		1 25-			
	October 2024	ChefAdvantage			Breakfast & Snack
	Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast: Pumpkin Bread Fruit Yogurt PM Snack: Graham Cookies Fresh Strawberries	2 Breakfast: Pear Bar Apple Wedges PM Snack: Whole Wheat Crackers Cheddar Cheese Stick	3 Breakfast: Cereal Fruit Cup PM Snack: Apple Scones Orange Wedges	4 Breakfast: Mini Bagel w/Cream Cheese Apple Wedges PM Snack: Whole Grain Cheeze-it Crackers Cheddar Cheese Sticks
	7 Breakfast: Cereal Fruit Cup PM Snack: Cheddar Goldfish Mozzarella Cheese Sticks	8 Breakfast: Banana Bread Fruit Cup PM Snack: Whole Wheat Apple Cinnamon Muffin Fresh Cantaloupe	9 Breakfast: Cinnamon Bread Fruit Yogurt PM Snack: EZ Jammer Soy butter and Jelly Sandwich	10 Breakfast: Eggo Mini Waffle Fruit Cup PM Snack: Blueberry Muffin Fruit Yogurt	11 Breakfast: Whole Wheat Biscuit with Jelly Fresh Pineapples PM Snack: Whole Wheat Crackers Cheddar Cheese Stick
	14 Breakfast: Cereal Fruit Cup PM Snack: Whole Wheat- Animal Crackers Diced Pears	15 Breakfast: Pumpkin Bread Fruit Yogurt PM Snack: Graham Cookies Fresh Strawberries	<ul> <li>16</li> <li>Breakfast:</li> <li>Pear Bar</li> <li>Apple Wedges</li> <li>PM Snack:</li> <li>Whole Wheat Crackers</li> <li>Cheddar Cheese Stick</li> </ul>	17 Breakfast: Cereal Fruit Cup PM Snack: Apple Scones Orange Wedges	18 Breakfast: Mini Bagel with Cream Cheese Apple Wedges PM Snack: Whole Grain Cheeze-it Crackers Cheddar Cheese Sticks
e	21 Breakfast: Cereal Fruit Cup PM Snack: Cheddar Goldfish Mozzarella Cheese Sticks	22 Breakfast: Banana Bread Fruit Cup PM Snack: Whole Wheat Apple Cinnamon Muffin Fresh Cantaloupe	23 Breakfast: Cinnamon Bread Fruit Yogurt PM Snack: EZ Jammer Soy butter and Jelly Sandwich	24 Breakfast: Eggo Mini Waffle Fruit Cup PM Snack: Blueberry Muffin Fruit Yogurt	25 Breakfast: Whole Wheat Biscuit with Jelly Fresh Pineapples PM Snack: Whole Wheat Crackers Cheddar Cheese Stick
	28 Breakfast: Cereal Fruit Cup PM Snack: Whole Wheat- Animal Crackers Diced Pears	29 Breakfast: Pumpkin Bread Fruit Yogurt PM Snack: Graham Cookies Fresh Strawberries	30 Breakfast: Pear Bar Apple Wedges PM Snack: Whole Wheat Crackers Cheddar Cheese Stick	31 Breakfast: Cereal Fruit Cup PM Snack: Apple Scones Orange Wedges	Chef <b>Advantage</b>

## V = Vegetarian Entrée Options

Milk is Included with All Meals Choose 1% White or Fat Free Chocolate Milk

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We are committed to Healthy, Nutritious & Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

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	October 2024	ChefAdvantage			Allergen List
4	Monday	Tuesday	Wednesday	Fhursday	Friday
		Yogurt Milk PM Snack: Cookies Wheat, Soy	PM Snack:	Fruit Cup None PM Snack: Scones	Apples None PM Snack: Cheeze-it Crackers Allergens on Package
	Fruit Cup None PM Snack: Goldfish Allergens on Package	Bread Wheat, Milk, Egg, Soy Fruit None PM Snack:	Yogurt Milk PM Snack: EZ Jammer	Fruit None PM Snack: Muffin Egg, Milk ,Soy Wheat	
	14 Breakfast: Cereal Allergens on Package Fruit Cup None PM Snack: Crackers Wheat, Soy Diced Pears None	Wheat, Milk, Egg, Soy Yogurt Milk PM Snack: Cookies Wheat,	16 Breakfast: Bar Wheat, Milk, Eggs, Soy Apple None PM Snack: Crackers Wheat, Soy Cheese Milk	Fruit Cup None PM Snack: Scones	Apples None PM Snack: Cheeze-it Crackers Allergens on Package
E		22 Breakfast: Bread Wheat, Milk, Egg, Soy Fruit None PM Snack: Muffin Egg, Milk, Soy, Wheat Cantaloupe None		Fruit None PM Snack: Muffin	Jelly None Pineapples None PM Snack:
	28 Breakfast: Cereal Allergens on Package Fruit Cup None PM Snack: Crackers Wheat, Soy Diced Pears None	PM Snack: Cookies Wheat,	30 Breakfast: Bar Wheat, Milk, Eggs, Soy Apple None PM Snack: Crackers Wheat, Soy Cheese Milk	Fruit Cup None PM Snack: Scones	Chef <b>Advantage</b>
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