

Monday

Tuesday

Wednesday

Thursday

Friday



	<p>7 Cheese Pizza Dippers WITH: White Cheddar Popcorn Baked Beans Diced Pineapple</p>	<p>8 Chicken Alfredo Pasta OR: Creamy Alfredo Pasta WITH: Steamed Corn Romaine Salad w/ Ranch Dressing Tropical Fruit</p>	<p>9 Chicken Fried Rice OR: Vegetarian Fried Rice WITH: Steamed Peas Elf Grahams Cookies Diced Pears</p>	<p>10 Pizza Fridays! Hand Tossed Turkey Pepperoni Pizza Hand Tossed Cheese Pizza WITH: Garden Salad w/ Ranch Dressing Marvelous Melon Mania</p>
<p>13 Mama Mia Marinara Beef Meatball Sub OR: Meatless Meatball Sub WITH: Baked Beans Vegetable Medley Fresh Grapes</p>	<p>14 Chicken Fajita Rice OR: Fajita Rice with Tofu WITH: SunChips Steamed Carrots Diced Peaches</p>	<p>15 Fiesta Chicken Taco on a Soft Tortilla OR: Bean & Cheese Burrito WITH: Salsa with Tortilla Chips Steamed Corn Diced Pineapple</p>	<p>16 Breakfast for Lunch! Whole Grain French Toast Sticks OR: Vegetarian Sausage WITH: Waffle Syrup Turkey Sausage Breakfast Potatoes Blueberry Muffin Diced Pears</p>	<p>17 Pizza Fridays! Hand Tossed Turkey Pepperoni Pizza Hand Tossed Cheese Pizza WITH: Garden Salad w/Cesar Dressing Rainbow Fruit Salad</p>
	<p>21 All American Hamburger OR: Gardenburger WITH: Gold Fish Potatoes Smiles Diced Pineapples</p>	<p>22 All Beef Hot Dog OR: Meatless Meatball Sub WITH: Steamed Corn Romaine Salad w/ Ranch Dressing Fresh Grapes</p>	<p>23 Chef-fil-a Breaded Chicken Sandwich OR: Gardenburger WITH: Fresh Baked Cookie Baked Beans Fresh Orange Wedges</p>	<p>24 Pizza Fridays! Hand Tossed Turkey Pepperoni Pizza Hand Tossed Cheese Pizza WITH: Garden Salad w/ Ranch Dressing Very Berry Fruit Salad</p>
<p>27 Macho Beef Nachos OR: Bean & Cheese Nachos WITH: Salsa with Tortilla Chips Pinto Beans Mandarin Oranges</p>	<p>28 Popcorn Chicken OR: Vegetarian Nuggets WITH: Potato Smiles SunChips Diced Pineapple</p>	<p>29 Spaghetti in Meat Sauce OR: Eggplant Parmesan WITH: Whole Wheat Breadstick Vegetable Medley Carrot Sticks w/ Ranch Dressing Applesauce</p>	<p>30 Jerk Chicken Wings OR: Macaroni and Cheese WITH: Steamed Corn Elf Grahams Cookies Diced Pears</p>	<p>31 Pizza Fridays! Hand Tossed Turkey Pepperoni Pizza Hand Tossed Cheese Pizza WITH: Garden Salad w/ Cesar Dressing Rainbow Fruit Salad</p>

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.
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<https://ChefAdvantage.Boonli.com>

