Monday Tuesday Wednesday **Thursday** Friday



Whole Grain **Popcorn Chicken OR: Vegetarian Nuggets** WITH: Honey Mustard Baked Beans **Diced Pears** 

**Chicken Alfredo Pasta OR: Creamy Alfredo Pasta** 

**Steamed Carrots** Diced Pineapple

**All American BBQ** Hamburger **OR:** Gardenburger

Soft Bun Homemade BBQ Sauce Mashed Potato **Diced Peaches** 

**Tex Mex Turkey Soft Taco** 

**OR:** Bean & Cheese

WITH: **Cheddar Cheese Shredded Lettuce** Steamed Peas **Mandarin Oranges**  **Breaded Chicken** Sandwich **OR:** Gardenburger

WITH: Soft Bun Homemade Ranch Green Beans Fruit Yogurt Cup

**Creamy Chicken Bowtie OR: Creamy Bowtie Pasta** with Edamame

WITH: Steamed Corn Diced Pineapple

Teriyaki Chicken with **Asian Style Noodles** OR: Vegetable Teriyaki Noodles

WITH: Mixed Vegetables Mandarin Oranges 12 **Grilled Chicken** Sandwich **OR: Black Bean** 

**Burger** WITH: Soft bun Green Bean

Southwest Ranch Sauce Cinnamon Applesauce

**Creamy Parmesan** Chicken and Rice

**OR: Creamy Parmesan** Tofu and Rice WITH: Green Peas Diced Pears

**Cheesy Ziti Pasta** 

WITH: Shredded Mozzarella Steamed Corn **Diced Pineapple** 

**Homemade Turkey Chili** OR: Vegetarian Chili WITH:

Fresh Baked Roll **Steamed Carrots Diced Peaches** 

18 **Twist & Shout** Mac 'n Cheese

WITH: Green Beans **Diced Peaches**  19 Fiesta Chicken Taco OR: Bean and Cheese Burrito WITH:

**Cheddar Cheese** Shredded Lettuce Mixed Vegetables Strawberry Applesauce

Luca's Nut-Free Chicken **Trenette al Pesto** 

**OR:** Vegetarian

WITH: **Green Peas Diced Pears**  **Chicken Nuggets OR: Vegetarian Nuggets** WITH:

Steamed Carrots **Mandarin Oranges**  It's a Thanksgiving Feast! **Roasted Sliced Turkey** 

**Breast with Gravy OR: Vegetable Patty** with Gravy

WITH: Fresh Baked Rolls **Green Beans** 

Creamy Mashed Potatoes Spiced Apples

**Turkey Ziti Pasta OR: Cheesy Ziti Pasta** WITH: **Green Peas** 

**Diced Peaches** 

26 **Cheese Pizza Dippers** WITH:

Marinara Sauce **Green Peas Diced Pears** 

**Topsy Turvy Breakfast** for Lunch!! Whole Grain French Toast Sticks WITH: **Turkey Sausage** 

OR: Waffle Syrup **Applesauce** Fruit Yogurt Cup 28

29



ONLINE ORDERING: https://chefadvantage.boonli.com/

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

> 770-421-9550 www.ChefAdvantage.com

## V = Vegetarian Entrée Options

Milk is Included with All Meals Choose 1% White or Fat Free Chocolate Milk

This institution is an equal opportunity provider.

Monday Tuesday

Wednesday

Thursday

Friday



None

Wheat None

Milk

None

Popcorn Chicken
Soy, Wheat
Honey Mustard
Baked Beans
Pears
None
Nuggets

Wheat, Soy, Egg

4	
Chicken Alfredo	
Wheat, M	ilk, Soy
Carrots	None
Pineapples	None
Vegetarian Alfredo	
Whea	it, Milk

5	
Hamburger	Soy
Bun	Wheat
BBQ	None
Mashed Potatoes	None
Peaches	None
Gardenburger	
Soy, Whea	at, Milk

6	
Turkey Taco	
ŕ	Wheat, Milk
Cheese	Milk
Lettuce	None
Peas	None
Oranges	None
Bean & Chee	ese Burrito

k	<b>7</b> Chicken Sandwich <b>Wheat, So</b>	
k	Wheat, So	
< e	Bun Whea Ranch Milk, Eg	
9	Green Bean None Yogurt Milk	
•	Gardenburger	

Soy, Wh	eat, l	Vilk
Corn Pineapple		None None
Bowtie Pasta	Sov	Whoo

Teriyaki Chicken with Asian Style Noodles Soy, Whea Vegetable None Orange Wedges None Vegetable Teriyaki Noodles Wheat, Soy



13	
Parmesan Rice	Milk, Soy
Green Peas	None
Pears	None
Parmesan Rice	
	Soy, Milk

Milk, Whea

	14	
,	Ziti**	Wheat, Milk
•	Cheese	Milk
	Corn	None
	Pineapple	None
<		

Soy, Wheat, Milk

15 Chili None
Roll <b>Soy, Wheat</b>
Carrots None
Peaches None
Vegetarian Chili
None

18			
Mac	&	Cheese**	

	Wheat, Milk
Vegetables	None
Peaches	None

19	
Soft Taco	Wheat
Cheddar Chee	se Milk
Lettuce	None
Mixed Veg	None
Applesauce	None
Bean & Chees	
1	Wheat, Milk

20	
Luca's Pasta**	
Wheat,	Milk, Soy
Green Peas	None
Pears	None
Vegetarian Pasta	
Wheat,	Milk, Soy

21	
21	
Chicken Nugger	ts
,	Wheat, Soy
Carrots	None
Oranges	None
Nuggets	

Wheat, Soy, Egg

/ !	Turkey w/ Gravy Wheat, Soy Roll Wheat Green Beans None
	Mashed Potatoes
	Soy, Milk
,	Cinnamon Apples None
•	Vegetarian Patty w/ Gra-
	vy
	Wheat, Milk, Soy

25		
Turkey Ziti		
Mozzárella	Cheese	Milk
Green Peas	1	None
Peaches	1	None

Ziti\*

* WI	neat, Milk

26
Pizza Dippers
Soy, Wheat, Milk, Egg
Marinara
Green Peas
None
Pears
None

French Toast
Soy, Wheat, Egg, Milk
Syrup
None
Turkey Sausage
Applesauce
Yogurt
Vegetarian Sausage
Soy, Wheat, Milk, Egg





## \*\*All Pasta Products are Processed in a Facility that Uses Egg\*\*

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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