

Monday

Tuesday

Wednesday

Thursday

Friday



3
Cheese Pizza Dippers
WITH:
 Marinara Sauce
 Steamed Peas
 Fresh Orange Wedges

6
Chicken Alfredo Pasta
 Featuring Local Springer Mountain All Natural Chicken
OR: Creamy Alfredo Pasta
WITH:
 Steamed Carrots
 Diced Peaches

7
Fiesta Chicken Taco
OR: Bean & Cheese Burrito
WITH:
 Cheddar Cheese
 Mixed Vegetables
 Diced Pears

8
All American BBQ Hamburger
OR: Garden Burger
WITH:
 Soft Bun
 Homemade BBQ Sauce
 Mashed Potatoes
 Mandarin Oranges

9
Chicken Nuggets
OR: Vegetarian Nuggets
WITH:
 Honey Mustard
 Green Beans
 Diced Pineapple

10
Topsy Turvy Breakfast for Lunch!!
Whole Grain French Toast Sticks
WITH: Turkey Sausage
OR: Vegetarian Sausage
 Waffle Syrup
 Applesauce
 Fruit Yogurt Cup

13
Turkey Ziti
OR: Vegetarian Ziti
WITH:
 Shredded Cheese
 Mixed Vegetables
 Strawberry Applesauce

14
Creamy Parmesan Chicken and Rice
OR: Creamy Parmesan Rice
WITH:
 Steamed Peas
 Diced Peaches

15
Cheese Pizza Dippers
WITH:
 Marinara Sauce
 Steamed Carrots
 Fresh Orange Wedges

16
Creamy Chicken Bowtie
OR: Creamy Bowtie Pasta with Edamame
WITH:
 Green Beans
 Diced Pears

17
Tex Mex Turkey Soft Taco
OR: Bean & Cheese Burrito
WITH:
 Cheddar Cheese
 Shredded Lettuce
 Steamed Corn
 Diced Pineapple



21
Breaded Chicken Sandwich
OR: Black Bean Burger
WITH:
 Soft Bun
 Honey Mustard
 Baked Beans
 Fresh Oranges Wedges

22
Homemade Turkey Chili
OR: Vegetarian Chili
WITH:
 Fresh Baked Roll
 Steamed Peas
 Fruit Yogurt Cup

23
Whole Grain Popcorn Chicken
OR: Vegetarian Nuggets
WITH:
 Ranch Dressing
 Steamed Corn
 Diced Pineapple

24
Chicken Quesadilla
OR: Bean and Cheese Quesadilla
WITH:
 Mixed Vegetable
 Cinnamon Applesauce

27
Luca's Nut-Free Chicken Trenette al Pesto Pasta
 Featuring Local Springer Mountain All Natural Chicken
OR: Vegetarian Trenette Al Pesto Pasta
WITH:
 Steamed Carrots
 Diced Pears

28
All American Cheese Hamburger
OR: Garden Burger
WITH:
 Soft Bun
 American Cheese
 Ketchup
 Mashed Potatoes
 Diced Pineapples

29
Creamy Parmesan Chicken and Rice
OR: Creamy Parmesan Rice
WITH:
 Steamed Corn
 Diced Peaches

30
Cheesy Ziti Pasta
WITH:
 Cheddar Cheese
 Green Peas
 Applesauce

31
Personal Cheese Pizza
WITH:
 Mixed Vegetables
 Mandarin Oranges

ONLINE ORDERING:

<https://chefadvantage.boonli.com/>

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.

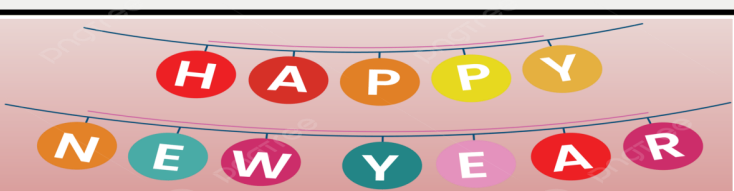
Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

This institution is an equal opportunity provider.



