

Monday Tuesday Wednesday Thursday Friday



1
Pepperoni Pizza
Cheese Pizza
WITH:
Diced Carrots
Fresh Whole Fruit
Honeydew
Pumpkin Chocolate Chip cookie

4
Ham steak or
Cauliflower Steak
with Cheese Sauce
Sweet Potato Soufflé
Steamed Broccoli

5
Chicken Pot Pie
OR: Sweet Potato Pot Pie
WITH:
Cornbread Topping
Green Peas
Herb Rice
Pineapple Chunks

6
National Nacho Day
Nachos Bar
WITH:
Corn Tortilla Chips
Nachos Cheese Sauce
Turkey Chili
Shredded Chicken
Olives & Jalapenos
Sliced Strawberries

7
Soup Combo Day
Italian Sub
OR: Vegetarian Sub
WITH:
Tomato Basil Soup
Sliced Red Onion
Sliced Tomato
Variety Chips

8
Ranch Chicken strips
Vegetarian Ranch Nugs
gets
Home fried potatoes
Fetta Florentine
Peaches
Smores Brownie

11
Chicken Tenders
OR: Vegetarian Nuggets
WITH:
Honey Mustard
Roasted Red Potatoes
Grapes

12
Ricotta Cheese Lasagna
WITH:
Garlic Breadsticks
Mixed Vegetables
Mixed Fruit

13 Tasters Club
Pulled Pork Sandwich
OR: Black Bean Burger
WITH:
Bakery Fresh Bun
Baked Beans
House Made BBQ Sauce
Pickle Spears
Fresh Whole Fruit
Assorted chips

14
Soup Combo Day
All American
Hamburger
OR: Vegetarian Burger
WITH:
Potato Cheddar Soup
Bakery Fresh Bun
Sliced American Cheese
Lettuce, Tomato, Pickle
Orange Wedges

15
Pepperoni Pizza
Cheese Pizza
WITH:
Roasted Broccoli
Fresh Sliced Melon
Peach Cobbler

18
Hot Dog Bar
OR: Vegetarian Hotdog
WITH:
Chili
Cheese
Carrot Sticks
Honeydew

19
Chicken Parmesan
Risotto
or: Vegetarian parmesan
Risotto
with:
Garlic bread
Diced Pineapple

20
Pork Carnitas
OR: Quinoa Taco
WITH:
Freshly Made
Mild Salsa
Refried Beans
Street Corn
Grapes

21
Soup Combo Day
Three-Cheese
Grilled Cheese
WITH:
Broccoli Cheese Soup
Fresh Whole Fruit
Variety Chips

22 HAPPY THANKSGIVING!
Herb Roasted Turkey &
Gravy Or Roasted Squash
with Honey Glaze
Rolls
Corn Bread Dressing
Mashed Potatoes
Sweet Potato Soufflé
Green Bean Casserole
House Made Cranberry
Sauce
Pumpkin Pie

25 Chicken Quesadilla
OR: Cheese Quesadilla
WITH:
Salsa Verde
Mexicali Rice
Steamed Corn
Fresh Whole Fruit

26
Whole Grain
French Toast Sticks
WITH:
Syrup
Pork Sausage Patties
Home fried potatoes
Mandarin Oranges



Milk and Water Served with Lunch

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

Daily Options:

- Variety Of Deli Sandwiches
- Lettuce Eat! Salad Bar
- Balanced Bite Hot Bar
- Grab & go Charctterie

We are committed to Healthy, Nutritious & Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats,
or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

Monday Tuesday Wednesday Thursday Friday



1
Pepperoni Pizza **W,M**
Cheese Pizza **W,M**
Diced Carrots **None**
Honeydew **None**
Pumpkin Chocolate chip cookie **W,M,E**

4
Ham steak **None**
Cauliflower Steak **None**
cheese sauce **M**
Sweet potato soufflé **M**
Steamed Broccoli **None**
Fried apples **None**

5
Chicken Pot Pie **W,M**
Vegetarian Pot Pie **W,M**
Cornbread Topping **W,M**
Green Peas **None**
Apple Slices **None**

6
Corn Tortilla Chips **None**
Nacho Cheese Sauce **M**
Chili **None**
Shredded Chicken **None**
Olives **None**
Sliced Jalapenos **None**
Sliced Strawberries **None**

7
Italian Sub **W,M**
Vegetarian Sub **W,M**
Tomato Basil Soup **None**
Sliced Red Onion **None**
Sliced Tomato **None**
Variety Chips **W,M,S**

8
Ranch Chicken strips **None**
Vegetarian Ranch Nuggets **W,M,S**
Home fried potatoes **None**
Fetta Florentine **None**
Peaches **None**
Smores Brownie **W,M,S**

11
Chicken Tenders **W**
Vegetarian Nuggets **W,M**
Honey Mustard **E**
Roasted Red Potatoes **None**
Diced Pineapple **None**

12
Ricotta Cheese Lasagna
Garlic Breadsticks **W,M**
Mixed Vegetables **None**
Mixed Fruit **None**

13
Pulled Pork **None**
Black bean Burger **W,S**
Bakery Fresh Bun **W,M**
House Made BBQ Sauce **None**
Pickle Spears **None**
Chips **W,M,S**
Baked Beans **None**
Fresh Whole Fruit **None**

14
All American Hamburger **None**
Vegetarian Burger **W,S**
Potato Cheddar Soup **M**
Bakery Fresh Bun **W,M**
Sliced American Cheese **M**
Lettuce, Tomato, Pickle **None**
Orange Wedges **None**
Variety Chips **W,M,S**

15
Pepperoni Pizza **W,M**
Cheese Pizza **W,M**
Roasted Broccoli **None**
Fresh Fruit **None**
Peach Cobbler **W**

18
Hot Dog **None**
Vegetarian Hot Dog **W,E,M,S**
Bun **W,M**
Chili **None**
Cheese **M**
Carrot Sticks **None**
Honeydew **None**

19
Chicken Parmesan Risotto **M**
Vegetarian parmesan Risotto **M**
Garlic Bread **W,M**
Grapes **None**

20
Pork Carnitas **W**
OR: Quinoa Taco, w Mild Salsa **None**
Refried Beans **None**
Street Corn **M,E**
Grapes **None**

21
Three-Cheese Grilled Cheese **W,M**
Broccoli Cheese Soup **M**
Fresh Whole Fruit **None**
Variety Chips **W,M,S**

22
Roasted Turkey Breast & Gravy (GF gravy) **None**
Roasted Squash with Honey Glaze **None**
Rolls **W,M**
Mashed Potatoes **M**
Green Beans Casserole **M**
Sweet Potato Soufflé **M**
Cranberry Sauce **None**
Cornbread Dressing **W,E**
Pumpkin Pie **W,E,M**

25
Chicken Quesadilla **M,W**
Cheese Quesadilla **M,W**
Salsa Verde **None**
Mexicali Rice **None**
Steamed Corn **None**
Fresh Whole Fruit **None**

26
Whole Grain French Toast Sticks **W,E,M,S**
Syrup **None**
Pork Sausage Patties **None**
Cheddar Grits **M**
Mandarin Oranges **None**



ALLERGEN KEY:

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program