></p> <p><b>Salad Meal:</b> *Chef Salad with Sliced Turkey *Fresh Fruit and Yogurt Plate with Granola</p> <p><b>Sandwich Meal:</b> *Turkey &amp; Cheese Croissant *Grilled Chicken Breast on a Wheat Bun *Dairy Free Turkey Sandwich</p>	<p><b>SCHOOL CLOSED</b></p>	
<p><b>30</b></p> <p><b>Salad Meal:</b> *Diced Turkey and Cheese Cracker Plate *Pasta Salad Plate with Crackers</p> <p><b>Sandwich Meal:</b> *Turkey Ham and Cheese on Wheat Bread *Turkey Bologna and Cheddar Cheese on a Wheat Bun *Dairy Free Turkey Ham Sandwich</p>				



**Weekly Vegetable Sides:**

**Monday:** Baby Carrots with Hummus

**Tuesday:** Southern Style Potato Salad and Cucumber Salad

**Wednesday:** Celery Sticks with Ranch Dip & Kale Salad with Poppy Seed Dressing

**Thursday:** Three Bean Salad and Baby Carrots with Ranch Dip

**Friday:** Southern Style Potato Salad and Broccoli and Tomato Salad

**Fruit of the Day is Served with Every Meal**

**SANDWICH & SALAD MEALS**

Includes Two Vegetable Sides and

**Milk is Included with All Meals**

September 2024

**ChefAdvantage**

**Allergen List**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> 	<p><b>3</b></p> <p>Ziti** <b>Wheat, Milk</b> Mozzarella Cheese</p> <p>Green Beans <b>Milk</b></p> <p>Corn <b>None</b></p> <p>Pineapple <b>None</b></p>	<p><b>4</b></p> <p>Meatball Sub <b>Soy, Wheat, Milk</b></p> <p>Salad</p> <p>Italian Dressing <b>None</b></p> <p>Green Peas <b>None</b></p> <p>Peaches <b>None</b></p> <p>Meatless Meatball Sub <b>Wheat, Egg, Milk</b></p>	<p><b>4</b></p> <p>Corn Dog <b>Soy, Wheat, Milk, Egg</b></p> <p>Honey Mustard <b>Egg, Soy</b></p> <p>Carrots <b>None</b></p> <p>Lima Beans <b>None</b></p> <p>Orange Wedges <b>None</b></p> <p>Boca Nuggets <b>Soy, Wheat</b></p>	<p><b>5</b></p> <p>Pizza <b>Milk, Wheat, Soy</b></p> <p>Salad <b>None</b></p> <p>Ceaser <b>Egg, Fish, Milk</b></p> <p>Fruit <b>None</b></p>
<p><b>9</b></p> <p>Parmesan Pasta <b>Wheat, Milk, Soy</b></p> <p>Vegetables <b>None</b></p> <p>Carrots <b>None</b></p> <p>Applesauce <b>None</b></p> <p>Parmesan Pasta <b>Soy, Wheat, Milk</b></p>	<p><b>10</b></p> <p>Lasagna Wrap <b>Wheat, Milk, Egg</b></p> <p>Bread Stick <b>Wheat</b></p> <p>Salad <b>None</b></p> <p>Italian Dressing <b>None</b></p> <p>Corn <b>None</b></p> <p>Peaches <b>None</b></p>	<p><b>11</b></p> <p>Chicken Nuggets <b>Soy, Wheat</b></p> <p>Honey Mustard <b>Egg, Soy</b></p> <p>Baked Beans <b>None</b></p> <p>Butternut Squash <b>None</b></p> <p>Grapes <b>None</b></p> <p>Boca Nuggets <b>Soy, Wheat</b></p>	<p><b>12</b></p> <p>French Toast <b>Soy, Wheat, Egg, Milk</b></p> <p>Syrup <b>None</b></p> <p>Turkey Sausage <b>None</b></p> <p>Potatoes <b>None</b></p> <p>Vegetable Juice <b>Milk</b></p> <p>Pears <b>None</b></p> <p>Vegetarian Sausage <b>Wheat, Egg, Milk, Soy</b></p>	<p><b>13</b></p> <p>Pizza <b>Milk, Wheat, Soy</b></p> <p>Salad <b>None</b></p> <p>Ranch <b>Egg, Milk</b></p> <p>Fruit <b>None</b></p>
<p><b>16</b></p> <p>Chicken Fajita Rice <b>Milk</b></p> <p>Carrots <b>None</b></p> <p>Vegetables <b>None</b></p> <p>Peaches <b>None</b></p> <p>Tofu Rice <b>Soy, Milk</b></p>	<p><b>17</b></p> <p>Spaghetti &amp; Meat Sauce <b>Wheat, Soy, Milk</b></p> <p>Breadstick <b>Wheat</b></p> <p>Salad <b>None</b></p> <p>Italian Dressing <b>None</b></p> <p>Corn <b>None</b></p> <p>Apple Sauce <b>None</b></p> <p>Eggplant Parmesan <b>Egg, Wheat, Soy, Milk</b></p>	<p><b>18</b></p> <p>Hamburger <b>Soy</b></p> <p>Soft Bun <b>Wheat</b></p> <p>Ketchup <b>None</b></p> <p>Cheese <b>Milk</b></p> <p>Mashed Potato <b>None</b></p> <p>Oranges <b>None</b></p> <p>Black Bean Burger <b>Soy, Wheat</b></p>	<p><b>19</b></p> <p>Quesadilla <b>Milk, Wheat</b></p> <p>Salsa <b>None</b></p> <p>Chips <b>None</b></p> <p>Pinto Beans <b>None</b></p> <p>Green Beans <b>None</b></p> <p>Fruit <b>None</b></p> <p>Bean &amp; Cheese Burrito <b>Wheat, Milk</b></p>	<p><b>20</b></p> <p>Pizza <b>Milk, Wheat, Soy</b></p> <p>Salad <b>None</b></p> <p>Ceaser <b>Egg, Fish, Milk</b></p> <p>Fruit <b>None</b></p>
<p><b>23</b></p> <p>Luca's Pasta <b>Wheat, Milk, Soy</b></p> <p>Vegetables <b>None</b></p> <p>Carrots <b>None</b></p> <p>Pears <b>None</b></p> <p>Vegetarian Pasta <b>Wheat, Milk, Soy</b></p>	<p><b>24</b></p> <p>Grilled Chicken Sandwich <b>None</b></p> <p>Bun <b>Wheat</b></p> <p>BBQ <b>Egg, Soy</b></p> <p>Baked Beans <b>None</b></p> <p>Green Peas <b>None</b></p> <p>Oranges <b>None</b></p> <p>Black Bean Burger <b>Wheat, Soy</b></p>	<p><b>25</b></p> <p>Taco Pasta <b>Wheat, Milk</b></p> <p>Corn <b>None</b></p> <p>Salad <b>None</b></p> <p>Ranch Dressing <b>Egg, Milk</b></p> <p>Apple <b>None</b></p>	<p><b>SCHOOL CLOSED</b></p>	
<p><b>30</b></p> <p>Parmesan Chicken Rice <b>Milk</b></p> <p>Vegetable Medley <b>None</b></p> <p>Apple Sauce <b>None</b></p> <p>Creamy Parmesan Rice <b>Milk</b></p>				



**\*\* All Pasta Products are Processed in a Facility that Uses Egg\*\***

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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**ChefAdvantage**