Vegetarian Entrée Options

Milk is Included with All Meals

Monday

Tuesday

Wednesday

Thursday

Friday



<p>7 Salad Meal: - Vegetarian Cobb Salad - Chicken Caesar Salad</p> <p>Sandwich Meal: - Turkey and Cheese Croissant - Crispy Chicken Wrap - Dairy Free Turkey Sandwich</p>	<p>8 Salad Meal: - Fiesta Chicken Taco Salad - Build Your Own Nacho Plate</p> <p>Sandwich Meal: - Grilled Vegetable Wrap - Turkey and Cheese Croissant - Dairy Free Turkey Sandwich</p>	<p>9 Salad Meal: - Breaded Chicken Salad - Chicken Salad Plate</p> <p>Sandwich Meal: - Turkey and Cheese Croissant - Two Cheese Sandwich - Dairy Free Turkey Sandwich</p>	<p>10 Salad Meal: - Black Bean & Corn Salad with Tortilla Chips - Grilled Chicken Salad</p> <p>Sandwich Meal: - Turkey and Cheese Croissant - Build Your Own Pita Pizza - Dairy Free Turkey Sandwich</p>
<p>13 Salad Meal: - Pasta Salad Plate with Crackers - Diced Turkey and Cheese Cracker Plate</p> <p>Sandwich Meal: - Buffalo Chicken Wrap - Crispy Chicken Wrap - Dairy Free Turkey Ham Sandwich</p>	<p>14 Salad Meal: - Chicken Caesar Salad - Fiesta Chicken Taco Salad</p> <p>Sandwich Meal: - Crispy Chicken Wrap - Soybutter & Jelly on Wheat Bread - Dairy Free Turkey Ham Sandwich</p>	<p>15 Salad Meal: - Grilled Chicken Salad over Fresh Spinach with Mandarin Oranges - Diced Turkey and Cheese Cracker Plate</p> <p>Sandwich Meal: - Crispy Chicken Wrap - Grilled Vegetable Wrap - Dairy Free Turkey Ham Sandwich</p>	<p>16 Salad Meal: - Black Bean & Corn Salad with Tortilla - Breaded Chicken Salad</p> <p>Sandwich Meal: - Crispy Chicken Wrap - Southwest Wrap - Dairy Free Turkey Ham Sandwich</p>
	<p>21 Salad Meal: - Vegetarian Cobb Salad - Breaded Chicken Salad</p> <p>Sandwich Meal: - Turkey Bologna and Cheddar Cheese on a Wheat Bun - Grilled Vegetable Wrap - Dairy Free Turkey Sandwich</p>	<p>22 Salad Meal: - Black Bean & Corn Salad with Tortilla - Chef Salad with Sliced Turkey</p> <p>Sandwich Meal: - Southwest Wrap - Turkey Bologna and Cheddar Cheese on a Wheat Bun - Dairy Free Turkey Sandwich</p>	<p>23 Salad Meal: - Grilled Chicken Salad - Tuna Pasta Salad Plate with Crackers</p> <p>Sandwich Meal: - Turkey Bologna and Cheddar Cheese on a Wheat Bun - Two Cheese Sandwich - Dairy Free Turkey Sandwich</p>
<p>27 Salad Meal: - Diced Turkey and Cheese Cracker Plate - Pasta Salad Plate with Crackers</p> <p>Sandwich Meal: - Buffalo Chicken Wrap - Two Cheese Sandwich - Dairy Free Turkey Ham Sandwich</p>	<p>28 Salad Meal: - Fiesta Chicken Taco Salad - Breaded Chicken Salad</p> <p>Sandwich Meal: - Buffalo Chicken Wrap - Grilled Vegetable Wrap - Dairy Free Turkey Ham Sandwich</p>	<p>29 Salad Meal: - Vegetarian Cobb Salad - Grilled Chicken Salad</p> <p>Sandwich Meal: - Crispy Chicken Wrap - Buffalo Chicken Wrap - Dairy Free Turkey Ham Sandwich</p>	<p>30 Salad Meal: - Chef Salad with Sliced Turkey - Grilled Chicken Salad over Fresh Spinach with Mandarin Oranges</p> <p>Sandwich Meal: - Buffalo Chicken Wrap - Two Cheese Sandwich - Dairy Free Turkey Ham Sandwich</p>
<p>31 Salad Meal: - Chef Salad with Sliced Turkey - Build Your Own Nacho Plate</p> <p>Sandwich Meal: - Soybutter & Jelly on Wheat Bread - Buffalo Chicken Wrap - Dairy Free Turkey Ham Sandwich</p>			

Weekly Vegetable Sides:

