

Monday

Tuesday

Wednesday

Thursday

Friday



<p><b>3</b>  <b>Creamy Chicken Bowtie Pasta</b>  <b>OR: Bowtie Pasta with Edamame</b>  <b>WITH:</b>            Steamed Peas            Diced Peaches</p>	<p><b>4</b>  <b>Cheese Pizza Dippers-CN</b>  <b>WITH:</b>            Marinara Sauce            Mixed Vegetable            Mandarin Oranges</p>	<p><b>5</b>  <b>Chicken Nuggets-CN</b>  <b>OR: Vegetarian Nuggets</b>  <b>WITH:</b>            Homemade Ranch            Baked Beans            Diced Pineapple</p>	<p><b>6</b>  <b>Tex Mex Turkey Soft Taco</b>  <b>OR:</b>  <b>Bean and Cheese Burrito</b>  <b>WITH:</b>            Cheddar Cheese            Shredded Lettuce            Steamed Corn            Diced Pears</p>	<p><b>7</b>  <u><b>National Alfredo Day</b></u>  <b>Creamy Chicken Alfredo Pasta</b>  <b>OR: Creamy Alfredo Pasta</b>  <b>WITH:</b>            Steamed Carrots            Strawberry Applesauce</p>
<p><b>10</b>  <b>Creamy Parmesan Chicken and Rice</b>  <b>OR: Creamy Parmesan Rice</b>  <b>WITH:</b>            Steamed Corn            Diced Pears</p>	<p><b>11</b>  <b>Turkey Ziti</b>  <b>OR: Vegetarian Ziti</b>  <b>WITH:</b>            Shredded Cheese            Green Beans            Diced Peaches</p>	<p><b>12</b>  <b>White Bean Chicken Chili</b>  <b>OR: White Bean Vegetarian Chili</b>  <b>WITH:</b>  <b>OYSTER CRACKERS</b>            Mixed Vegetables            Mandarin Oranges</p> <p style="text-align: center;"><b>NEW</b></p>	<p><b>13</b>  <b>Whole Grain Popcorn Chicken-CN</b>  <b>OR: Vegetarian Nuggets</b>  <b>WITH:</b>            Honey Mustard            Steamed Peas            Diced Pineapple</p>	<p><b>14</b>  <b>Topsy Turvy Breakfast for Lunch!!</b>  <b>Whole Grain French Toast Sticks</b>  <b>WITH: Turkey Sausage-CN</b>  <b>OR: Vegetarian Sausage</b>  <b>WITH:</b>            Waffle Syrup            Breakfast Potatoes            Applesauce</p>
	<p><b>18</b>  <b>All American BBQ Hamburger-CN</b>  <b>OR: Gardenburger</b>  <b>WITH:</b>            Soft Bun            Homemade BBQ            Baked Beans            Mandarin Orange</p>	<p><b>19</b>  <b>Teriyaki Chicken with Asian Style Noodles</b>  <b>OR: Vegetable Teriyaki Noodles</b>  <b>WITH:</b>            Green Beans            Applesauce</p>	<p><b>20</b>  <b>Breaded Chicken Sandwich-CN</b>  <b>OR: Gardenburger</b>  <b>WITH:</b>            Soft Bun            Honey Mustard            Mixed Vegetables            Diced Pineapple</p>	<p><b>21</b>  <b>Chicken Quesadilla</b>  <b>OR: Bean and Cheese Quesadilla</b>  <b>WITH:</b>            Steamed Corn            Diced Pears</p>
<p><b>24</b>  <b>Twist &amp; Shout Mac 'n Cheese</b>  <b>WITH:</b>            Steamed Peas            Diced Pears</p>	<p><b>25</b>  <b>Fiesta Chicken Taco</b>  <b>OR: Bean and Cheese Burrito</b>  <b>WITH:</b>            Cheddar Cheese            Shredded Lettuce            Steamed Carrots            Diced Pineapple</p>	<p><b>26</b>  <b>Luca's Nut-Free Chicken Trenette al Pesto</b>  <b>OR: Vegetarian Trenette al Pesto</b>  <b>WITH:</b>            Steamed Corn            Diced Peaches</p>	<p><b>27</b>  <u><b>National Chili Day</b></u>  <b>Homestyle Turkey Chili</b>  <b>OR: Vegetarian Chili</b>  <b>WITH:</b>            Fresh Baked Roll            Green Beans            Cinnamon Applesauce</p>	<p><b>28</b>  <b>Personal Cheese Pizza</b>  <b>WITH:</b>            Garden Salad*            with Italian Dressing            Diced Pineapple  <b>*Mixed Vegetables</b></p>

