Monday

Tuesday

Wednesday

Thursday

Friday





Teriyaki Chicken with **Asian Style Noodles** OR: Vegetable Teriyaki Noodles

WITH: **Steamed Carrots Diced Pears**

Cheese Pizza Dippers Marinara Sauce Steamed Peas Fresh Orange Wedges

Chicken Alfredo Pasta Featuring Local Springer Mountain All

Natural Chicken **OR: Creamy Alfredo Pasta**

WITH: **Steamed Carrots Diced Peaches**

Fiesta Chicken Taco OR: Bean & Cheese **Burrito**

WITH: **Cheddar Cheese Mixed Vegetables Diced Pears**

All American BBQ Hamburger **OR:** Garden Burger

WITH: Soft Bun Homemade BBQ Sauce **Mashed Potatoes Mandarin Oranges**

Chicken Nuggets OR: Vegetarian Nuggets

WITH: Honey Mustard Green Beans **Diced Pineapple** 10 Topsy Turvy Breakfast for Lunch! **Whole Grain** French Toast Sticks WITH: Turkey Sausage **OR: Vegetarian Sausage**

Waffle Syrup Applesauce Fruit Yogurt Cup

Turkey Ziti OR: Vegetarian Ziti WITH:

Shredded Cheese Mixed Vegetables Strawberry Applesauce 14 **Creamy Parmesan** Chicken and Rice

OR: Creamy Parmesan

WITH: **Steamed Peas**

Diced Peaches

WITH:

Marinara Sauce **Steamed Carrots** Fresh Orange Wedges 16 **Creamy Chicken Bowtie**

OR: Creamy Bowtie Pasta with Edamame Green Beans **Diced Pears**

Tex Mex Turkey Soft Taco

OR: Bean & Cheese Burrito

WITH: Cheddar Cheese Shredded Lettuce Steamed Corn Diced Pineapple

National Cheese Lover's Day Twist & Shout Mac 'n Cheese WITH: Green Beans Diced Peaches

Breaded Chicken Sandwich

OR: Black Bean Burger WITH: Soft Bun Honey Mustard Baked Beans Fresh Oranges Wedges 22 **Homemade Turkey OR: Vegetarian Chili**

WITH: Fresh Baked Roll **Steamed Peas** Fruit Yogurt Cup Whole Grain **Popcorn Chicken OR: Vegetarian Nuggets**

WITH: Ranch Dressing Steamed Corn Diced Pineapple Chicken Quesadilla **OR:** Bean and Cheese Quesadilla

WITH: Mixed Vegetable Cinnamon Applesauce

Luca's Nut-Free Chicken **Trenette al Pesto Pasta** Featuring Local Springer Mountain All Natural

Chicken **OR: Vegetarian Trenette** Al Pesto Pasta

WITH: Steamed Carrots **Diced Pears**

All American Cheese Hamburger **OR:** Garden Burger WITH:

Soft Bun American Cheese Ketchup Mashed Potatoes Diced Pineapples

Creamy Parmesan Chicken and Rice **OR:** Creamy Parmesan

WITH: Steamed Corn **Diced Peaches** 30 **Cheesy Ziti Pasta** WITH: Cheddar Cheese

Green Peas

Applesauce

Personal Cheese Pizza WITH: Mixed Vegetables Mandarin Oranges

ONLINE ORDERING:

https://chefadvantage.boonli.com/

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

This institution is an equal opportunity provider.















V = Vegetarian Entrée Options

Milk Served with Lunch Daily

*Steamed Vegetable Substitute for Toddler

January 2025	ChefAdvantage			Allergen List
Monday	Tuesday	Wednesday	Thursday	Friday
Chef Advantage	Helppin	ew Year	Z Teriyaki Chicken with Asian Style Noodles Soy, Wheat Carrots None Pears None Vegetable Teriyaki Noodles Wheat, Soy	3 Pizza Dippers Soy, Wheat, Milk, Egg Marinara Sauce Peas Orange Wedges None None
6 Chicken Alfredo Wheat ,Milk, Soy Carrots None Peaches None Alfredo Pasta Wheat ,Milk	7 Soft Taco Cheddar Cheese Milk Mixed Veg Pears Bean & Cheese Quesadilla Wheat, Milk	8 Bun Wheat BBQ Sauce None Mashed Potatoes None Mandarin Oranges None Gardenburger Soy, Wheat, Milk	9 Chicken Nuggets Wheat, Soy Honey Mustard Green Beans Pineapple Vegetarian Nuggets Wheat, Soy, Egg	10 French Toast Soy, Wheat, Egg, Milk Syrup None- Turkey Sausage Applesauce Yogurt Vegetarian Sausage Soy, Wheat, Milk, Egg
Turkey Ziti** Wheat, Milk Mozzarella Cheese Milk Vegetables None Applesauce None Ziti** Wheat, Milk	14 Parmesan Chicken Rice Milk Peas Peaches Parmesan Rice Milk	15 Pizza Dippers Soy, Wheat, Milk, Egg Marinara Sauce Carrots Orange Wedges None None	16 Bowtie Pasta** Soy, Wheat, Milk Green Beans Diced Pears Bowtie Pasta Soy, Wheat	Soft Taco Wheat Cheddar Cheese Lettuce Corn None Pineapple Bean & Cheese Burrito Wheat, Milk
Mac & Cheese** Wheat, Milk Green Beans Peaches None None	21 Breaded Chicken Patty Wheat, Soy Bun Wheat Honey Mustard Egg, Soy Baked Beans None Oranges Wedges Black Bean Burger Wheat	Chili None Dinner Roll Soy ,Wheat Peas None Yogurt Milk Vegetarian Chili None	23 Popcorn Chicken Soy, Wheat Ranch Corn Pineapple Nuggets Wheat, Soy, Egg	24 Chicken Quesadilla Milk, Wheat Mixed Vegetable Applesauce None Bean & Cheese Quesadilla Wheat, Milk
Luca's Pasta** Wheat, Milk, Soy Carrots None Pears None Vegetarian Pasta Wheat, Milk, Soy	28Bun Wheat Sandwich None Ketchup None Cheese Milk Mashed Potatoes Pineapples None Gardenburger	29 Parmesan Chicken Rice Milk Corn Peaches Parmesan Rice Milk	30 Ziti** Wheat, Milk Cheese Milk Green Peas None Applesauce None	Cheese Pizza Milk, Wheat, Soy Mixed Vegetables None Mandarin Oranges None

All Pasta Products are Processed in a Facility that Uses Egg

ALLERGEN KEY:

Gardenburger Soy, Wheat, Milk

Soy = S

Wheat = W

Egg = E

Milk = M

Fish = F

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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