Monday Tuesday Wednesday **Thursday** Friday



Whole Grain **Popcorn Chicken OR: Vegetarian Nuggets** WITH: Honey Mustard Baked Beans **Diced Pears**

Chicken Alfredo Pasta OR: Creamy Alfredo Pasta WITH:

Steamed Carrots Diced Pineapple

All American BBQ Hamburger **OR:** Gardenburger

WITH: Soft Bun Homemade BBQ Sauce Mashed Potato **Diced Peaches**

Tex Mex Turkey Soft Taco

OR: Bean & Cheese WITH:

Cheddar Cheese Shredded Lettuce Steamed Peas Mandarin Oranges **Breaded Chicken** Sandwich **OR:** Gardenburger

WITH: Soft Bun Homemade Ranch Green Beans Fruit Yogurt Cup

Creamy Chicken Bowtie OR: Creamy Bowtie Pasta with Edamame

WITH: Steamed Corn Diced Pineapple

Teriyaki Chicken with **Asian Style Noodles** OR: Vegetable Teriyaki Noodles

WITH: Mixed Vegetables Mandarin Oranges 12 **Grilled Chicken** Sandwich **OR: Black Bean**

Burger WITH: Soft bun Green Bean

Southwest Ranch Sauce Cinnamon Applesauce

Creamy Parmesan Chicken and Rice

OR: Creamy Parmesan Tofu and Rice WITH: Green Peas Diced Pears

Cheesy Ziti Pasta

WITH: Shredded Mozzarella Steamed Corn Diced Pineapple

Homemade Turkey Chili OR: Vegetarian Chili WITH:

Fresh Baked Roll **Steamed Carrots Diced Peaches**

18 **Twist & Shout** Mac 'n Cheese

WITH: Green Beans **Diced Peaches** Fiesta Chicken Taco **OR:** Bean and Cheese Burrito WITH:

Cheddar Cheese Shredded Lettuce Mixed Vegetables Strawberry Applesauce

Luca's Nut-Free Chicken **Trenette al Pesto**

OR: Vegetarian

WITH: **Green Peas Diced Pears** **Chicken Nuggets OR: Vegetarian Nuggets**

WITH: Steamed Carrots **Mandarin Oranges** It's a Thanksgiving Feast! **Roasted Sliced Turkey**

Breast with Gravy OR: Vegetable Patty with Gravy

WITH: Fresh Baked Rolls **Green Beans** Creamy Mashed Potatoes Spiced Apples

Turkey Ziti Pasta OR: Cheesy Ziti Pasta WITH: **Green Peas**

Diced Peaches

26 **Cheese Pizza Dippers** WITH: Marinara Sauce **Green Peas**

Diced Pears

27

28

Early



V = Vegetarian Entrée Options

Milk is Included with All Meals Choose 1% White or Fat Free Chocolate Milk **ONLINE ORDERING:** https://chefadvantage.boonli.com/

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

> 770-421-9550 www.ChefAdvantage.com

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Popcorn Chicken Soy, Wheat Honey Mustard Egg, Soy Baked Beans None Pears None **Nuggets**

Wheat, Soy, Egg

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4 Chicken Alfredo Wheat, Milk, Soy Carrots None Pineapples None Vegetarian Alfredo Wheat, Milk	5 Hamburger Soy Bun Wheat BBQ None Mashed Potatoes Peaches None Gardenburger Soy, Wheat, Milk	6 Turkey Taco Wheat, Milk Cheese Milk Lettuce None Peas None Oranges None Bean & Cheese Burrito Milk, Wheat	7 Chicken Sandwich Wheat, Soy Bun Wheat Ranch Milk, Egg Green Bean Yogurt None Milk Gardenburger Soy, Wheat, Milk	8 Bowtie Pasta Soy, Wheat, Milk Corn Pineapple Bowtie Pasta Soy, Wheat
11 Teriyaki Chicken with Asian Style Noodles Soy, Wheat Vegetable None Orange Wedges None Vegetable Teriyaki Noodles Wheat, Soy	Sandwich None Bun Wheat Green Beans None Southwest Sauce Applesauce Milk None	Parmesan Rice Milk, Soy Green Peas None Pears None Parmesan Rice Soy, Milk	14 Ziti** Wheat, Milk Cheese Milk Corn None Pineapple None	Chili None Roll Soy, Wheat Carrots None Peaches None Vegetarian Chili None
18 Mac & Cheese** Wheat, Milk Vegetables None Peaches None	Soft Taco Wheat Cheddar Cheese Milk Lettuce None Mixed Veg None Applesauce None Bean & Cheese Burrito	20 Luca's Pasta** Wheat, Milk, Soy Green Peas None Pears None Vegetarian Pasta Wheat, Milk, Soy	Chicken Nuggets Wheat, Soy Carrots Oranges None Nuggets	Turkey w/ Gravy Wheat, Soy Roll Wheat Green Beans None Mashed Potatoes Soy, Milk

Turkey Ziti Wheat, Milk Mozzarella Cheese Milk **Green Peas** None Peaches None

Ziti** Wheat, Milk

26 Pizza Dippers Soy, Wheat, Milk, Egg Marinara None **Green Peas** None

Pears

Wheat, Milk

None

27

Wheat, Soy, Egg

28

Cinnamon Apples None Vegetarian Patty w/ Gra-Wheat, Milk, Soy,

29

School Closed





All Pasta Products are Processed in a Facility that Uses Egg

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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