Monday: Baby Carrots with Hummus

Tuesday: Southern Style Potato Salad and Cucumber Salad

Wednesday: Celery Sticks with Ranch Dip & Kale Salad with Poppy Seed Dressing

Thursday: Cucumber Coins and Baby Carrots with Ranch Dip

Friday: Southern Style Potato Salad and Broccoli and Tomato Salad

Fruit of the Day is Served with Every Meal

SANDWICH & SALAD MEALS

V = Vegetarian Entrée

Milk is Included with All Meals

Choose 1% White or Fat Free Chocolate Milk

Monday

Tuesday

Wednesday

Thursday

Friday



	<p>7 Pizza Dippers Wheat, Egg, Soy, Milk Popcorn Milk Baked Beans None Pineapple None</p>	<p>8 Chicken Alfredo Wheat, Milk, Soy Salad None Ranch Egg, Milk Corn None Fruit None Alfredo Pasta Wheat, Milk</p>	<p>9 Chicken Fried Rice Wheat, Soy, Egg Peas None Pears None Elf Graham Wheat Vegetarian Fried Rice Soy, Wheat, Egg</p>	<p>10 Pizza Milk, Wheat, Soy Salad None Ranch Egg, Milk Fruit None</p>
<p>13 Meatball Sub Soy, Wheat, Milk Baked Beans None Vegetable Medley None Grapes None Meatless Meatball Sub Wheat, Egg, Milk</p>	<p>14 Fajita Rice Milk Carrots None Diced Peaches None SunChips Wheat Fajita Rice with Tofu Soy, Milk</p>	<p>15 Chicken Taco Wheat, Milk Salsa None Chips None Corn None Pineapple None Bean & Cheese Burrito Wheat, Milk</p>	<p>16 French Toast Soy, Wheat, Egg, Milk Syrup None Turkey Sausage None Potatoes None Muffin Egg, Soy, Wheat Pears None Vegetarian Sausage Wheat, Egg, Milk, Soy</p>	<p>17 Pizza Milk, Wheat, Soy Salad None Ceasar Egg, Fish, Milk Fruit None</p>
	<p>5 Hamburger Soy Bun Wheat Cheese Soy, Milk Potatoes Smiles Soy Pineapples None Goldfish Wheat Gardenburger Soy, Wheat, Milk</p>	<p>22 Hot Dog Soy, Wheat Corn None Romaine Salad None Ranch Egg, Milk Grapes None Meatless Meatball Sub Wheat, Egg, Milk</p>	<p>23 Sandwich Soy, Wheat Sauce Egg Baked Beans None Oranges None Cookie Egg, Soy, Milk, Wheat Garden Burger Soy, Wheat, Milk</p>	<p>24 Pizza Milk, Wheat, Soy Salad None Ranch Egg, Milk Fruit None</p>
<p>27 Beef Nachos Milk Chips None Salsa None Pinto Beans None Oranges None Bean & Cheese Nachos Soy, Wheat, Milk</p>	<p>28 Popcorn Chicken Soy, Wheat Potatoes Smiles Soy Pineapple None SunChips Wheat Nuggets Wheat, Soy, Eggs</p>	<p>29 Spaghetti & Meat Sauce Wheat, Soy, Milk Mozzarella Cheese Milk Breadstick Wheat Vegetable Medley None Carrots None Ranch Egg, Milk Applesauce None Lasagna Rolls Wheat, Egg, Milk</p>	<p>30 Chicken Wings None Corn None Pears None Elf Graham Wheat Mac & Cheese Wheat, Milk</p>	<p>31 Pizza Milk, Wheat, Soy Salad None Ceasar Egg, Fish, Milk Fruit None</p>

****All Pasta Products are Processed in a Facility that Uses Egg****

ALLERGEN KEY:
 Soy = S
 Wheat = W
 Egg = E
 Milk = M
 Fish = F

This list is comprised of the most common allergens we chart, including **eggs, soy product, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