V = Vegetarian Entrée Options

Milk Served with Lunch Daily

*Steamed Vegetable Substitute for Toddler

Monday

Tuesday

Wednesday

Thursday

Friday



3
 Pizza Dippers
 Soy, Wheat, Milk, Egg
 Marinara Sauce **None**
 Peas **None**
 Orange Wedges **None**

6
 Chicken Alfredo
 Wheat, Milk, Soy
 Carrots **None**
 Peaches **None**
 Alfredo Pasta
 Wheat, Milk

7
 Soft Taco **Wheat**
 Cheddar Cheese **Milk**
 Mixed Veg **None**
 Pears **None**
 Bean & Cheese
 Quesadilla
 Wheat, Milk

8
 Bun **Wheat**
 BBQ Sauce **None**
 Mashed Potatoes **None**
 Mandarin Oranges **None**
 Gardenburger
 Soy, Wheat, Milk

9
 Chicken Nuggets
 Wheat, Soy
 Honey Mustard **Egg, Soy**
 Green Beans **None**
 Pineapple **None**
 Vegetarian Nuggets
 Wheat, Soy, Egg

10
 French Toast
 Soy, Wheat, Egg, Milk
 Syrup **None**
 Turkey Sausage **None**
 Applesauce **None**
 Yogurt **Milk**
 Vegetarian Sausage
 Soy, Wheat, Milk, Egg

13
 Turkey Ziti**
 Wheat, Milk
 Mozzarella Cheese **Milk**
 Vegetables **None**
 Applesauce **None**
 Ziti**
 Wheat, Milk

14
 Parmesan Chicken Rice
 Milk
 Peas **None**
 Peaches **None**
 Parmesan Rice
 Milk

15
 Pizza Dippers
 Soy, Wheat, Milk, Egg
 Marinara Sauce **None**
 Carrots **None**
 Orange Wedges **None**

16
 Bowtie Pasta**
 Soy, Wheat, Milk
 Green Beans **None**
 Diced Pears **None**
 Bowtie Pasta
 Soy, Wheat

17
 Soft Taco **Wheat**
 Cheddar Cheese **Milk**
 Lettuce **None**
 Corn **None**
 Pineapple **None**
 Bean & Cheese
 Burrito
 Wheat, Milk



21
 Breaded Chicken Patty
 Wheat, Soy
 Bun **Wheat**
 Honey Mustard **Egg, Soy**
 Baked Beans **None**
 Oranges Wedges **None**
 Black Bean Burger
 Wheat

22
 Chili **None**
 Dinner Roll **Soy, Wheat**
 Peas **None**
 Yogurt **Milk**
 Vegetarian Chili **None**

23
 Popcorn Chicken
 Soy, Wheat
 Ranch **Egg, Milk**
 Corn **None**
 Pineapple **None**
 Nuggets
 Wheat, Soy, Egg

24
 Chicken Quesadilla
 Milk, Wheat
 Mixed Vegetable **None**
 Applesauce **None**
 Bean & Cheese
 Quesadilla
 Wheat, Milk

27
 Luca's Pasta**
 Wheat, Milk, Soy
 Carrots **None**
 Peas **None**
 Vegetarian Pasta
 Wheat, Milk, Soy

28
 Bun **Wheat**
 Sandwich **None**
 Ketchup **None**
 Cheese **Milk**
 Mashed Potatoes **None**
 Pineapples **None**
 Gardenburger
 Soy, Wheat, Milk

29
 Parmesan Chicken Rice
 Milk
 Corn **None**
 Peaches **None**
 Parmesan Rice
 Milk

30
 Ziti**
 Wheat, Milk
 Cheese **Milk**
 Green Peas **None**
 Applesauce **None**

31
 Cheese Pizza
 Milk, Wheat, Soy
 Mixed Vegetables **None**
 Mandarin Oranges **None**

All Pasta Products are Processed in a Facility that Uses Egg

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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ALLERGEN KEY:

Soy = S

Wheat = W

Egg = E

Milk = M

Fish = F