

October 2024

Tate's School Greenhouse

Snack Menu


Monday	Tuesday	Wednesday	Thursday	Friday
No School Parent Teacher Conferences	1 String Cheese & Crackers	2 World Farm Animal Day Bagel & cream cheese with fruit animal face	3 Apple Snickerdoodle Muffins	4 National Cinnamon Roll Day Cinnamon Roll



14 English Muffin with Variety Jelly	15 Yogurt Parfait with Fresh Berry topping	16 Whole Wheat Goldfish Crackers	17 Banana Chip Muffins	18 Bananas and Wow Butter
21 Bagel with Cream Cheese	22 Mixed Fresh Fruit Cup	23 Pretzels & Hummus	24 Pumpkin Spice Muffins	25 Apple sauce & Gram crackers
28 Soft Pretzel Bites	29 Mixed Vegetables and Ranch	30 Snack Mix	31 HAPPY HALLOWEEN Booberry Muffins	



We are committed to Healthy, Nutritious & Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats,
 or MSG are used in our recipes.
770-421-9550
www.ChefAdvantage.com

Monday	Tuesday	Wednesday	Thursday	Friday
	1 String cheese M Crackers W	2 Bagel & cream cheese with fruit animal face W,M	3 Apple Snicker- doodle Muffins W,E,M	4 Cinnamon Rolls W,M,E



14 English Muffin W Variety Jelly None	15 Yogurt Parfait M Fresh Berries None	16 Whole Wheat Goldfish Crackers M,W	17 Banana Chip Muffins W,E,M	18 Bananas None Wow Butter S
21 Variety Bagel W Cream Cheese M	22 Mixed Fresh Fruit Cup None	23 Pretzels W Hummus None	24 Pumpkin Spice Muffins W,E,M	25 Apple sauce None Gram crackers W,S
28 Soft Pretzel Bites W	29 Mixed Vegetables None Ranch E,M	30 Snack mix W,M	31 Blueberry Muffins W,E,M	

ALLERGEN KEY:

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program