**Allergen List**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p>  <p><b>8 Salad Meal:</b> Turkey &amp; Cheese Black Bean Plate <b>W, M</b> <b>W, E, M</b></p> <p><b>Sandwich Meal:</b> Two Cheese <b>W, M</b> Croissant <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Baby Carrots <b>None</b> Hummus <b>None</b> Fruit <b>None</b></p>	<p><b>3 Salad Meal:</b> Turkey &amp; Cheese <b>W, M</b> Yogurt Plate <b>S, W, M, E</b></p> <p><b>Sandwich Meal:</b> Vegetable Wrap <b>S, W, M</b> Chicken Salad <b>W, E, M</b> DF Sandwich <b>W</b></p> <p>Cucumber Salad <b>None</b> Fruit <b>None</b></p>	<p><b>4 Salad Meal:</b> Nacho Plate <b>S, W, M</b> Turkey &amp; Cheese <b>W, M</b></p> <p><b>Sandwich Meal:</b> Buffalo Wrap <b>S, W, M, E</b> Chicken Salad <b>W, E, M</b> DF Sandwich <b>W</b></p> <p>Celery Sticks <b>None</b> Ranch <b>Egg, Milk</b> Kale Salad <b>Egg</b> Fruit <b>None</b></p>	<p><b>5 Salad Meal:</b> Chicken Salad <b>W, E, M</b> Yogurt Plate <b>S, W, M, E</b></p> <p><b>Sandwich Meal:</b> Pita Pizza <b>W, M</b> Chicken Salad <b>W, E, M</b> DF Sandwich <b>W</b></p> <p>Three Bean <b>None</b> Carrots <b>None</b> Ranch <b>Egg, Milk</b> Fruit <b>None</b></p>	<p><b>6 Salad Meal:</b> Chicken Salad <b>W, E, M</b> Caesar Salad <b>F, M, E, W</b></p> <p><b>Sandwich Meal:</b> Chicken Wrap <b>F, M, E, W, S</b> Croissant <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Potato Salad <b>Egg, Fish, Soy</b> Broc &amp; Tom Salad <b>None</b></p>
<p><b>8 Salad Meal:</b> Turkey &amp; Cheese <b>W, M</b> Black Bean Plate <b>W, E, M</b></p> <p><b>Sandwich Meal:</b> Two Cheese <b>W, M</b> Croissant <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Baby Carrots <b>None</b> Hummus <b>None</b> Fruit <b>None</b></p>	<p><b>9 Salad Meal:</b> Chicken Salad <b>W, E, M</b> Caesar Salad <b>F, M, E, W</b></p> <p><b>Sandwich Meal:</b> Pita Pizza <b>W, M</b> Croissant <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Potato Salad <b>Egg, Fish, Soy</b> Cucumber Salad <b>None</b> Fruit <b>None</b></p>	<p><b>10 Salad Meal:</b> Cobb Salad <b>S, E, W, M</b> Caesar Salad <b>F, M, E, W</b></p> <p><b>Sandwich Meal:</b> Vegetable Wrap <b>S, W, M</b> Croissant <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Celery Sticks <b>None</b> Ranch <b>Egg, Milk</b> Kale Salad <b>Egg</b> Fruit <b>None</b></p>	<p><b>11 Salad Meal:</b> Italian Pasta <b>E, W, S, E</b> Caesar Salad <b>F, M, E, W</b></p> <p><b>Sandwich Meal:</b> Buffalo Wrap <b>W, M, S, E</b> Croissant <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Three Bean <b>None</b> Carrots <b>None</b> Ranch <b>Egg, Milk</b> Fruit <b>None</b></p>	<p><b>12 Salad Meal:</b> Chicken Salad <b>W, E, M, S</b> Caesar Salad <b>F, M, E, W</b></p> <p><b>Sandwich Meal:</b> Soybutter &amp; Jelly <b>S, W, M</b> Croissant <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Potato Salad <b>Egg, Fish, Soy</b> Broc &amp; Tom Salad <b>None</b> Fruit <b>None</b></p>
