

Monday

Tuesday

Wednesday

Thursday

Friday



2
Teriyaki Chicken with Asian Style Noodles
OR: Vegetable Teriyaki Noodles
WITH:
Steamed Carrots
Diced Pears

3
Cheese Pizza Dippers
WITH:
Marinara Sauce
Steamed Peas
Fresh Orange Wedges

6
Chicken Alfredo Pasta
Featuring Local Springer Mountain All Natural Chicken
OR: Creamy Alfredo Pasta
WITH:
Steamed Carrots
Diced Peaches

7
Fiesta Chicken Taco
OR: Bean & Cheese Burrito
WITH:
Cheddar Cheese
Mixed Vegetables
Diced Pears

8
All American BBQ Hamburger
OR: Garden Burger
WITH:
Soft Bun
Homemade BBQ Sauce
Mashed Potatoes
Mandarin Oranges

9
Chicken Nuggets
OR: Vegetarian Nuggets
WITH:
Honey Mustard
Green Beans
Diced Pineapple

10
Topsy Turvy Breakfast for Lunch!!
Whole Grain French Toast Sticks
WITH: Turkey Sausage
OR: Vegetarian Sausage
Waffle Syrup
Applesauce
Fruit Yogurt Cup

13
Turkey Ziti
OR: Vegetarian Ziti
WITH:
Shredded Cheese
Mixed Vegetables
Strawberry Applesauce

14
Creamy Parmesan Chicken and Rice
OR: Creamy Parmesan Rice
WITH:
Steamed Peas
Diced Peaches

15
Cheese Pizza Dippers
WITH:
Marinara Sauce
Steamed Carrots
Fresh Orange Wedges

16
Creamy Chicken Bowtie
OR: Creamy Bowtie Pasta with Edamame
WITH:
Green Beans
Diced Pears

17
Tex Mex Turkey Soft Taco
OR: Bean & Cheese Burrito
WITH:
Cheddar Cheese
Shredded Lettuce
Steamed Corn
Diced Pineapple



21
Breaded Chicken Sandwich
OR: Black Bean Burger
WITH:
Soft Bun
Honey Mustard
Baked Beans
Fresh Oranges Wedges

22
Homemade Turkey Chili
OR: Vegetarian Chili
WITH:
Fresh Baked Roll
Steamed Peas
Fruit Yogurt Cup

23
Whole Grain Popcorn Chicken
OR: Vegetarian Nuggets
WITH:
Ranch Dressing
Steamed Corn
Diced Pineapple

24
Chicken Quesadilla
OR: Bean and Cheese Quesadilla
WITH:
Mixed Vegetable
Cinnamon Applesauce

27
Luca's Nut-Free Chicken Trenette al Pesto Pasta
Featuring Local Springer Mountain All Natural Chicken
OR: Vegetarian Trenette Al Pesto Pasta
WITH:
Steamed Carrots
Diced Pears

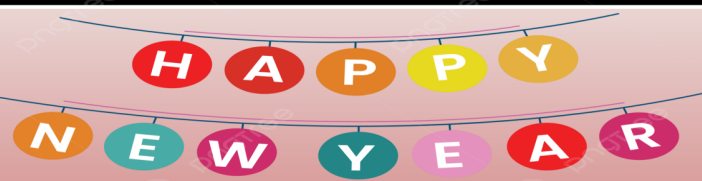
28
All American Cheese Hamburger
OR: Garden Burger
WITH:
Soft Bun
American Cheese
Ketchup
Mashed Potatoes
Diced Pineapples

29
Creamy Parmesan Chicken and Rice
OR: Creamy Parmesan Rice
WITH:
Steamed Corn
Diced Peaches

30
Cheesy Ziti Pasta
WITH:
Cheddar Cheese
Green Peas
Applesauce

31
Personal Cheese Pizza
WITH:
Mixed Vegetables
Mandarin Oranges

ONLINE ORDERING:
<https://chefadvantage.boonli.com/>
ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.
770-421-9550
www.ChefAdvantage.com
This institution is an equal opportunity provider.



V = Vegetarian Entrée Options
Milk Served with Lunch Daily
*Steamed Vegetable Substitute for Toddler

Monday	Tuesday	Wednesday	Thursday	Friday	
 			<p>2 Teriyaki Chicken with Asian Style Noodles Soy, Wheat Carrots None Pears None Vegetable Teriyaki Noodles Wheat, Soy</p>	<p>3 Pizza Dippers Soy, Wheat, Milk, Egg Marinara Sauce None Peas None Orange Wedges None</p>	
<p>6 Chicken Alfredo Wheat, Milk, Soy Carrots None Peaches None Alfredo Pasta Wheat, Milk</p>	<p>7 Soft Taco Wheat Cheddar Cheese Milk Mixed Veg None Pears None Bean & Cheese Quesadilla Wheat, Milk</p>	<p>8 Bun Wheat BBQ Sauce None Mashed Potatoes None Mandarin Oranges None Gardenburger Soy, Wheat, Milk</p>	<p>9 Chicken Nuggets Wheat, Soy Honey Mustard Egg, Soy Green Beans None Pineapple None Vegetarian Nuggets Wheat, Soy, Egg</p>	<p>10 French Toast Soy, Wheat, Egg, Milk Syrup None Turkey Sausage None Applesauce None Yogurt Milk Vegetarian Sausage Soy, Wheat, Milk, Egg</p>	
<p>13 Turkey Ziti** Wheat, Milk Mozzarella Cheese Milk Vegetables None Applesauce None Ziti** Wheat, Milk</p>	<p>14 Parmesan Chicken Rice Milk Peas None Peaches None Parmesan Rice Milk</p>	<p>15 Pizza Dippers Soy, Wheat, Milk, Egg Marinara Sauce None Carrots None Orange Wedges None</p>	<p>16 Bowtie Pasta** Soy, Wheat, Milk Green Beans None Diced Pears None Bowtie Pasta Soy, Wheat</p>	<p>17 Soft Taco Wheat Cheddar Cheese Milk Lettuce None Corn None Pineapple None Bean & Cheese Burrito Wheat, Milk</p>	
		<p>21 Breaded Chicken Patty Wheat, Soy Bun Wheat Honey Mustard Egg, Soy Baked Beans None Oranges Wedges None Black Bean Burger Wheat</p>	<p>22 Chili None Dinner Roll Soy, Wheat Peas None Yogurt Milk Vegetarian Chili None</p>	<p>23 Popcorn Chicken Soy, Wheat Ranch Egg, Milk Corn None Pineapple None Nuggets Wheat, Soy, Egg</p>	<p>24 Chicken Quesadilla Milk, Wheat Mixed Vegetable None Applesauce None Bean & Cheese Quesadilla Wheat, Milk</p>
<p>27 Luca's Pasta** Wheat, Milk, Soy Carrots None Pears None Vegetarian Pasta Wheat, Milk, Soy</p>	<p>28 Bun Wheat Sandwich None Ketchup None Cheese Milk Mashed Potatoes None Pineapples None Gardenburger Soy, Wheat, Milk</p>	<p>29 Parmesan Chicken Rice Milk Corn None Peaches None Parmesan Rice Milk</p>	<p>30 Ziti** Wheat, Milk Cheese Milk Green Peas None Applesauce None</p>	<p>31 Cheese Pizza Milk, Wheat, Soy Mixed Vegetables None Mandarin Oranges None</p>	

All Pasta Products are Processed in a Facility that Uses Egg

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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ALLERGEN KEY:

Soy = S

Wheat = W

Egg = E

Milk = M

Fish = F