

Monday Tuesday Wednesday Thursday Friday



<p>3 Creamy Chicken Bowtie Pasta OR: Bowtie Pasta with Edamame WITH: Steamed Peas Diced Peaches</p>	<p>4 Cheese Pizza Dippers WITH: Marinara Sauce Mixed Vegetable Mandarin Oranges</p>	<p>5 Chicken Nuggets OR: Vegetarian Nuggets WITH: Homemade Ranch Baked Beans Diced Pineapple</p>	<p>6 Tex Mex Turkey Soft Taco OR: Bean and Cheese Burrito WITH: Cheddar Cheese Shredded Lettuce Steamed Corn Diced Pears</p>	<p>7 <u>National Alfredo Day</u> Creamy Chicken Alfredo Pasta OR: Creamy Alfredo Pasta WITH: Steamed Carrots Strawberry Applesauce</p>
<p>10 Creamy Parmesan Chicken and Rice OR: Creamy Parmesan Rice WITH: Steamed Corn Diced Pears</p>	<p>11 Turkey Ziti OR: Vegetarian Ziti WITH: Shredded Cheese Green Beans Diced Peaches</p>	<p>12 White Bean Chicken Chili OR: White Bean Vegetarian Chili WITH: OYSTER CRACKERS Mixed Vegetables Mandarin Oranges</p> <p style="text-align: center;">NEW</p>	<p>13 Whole Grain Popcorn Chicken OR: Vegetarian Nuggets WITH: Honey Mustard Steamed Peas Diced Pineapple</p>	<p>14 Topsy Turvy Breakfast for Lunch!! Whole Grain French Toast Sticks WITH: Turkey Sausage OR: Vegetarian Sausage WITH: Waffle Syrup Applesauce Fruit Yogurt Cup</p>
	<p>18 All American BBQ Hamburger OR: Gardenburger WITH: Soft Bun Homemade BBQ Baked Beans Mandarin Orange</p>	<p>19 Teriyaki Chicken with Asian Style Noodles OR: Vegetable Teriyaki Noodles WITH: Green Beans Applesauce</p>	<p>20 Breaded Chicken Sandwich OR: Gardenburger WITH: Soft Bun Honey Mustard Mixed Vegetables Diced Pineapple</p>	<p>21 Chicken Quesadilla OR: Bean and Cheese Quesadilla WITH: Steamed Corn Diced Pears</p>
<p>24 Twist & Shout Mac 'n Cheese WITH: Steamed Peas Diced Pears</p>	<p>25 Fiesta Chicken Taco OR: Bean and Cheese Burrito WITH: Cheddar Cheese Shredded Lettuce Steamed Carrots Diced Pineapple</p>	<p>26 Luca's Nut-Free Chicken Trenette al Pesto OR: Vegetarian Trenette al Pesto WITH: Steamed Corn Fruit Yogurt Cup</p>	<p>27 <u>National Chili Day</u> Homestyle Turkey Chili OR: Vegetarian Chili WITH: Fresh Baked Roll Green Beans Cinnamon Applesauce</p>	<p>28 Personal Cheese Pizza WITH: Garden Salad* with Italian Dressing Diced Pineapple *Mixed Vegetables</p>

ONLINE ORDERING:

<https://chefadvantage.boonli.com/>

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

V = Vegetarian Entrée Options

Milk Served with Lunch Daily

***Steamed Vegetable Substitute for Toddler**

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<p>3 Bowtie Pasta** Soy, Wheat, Milk Green Peas None Peaches None Bowtie Pasta Soy, Wheat</p>	<p>4 Pizza Dippers Soy, Wheat, Milk, Egg Mariana Sauce None Mixed Vegetables None Oranges None</p>	<p>5 Chicken Nuggets Wheat, Soy Egg, Milk Ranch None Baked Beans None Pineapple None Vegetarian Nuggets Wheat, Soy, Egg</p>	<p>6 Soft Taco Cheddar Cheese Wheat Lettuce Milk Corn None Pears None Bean and Cheese Burrito Wheat, Milk</p>	<p>7 Chicken Alfredo** Milk, Wheat Carrots None Applesauce None Alfredo Pasta Wheat, Milk</p>
<p>10 Parmesan Rice Milk Corn None Pears None Parmesan Rice Milk</p>	<p>11 Ziti** Wheat, Milk Mozzarella Cheese Milk Green Beans None Peaches None Ziti** Wheat, Milk</p>	<p>12 White Bean Chicken Chili Wheat OYSTER CRACKERS WHEAT, SOY Mixed Vegetables None Mandarin Oranges None White Bean Vegetarian Chili Wheat</p>	<p>13 Popcorn Chicken Soy, Wheat Honey Mustard Egg, Soy Steamed Peas None Pineapple None Vegetarian Nuggets Soy, Wheat</p>	<p>14 French Toast Soy, Wheat, Egg, Milk Syrup None Turkey Sausage None Applesauce None Yogurt Milk Vegetarian Sausage Soy, Wheat, Milk, Egg</p>
	<p>18 Hamburger Soy BBQ Sauce None Bun Wheat Baked Beans None Oranges None Gardenburger Soy, Wheat, Milk</p>	<p>19 Teriyaki Chicken** Soy, Wheat Green Beans None Applesauce None Teriyaki Chicken Wheat, Soy</p>	<p>20 Chicken Sandwich Wheat, Soy Bun Wheat Cheese Soy, Milk Honey Mustard Egg, Soy Mixed Vegetables None Pineapples None Gardenburger Soy, Wheat, Milk</p>	<p>21 Chicken Quesadilla Milk, Wheat Corn None Pears None Bean & Cheese Quesadilla Wheat, Milk</p>
<p>24 Pasta** Wheat, Milk Peas None Pears None</p>	<p>25 Soft Taco Wheat Cheddar Cheese Milk Lettuce None Carrots None Pineapple None Bean and Cheese Burrito Wheat, Milk</p>	<p>26 Luca's Pasta** Wheat, Milk, Soy Corn None Yogurt Milk Vegetarian Pasta Wheat, Milk, Soy</p>	<p>27 Chili None Roll Soy, Wheat Applesauce None Vegetarian Chili None</p>	<p>28 Cheese Pizza Milk, Wheat, Soy Garden Salad None Italian Dressing None Pineapple None *Mixed Veg None</p>

****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.

ALLERGEN KEY:

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F