Monday

Tuesday

Wednesday

Thursday

Friday



<p>7 Salad Meal: Cobb Salad S, E, W, M Caesar Salad F, M, E, W</p> <p>Sandwich Meal: Croissant S, W, M, E Chicken Wrap S, W, M, E DF Sandwich W</p> <p>Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>8 Salad Meal: Taco Salad S, W, E, M Nachos S, W, M</p> <p>Sandwich Meal: -Vegetable Wrap S, W, M Turkey Croissant S, W, M, E DF Sandwich W Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>9 Salad Meal: Chicken Salad W, E, M, S Chicken Salad P W, E, M</p> <p>Sandwich Meal: Croissant S, W, M, E Two Cheese W, M DF Sandwich W</p> <p>Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>10 Salad Meal: Black Bean Plate W, E, M Chicken Salad W, E, M</p> <p>Sandwich Meal: Croissant S, W, M, E Pita Pizza W, M DF Sandwich W</p> <p>Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>	
<p>13 Salad Meal: Pasta Salad Plate W, M Turkey & Cheese W, M</p> <p>Sandwich Meal: Buffalo Wrap S, W, M, E Chicken Wrap S, W, M, E DF Sandwich W Baby Carrots None Hummus None Fruit None</p>	<p>14 Salad Meal: Caesar Salad F, M, E, W Taco Salad S, W, E, M</p> <p>Sandwich Meal: Chicken Wrap S, W, M, E Soybutter & Jelly S, W, M DF Sandwich W</p> <p>Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>15 Salad Meal: Chicken Salad W, E, M Turkey & Cheese W, M</p> <p>Sandwich Meal: Chicken Wrap S, W, M, E Vegetable Wrap S, W, M DF Sandwich W</p> <p>Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>16 Salad Meal: Black Bean Plate W, E, M Chicken Salad W, E, M, S</p> <p>Sandwich Meal: Chicken Wrap S, W, M, E Southwest Wrap W, E, M, S DF Sandwich W</p> <p>Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>17 Salad Meal: Cobb Salad S, E, W, M Nachos S, W, M</p> <p>Sandwich Meal: Chicken Wrap W, E, M Chicken Wrap S, W, M, E DF Sandwich W</p> <p>Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>
<p>MARTIN LUTHER KING DAY I HAVE A DREAM</p>	<p>21 Salad Meal: Cobb Salad S, E, W, M Chicken Salad W, E, M, S</p> <p>Sandwich Meal: Turkey Bologna E, W, M Vegetable Wrap S, W, M DF Sandwich W</p> <p>Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>22 Salad Meal: Black Bean Plate W, E, M Chef Salad W, E, M, S</p> <p>Sandwich Meal: Southwest Wrap W, E, M, S Turkey Bologna E, W, M DF Sandwich W</p> <p>Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>23 Salad Meal: Chicken Salad W, E, M Tuna Salad Plate E, W, F</p> <p>Sandwich Meal: Turkey Bologna E, W, M Two Cheese W, M DF Sandwich W</p> <p>Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>24 Salad Meal: Taco Salad S, W, E, M Turkey & Cheese W, M</p> <p>Sandwich Meal: Turkey Bologna E, W, M Vegetable Wrap S, W, M DF Sandwich W</p> <p>Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>
<p>27 Salad Meal: Turkey & Cheese W, M -Pasta Salad Plate W, M</p> <p>Sandwich Meal: Buffalo Wrap S, W, M, E Two Cheese W, M DF Sandwich W</p> <p>Baby Carrots None Hummus None Fruit None</p>	<p>28 Salad Meal: Taco Salad S, W, E, M Chicken Salad W, E, M, S</p> <p>Sandwich Meal: Buffalo Wrap S, W, M, E Vegetable Wrap S, W, M DF Sandwich W</p> <p>Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>29 Salad Meal: Cobb Salad S, E, W, M Chicken Salad W, E, M</p> <p>Sandwich Meal: Crispy Chicken Wrap S, W, M, E Buffalo Wrap S, W, M, E DF Sandwich W</p> <p>Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>30 Salad Meal: Chef Salad W, E, M, S Chicken Salad W, E, M</p> <p>Sandwich Meal: Buffalo Wrap S, W, M, E Two Cheese W, M DF Sandwich W</p> <p>Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>31 Salad Meal: Chef Salad W, E, M, S Nachos S, W, M</p> <p>Sandwich Meal: Soybutter & Jelly S, W, M Buffalo Wrap S, W, M, E DF Sandwich W Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>

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