Monday Tuesday Wednesday Thursday Friday



Whole Grain
Popcorn Chicken-CN
OR: Vegetarian Nuggets
WITH:
Honey Mustard
Baked Beans
Diced Pears

4 Chicken Alfredo Pasta OR: Creamy Alfredo Pasta WITH: Steamed Carrots

Diced Pineapple

All American BBQ
Hamburger-CN
OR: Gardenburger
WITH:
Soft Bun
Homemade BBQ Sauce
Baked Beans
Diced Peaches

Tex Mex Turkey Soft
Taco
OR: Bean & Cheese
Burrito
WITH:
Cheddar Cheese
Shredded Lettuce
Steamed Corn
Mandarin Oranges

Breaded Chicken Sandwich-CN OR: Gardenburger WITH: Soft Bun Homemade Ranch Green Beans Applesauce 8 Creamy Chicken Bowtie OR: Creamy Bowtie Pasta with Edamame WITH: Steamed Corn Diced Pineapple

11
Teriyaki Chicken with
Asian Style Noodles
OR: Vegetable
Teriyaki Noodles
WITH:
Mixed Vegetables
Mandarin Oranges

Grilled Chicken
Sandwich-CN
OR: Black Bean
Burger
WITH:
Soft bun
Green Bean
Southwest Ranch Sauce
Cinnamon Applesauce

12

19

13 Creamy Parmesan Chicken and Rice OR: Creamy Parmesan Tofu and Rice WITH: Green Peas Diced Pears 14
Cheesy Ziti Pasta
WITH:
Shredded Mozzarella
Steamed Corn
Diced Pineapple

15
Homemade Turkey Chili
OR: Vegetarian Chili
WITH:
Fresh Baked Roll
Steamed Carrots
Diced Peaches

18
Twist & Shout
Mac 'n Cheese
WITH:
Mixed Vegetables
Diced Peaches

Fiesta Chicken Taco
OR: Bean and Cheese Burrito
WITH:
Cheddar Cheese
Shredded Lettuce
Mixed Vegetables
Strawberry Applesauce

20 Luca's Nut-Free Chicken Trenette al Pesto OR: Vegetarian Trenette al Pesto WITH: Green Peas Diced Pears

Chicken Nuggets-CN
OR: Vegetarian Nuggets
WITH:
Steamed Carrots
Orange Wedges

It's a Thanksgiving Feast!
Roasted Sliced Turkey
Breast with Gravy
OR: Vegetable Patty
with Gravy
WITH:
Fresh Baked Rolls
Green Beans
Creamy Mashed Potatoes
Spiced Apples

25 Turkey Ziti Pasta OR: Cheesy Ziti Pasta WITH: Green Peas Diced Peaches 26 Cheese Pizza Dippers-CN WITH: Marinara Sauce Steamed Peas Diced Pears

School

Closed



ONLINE ORDERING: https://chefadvantage.boonli.com/

V = **V**egetarian **E**ntrée **O**ptions

Milk is Included with All Meals Choose 1% White or Fat Free Chocolate Milk ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial

Sweeteners, or MSG are used in our recipes.

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Popcorn Chicken
Soy, Wheat
Honey Mustard
Baked Beans
Pears
None
Nuggets

Wheat, Soy, Egg

| Carrots None | 5 Hamburger Soy Bun Wheat Baked Beans None Peaches None Gardenburger Soy, Wheat, Milk | 6 Turkey Taco Wheat, Milk Cheese Milk Lettuce None Corn None Oranges None Bean & Cheese Burrito Milk, Wheat | 7 Chicken Sandwich Wheat, Soy Bun Wheat Ketchup None Green Peas None Applesauce None Gardenburger Soy, Wheat, Milk | 8 Bowtie Pasta Soy, Wheat, Milk Corn Pineapple Bowtie Pasta Soy, Wheat |
|---|---|---|--|---|
| 11 Teriyaki Chicken with Asian Style Noodles Soy, Wheat Vegetable Medley Oranges None Vegetable Teriyaki Noodles Wheat, Soy | Sandwich None Bun Wheat Green Beans None Southwest Sauce Applesauce Milk None | Parmesan Rice Milk, Soy Green Peas None Pears None Parmesan Rice | 14 Ziti** Wheat, Milk Cheese Milk Corn None Pineapple None | 15 Chili None Roll Soy, Wheat Carrots None Peaches None Vegetarian Chili None |
| 18 Mac & Cheese** Wheat, Milk Vegetables None Peaches None | Soft Taco Wheat Cheddar Cheese Milk Lettuce None Mixed Veg None Applesauce None Bean & Cheese Burrito Wheat, Milk | 20 Luca's Pasta** Wheat, Milk, Soy Green Peas None Pears None Vegetarian Pasta Wheat, Milk, Soy | Chicken Nuggets Wheat, Soy Carrots Orange Nuggets Wheat, Soy, Egg | Turkey w/ Gravy Wheat, Soy Roll Wheat Green Beans None Mashed Potatoes Soy, Milk Cinnamon Apples None Vegetarian Patty w/ Gravy |

Turkey Ziti Wheat, Milk Mozzarella Cheese Milk Green Peas None Peaches None

Ziti** Wheat, Milk

26
Pizza Dippers
Soy, Wheat, Milk, Egg
Marinara
Green Peas
None
Pears

27

None

28

Cinnamon Apples None Vegetarian Patty w/ Gravy Wheat, Milk, Soy,

School Closed





All Pasta Products are Processed in a Facility that Uses Egg

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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