**ONLINE ORDERING:**

<https://chefadvantage.boonli.com/>

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

**V = Vegetarian Entrée Options**

**Milk Served with Lunch Daily**

**\*Steamed Vegetable Substitute for Toddler**

Monday Tuesday Wednesday Thursday Friday



<p><b>3</b> Bowtie Pasta** Soy, Wheat, Milk Green Peas Peaches None None Bowtie Pasta Soy, Wheat</p>	<p><b>4</b> Pizza Dippers Soy, Wheat, Milk, Egg Mariana Sauce Mixed Vegetables Oranges None None None</p>	<p><b>5</b> Chicken Nuggets Wheat, Soy Ranch Baked Beans Pineapple Egg, Milk None None Vegetarian Nuggets Wheat, Soy, Egg</p>	<p><b>6</b> Soft Taco Cheddar Cheese Lettuce Corn Pears Wheat Milk None None None Bean and Cheese Burrito Wheat, Milk</p>	<p><b>7</b> Chicken Alfredo** Milk, Wheat Carrots Applesauce None None Alfredo Pasta Wheat, Milk</p>
<p><b>10</b> Parmesan Rice Corn Pears Milk None None Parmesan Rice Milk</p>	<p><b>11</b> Ziti** Wheat, Milk Mozzarella Cheese Green Beans Peaches Milk None None Ziti** Wheat, Milk</p>	<p><b>12</b> White Bean Chicken Chili Wheat OYSTER CRACKERS WHEAT, SOY Mixed Vegetables Mandarin Oranges White Bean Vegetarian Chili None None Wheat</p>	<p><b>13</b> Popcorn Chicken Soy, Wheat Honey Mustard Steamed Peas Pineapple Egg, Soy None None Vegetarian Nuggets Soy, Wheat</p>	<p><b>14</b> French Toast Soy, Wheat, Egg, Milk Syrup Turkey Sausage Applesauce Breakfast Potatoes Vegetarian Sausage None None None Soy, Wheat, Milk, Egg</p>
	<p><b>18</b> Hamburger BBQ Sauce Bun Baked Beans Oranges Gardenburger Soy None Wheat None None Soy, Wheat, Milk</p>	<p><b>19</b> Teriyaki Chicken** Soy, Wheat Green Beans Applesauce Teriyaki Chicken None None Wheat, Soy</p>	<p><b>20</b> Chicken Sandwich Wheat, Soy Bun Cheese Honey Mustard Mixed Vegetables Pineapples Gardenburger Wheat Soy, Milk Egg, Soy None None Soy, Wheat, Milk</p>	<p><b>21</b> Chicken Quesadilla Milk, Wheat Corn Pears Bean &amp; Cheese Quesadilla None None Wheat, Milk</p>
<p><b>24</b> Pasta** Peas Pears Wheat, Milk None None</p>	<p><b>25</b> Soft Taco Cheddar Cheese Lettuce Carrots Pineapple Bean and Cheese Burrito Wheat Milk None None None Wheat, Milk</p>	<p><b>26</b> Luca's Pasta** Wheat, Milk, Soy Corn Peaches Vegetarian Pasta None None Wheat, Milk, Soy</p>	<p><b>27</b> Chili Roll Applesauce Vegetarian Chili None Soy, Wheat None None</p>	<p><b>28</b> Cheese Pizza Milk, Wheat, Soy Garden Salad Italian Dressing Pineapple *Mixed Veg None None None None</p>

**\*\*All Pasta Products are Processed in a Facility that Uses Egg\*\***

**ALLERGEN KEY:**

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.