

Monday

Tuesday

Wednesday

Thursday

Friday



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| <p>3 Creamy Chicken Bowtie Pasta OR: Bowtie Pasta with Edamame WITH: Steamed Peas Diced Peaches</p> | <p>4 Cheese Pizza Dippers-CN WITH: Marinara Sauce Mixed Vegetable Mandarin Oranges</p> | <p>5 Chicken Nuggets-CN OR: Vegetarian Nuggets WITH: Homemade Ranch Baked Beans Diced Pineapple</p> | <p>6 Tex Mex Turkey Soft Taco OR: Bean and Cheese Burrito WITH: Cheddar Cheese Shredded Lettuce Steamed Corn Diced Pears</p> | <p>7 <u>National Alfredo Day</u> Creamy Chicken Alfredo Pasta OR: Creamy Alfredo Pasta WITH: Steamed Carrots Strawberry Applesauce</p> |
| <p>10 Creamy Parmesan Chicken and Rice OR: Creamy Parmesan Rice WITH: Steamed Corn Diced Pears</p> | <p>11 Turkey Ziti OR: Vegetarian Ziti WITH: Shredded Cheese Green Beans Diced Peaches</p> | <p>12 White Bean Chicken Chili OR: White Bean Vegetarian Chili WITH: OYSTER CRACKERS Mixed Vegetables Mandarin Oranges</p> <p style="text-align: center;">NEW</p> | <p>13 Whole Grain Popcorn Chicken-CN OR: Vegetarian Nuggets WITH: Honey Mustard Steamed Peas Diced Pineapple</p> | <p>14 Topsy Turvy Breakfast for Lunch!! Whole Grain French Toast Sticks WITH: Turkey Sausage-CN OR: Vegetarian Sausage WITH: Waffle Syrup Breakfast Potatoes Applesauce</p> |
|  | <p>18 All American BBQ Hamburger-CN OR: Gardenburger WITH: Soft Bun Homemade BBQ Baked Beans Mandarin Orange</p> | <p>19 Teriyaki Chicken with Asian Style Noodles OR: Vegetable Teriyaki Noodles WITH: Green Beans Applesauce</p> | <p>20 Breaded Chicken Sandwich-CN OR: Gardenburger WITH: Soft Bun Honey Mustard Mixed Vegetables Diced Pineapple</p> | <p>21 Chicken Quesadilla OR: Bean and Cheese Quesadilla WITH: Steamed Corn Diced Pears</p> |
| <p>24 Twist & Shout Mac 'n Cheese WITH: Steamed Peas Diced Pears</p> | <p>25 Fiesta Chicken Taco OR: Bean and Cheese Burrito WITH: Cheddar Cheese Shredded Lettuce Steamed Carrots Diced Pineapple</p> | <p>26 Luca's Nut-Free Chicken Trenette al Pesto OR: Vegetarian Trenette al Pesto WITH: Steamed Corn Diced Peaches</p> | <p>27 <u>National Chili Day</u> Homestyle Turkey Chili OR: Vegetarian Chili WITH: Fresh Baked Roll Green Beans Cinnamon Applesauce</p> | <p>28 Personal Cheese Pizza WITH: Garden Salad* with Italian Dressing Diced Pineapple *Mixed Vegetables</p> |

ONLINE ORDERING:

<https://chefadvantage.boonli.com/>

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

V = Vegetarian Entrée Options

Milk Served with Lunch Daily

***Steamed Vegetable Substitute for Toddler**

Monday Tuesday Wednesday Thursday Friday



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| <p>3 Bowtie Pasta** Soy, Wheat, Milk Green Peas Peaches Bowtie Pasta Soy, Wheat</p> | <p>4 Pizza Dippers Soy, Wheat, Milk, Egg Mariana Sauce Mixed Vegetables Oranges None None None</p> | <p>5 Chicken Nuggets Ranch Baked Beans Pineapple Vegetarian Nuggets Wheat, Soy, Egg Wheat, Soy Egg, Milk None None</p> | <p>6 Soft Taco Cheddar Cheese Lettuce Corn Pears Bean and Cheese Burrito Wheat, Milk Wheat Milk None None None</p> | <p>7 Chicken Alfredo** Carrots Applesauce Alfredo Pasta Milk, Wheat None None Wheat, Milk</p> |
| <p>10 Parmesan Rice Corn Pears Parmesan Rice Milk None None</p> | <p>11 Ziti** Mozzarella Cheese Green Beans Peaches Ziti** Wheat, Milk Milk None None Wheat, Milk</p> | <p>12 White Bean Chicken Chili OYSTER CRACKERS Mixed Vegetables Mandarin Oranges White Bean Vegetarian Chili Wheat Wheat Wheat None None</p> | <p>13 Popcorn Chicken Honey Mustard Steamed Peas Pineapple Vegetarian Nuggets Soy, Wheat Egg, Soy None None</p> | <p>14 French Toast Syrup Turkey Sausage Applesauce Breakfast Potatoes Vegetarian Sausage Soy, Wheat, Egg, Milk None None None None Soy, Wheat, Milk, Egg</p> |
| | <p>18 Hamburger BBQ Sauce Bun Baked Beans Oranges Gardenburger Soy, Wheat, Milk Soy None Wheat None None</p> | <p>19 Teriyaki Chicken** Green Beans Applesauce Teriyaki Chicken Soy, Wheat None None Wheat, Soy</p> | <p>20 Chicken Sandwich Bun Cheese Honey Mustard Mixed Vegetables Pineapples Gardenburger Wheat, Soy Wheat Soy, Milk Egg, Soy None None Soy, Wheat, Milk</p> | <p>21 Chicken Quesadilla Corn Pears Bean & Cheese Quesadilla Milk, Wheat None None Wheat, Milk</p> |
| <p>24 Pasta** Peas Pears Wheat, Milk None None</p> | <p>25 Soft Taco Cheddar Cheese Lettuce Carrots Pineapple Bean and Cheese Burrito Wheat, Milk Wheat Milk None None None</p> | <p>26 Luca's Pasta** Corn Peaches Vegetarian Pasta Wheat, Milk, Soy None None</p> | <p>27 Chili Roll Applesauce Vegetarian Chili None Soy, Wheat None</p> | <p>28 Cheese Pizza Garden Salad Italian Dressing Pineapple *Mixed Veg Milk, Wheat, Soy None None None None</p> |

****All Pasta Products are Processed in a Facility that Uses Egg****

ALLERGEN KEY:

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.