<p><b>15 Salad Meal:</b> Pasta Salad Plate <b>W, M</b> Turkey &amp; Cheese <b>W, M</b></p> <p><b>Sandwich Meal:</b> Chicken Wrap <b>S, W, M, E</b> Buffalo Wrap <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Baby Carrots <b>None</b> Hummus <b>None</b> Fruit <b>None</b></p>	<p><b>16 Salad Meal:</b> Cobb Salad <b>S, E, W, M</b> Nacho Plate <b>S, W, M</b></p> <p><b>Sandwich Meal:</b> Southwest Wrap <b>W, E, M, S</b> Buffalo Wrap <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Potato Salad <b>Egg, Fish, Soy</b> Cucumber Salad <b>None</b> Fruit <b>None</b></p>	<p><b>17 Salad Meal:</b> Chicken Salad <b>W, E, M</b> Tuna Salad Plate <b>E, W, F</b></p> <p><b>Sandwich Meal:</b> Turkey Bologna <b>E, W, M</b> Buffalo Wrap <b>S, W, M</b> DF Sandwich <b>W</b></p> <p>Celery Sticks <b>None</b> Ranch <b>Egg, Milk</b> Kale Salad <b>Egg</b></p>	<p><b>18 Salad Meal:</b> Taco Salad <b>S, W, E, M</b> Nacho Plate <b>S, W, M</b></p> <p><b>Sandwich Meal:</b> Soybutter &amp; Jelly <b>S, W, M</b> Buffalo Wrap <b>S, W, M</b> DF Sandwich <b>W</b></p> <p>Three Bean <b>None</b> Carrots <b>None</b> Ranch <b>Egg, Milk</b> Fruit <b>None</b></p>	<p><b>19 Salad Meal:</b> Black Bean Plate <b>W, E, M</b> Nacho Plate <b>S, W, M</b></p> <p><b>Sandwich Meal:</b> Pita Pizza <b>W, M</b> Buffalo Wrap <b>S, W, M</b> DF Sandwich <b>W</b></p> <p>Potato Salad <b>Egg, Fish, Soy</b> Broc &amp; Tom Salad <b>None</b> Fruit <b>None</b></p>
<p><b>22 Salad Meal:</b> Tuna Salad Plate <b>E, W, F</b> Turkey &amp; Cheese <b>W, M</b></p> <p><b>Sandwich Meal:</b> Two Cheese <b>W, M</b> Grilled Chicken <b>S, W, M, E</b> DF Sandwich <b>W</b> Baby Carrots <b>None</b> Hummus <b>None</b> Fruit <b>None</b></p>	<p><b>23 Salad Meal:</b> Chicken Salad <b>W, E, M</b> Turkey &amp; Cheese <b>W, M</b></p> <p><b>Sandwich Meal:</b> Southwest Wrap <b>W, E, M, S</b> Grilled Chicken <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Potato Salad <b>Egg, Fish, Soy</b> Cucumber Salad <b>None</b> Fruit <b>None</b></p>	<p><b>24 Salad Meal:</b> Chef Salad <b>W, E, M, S</b> Yogurt Plate <b>S, W, M, E</b></p> <p><b>Sandwich Meal:</b> Turkey Croissant <b>S, W, M, E</b> Grilled Chicken <b>S, W, M, E</b> DF Sandwich <b>W</b></p> <p>Celery Sticks <b>None</b> Ranch <b>Egg, Milk</b> Kale Salad <b>Egg</b></p>	<p><b>SCHOOL CLOSED</b></p>	
<p><b>30 Salad Meal:</b> Turkey &amp; Cheese <b>W, M</b> Pasta Salad Plate <b>W, M</b></p> <p><b>Sandwich Meal:</b> Turkey Ham <b>W, M</b> Turkey Bologna <b>E, W, M</b> DF Sandwich <b>W</b></p> <p>Baby Carrots <b>None</b> Hummus <b>None</b> Fruit <b>None</b></p>				



This list is comprised of the most common allergens we chart, including **eggs, soy product, wheat, and milk**. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program. This institution is an equal opportunity provider.

**ALLERGEN KEY:**

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**