

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>French Toast Sticks &amp; syrup</b>	3 <b>Strawberry Santa</b>	4 <b>Wow Butter Jelly Bites</b>	5 <b>Ginger Bread Muffins</b>	6 <b>Mixed Vegetables and Ranch</b>
9 <b>Variety Bagel with Cream Cheese</b>	10 <b>Yogurt Parfait with Fresh Berries</b>	11 <b>Cheese Cubes and Pretzels</b>	12 <b>Spiced Pear Muffins</b>	13 <b>Apple Slices and Wow Butter</b>
16 <b>Biscuit with Apple Butter</b>	17 <b>Banana Snowmen</b>	18 <b>Whole Wheat Goldfish Crackers</b>	19 <b>Eggnog Muffin</b>	20 <b>Grinch K-Bobs</b>



**Milk and Water Served with Lunch**

**V = Vegetarian Entrée Options**

**Fresh Fruit is Available Every Day!**

We are committed to Healthy, Nutritious & Delicious Meals.  
Locally sourced ingredients included whenever possible.  
No High Fructose Corn Syrup, Trans Fats,  
or MSG are used in our recipes.

770-421-9550

[www.ChefAdvantage.com](http://www.ChefAdvantage.com)

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks & Syrup <b>W,E</b>	3 Strawberry Santa <b>M</b>	4 Wow Butter Jelly <b>M,W</b>	5 Giger Bread Muffins <b>W,E,M</b>	6 Mixed Vegetables <b>None</b> Ranch <b>E,M</b>
9 Variety Bagel <b>W</b> Cream Cheese <b>M</b>	10 Yogurt Parfait with Fresh Berries <b>M</b>	11 Cheese Cubes <b>M</b> Pretzels <b>W</b>	12 Spiced Pear Muffins <b>W,E,M</b>	13 Apple Slices <b>None</b> Wow Butter <b>S</b>
16 Biscuit <b>W,M</b> Apple Butter <b>None</b>	17 Banana Snowmen <b>M</b>	18 Whole Wheat Goldfish Crackers <b>W,M</b>	19 Eggnog Muffins <b>W,E,M</b>	20 Grinch K-Bobs <b>E</b>



**ALLERGEN KEY:**  
**Soy = S**  
**Wheat = W**  
**Egg = E**  
**Milk = M**  
**Fish = F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program