

Monday

Tuesday

Wednesday

Thursday

Friday



3 Creamy Chicken Bowtie Pasta WITH: Steamed Peas Diced Peaches	4 Dairy Free Cheese Pizza WITH: Marinara Sauce Mixed Vegetable Mandarin Oranges	5 Chicken Nuggets WITH: Ketchup Baked Beans Diced Pineapple	6 Tex Mex Turkey Soft Taco WITH: Dairy-Free Cheddar Cheese Shredded Lettuce Steamed Corn Diced Pears	7 <u>National Alfredo Day</u> Creamy Chicken Alfredo Pasta WITH: Steamed Carrots Strawberry Applesauce
10 Creamy Parmesan Chicken and Rice WITH: Steamed Corn Diced Pears	11 Turkey Ziti WITH: Shredded Cheese Green Beans Diced Peaches	12 White Bean Chicken Chili WITH: OYSTER CRACKERS Mixed Vegetables Mandarin Oranges 	13 Whole Grain Popcorn Chicken WITH: Honey Mustard Steamed Peas Diced Pineapple	14 Topsy Turvy Breakfast for Lunch!! Whole Grain French Toast Sticks WITH: Turkey Sausage WITH: Waffle Syrup Breakfast Potatoes Applesauce
17 Cheesy Ziti Pasta WITH: Dairy Free Cheese Steamed Peas Diced Peaches	18 All American BBQ Hamburger WITH: Soft Bun Homemade BBQ Baked Beans Mandarin Orange	19 Teriyaki Chicken with Asian Style Noodles WITH: Green Beans Applesauce	20 Breaded Chicken Sandwich WITH: Soft Bun Honey Mustard Mixed Vegetables Diced Pineapple	21 Chicken Quesadilla WITH: Steamed Corn Diced Pears
24 Twist & Shout Mac 'n Cheese WITH: Steamed Peas Diced Pears	25 Fiesta Chicken Taco WITH: Dairy Free Cheese Shredded Lettuce Steamed Carrots Diced Pineapple	26 Luca's Nut-Free Chicken Trenette al Pesto WITH: Steamed Corn Diced Peaches	27 <u>National Chili Day</u> Homestyle Turkey Chili WITH: Fresh Baked Roll Green Beans Cinnamon Applesauce	28 Dairy Free Cheese Pizza WITH: Garden Salad* with Italian Dressing Diced Pineapple *Mixed Vegetables

ONLINE ORDERING:

<https://chefadvantage.boonli.com/>

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

Milk Served with Lunch Daily

***Steamed Vegetable Substitute for Toddler**

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<p>3 Bowtie Pasta** Green Peas Peaches</p> <p>Soy, Wheat None None</p>	<p>4 Cheese Pizza Mariana Sauce Mixed Vegetables Oranges</p> <p>Wheat, Soy None None None</p>	<p>5 Chicken Nuggets Ketchup Baked Beans Pineapple</p> <p>Wheat, Soy None None None</p>	<p>6 Soft Taco Cheddar Cheese Lettuce Corn Pears</p> <p>Wheat None None None None</p>	<p>7 Chicken Alfredo** Carrots Applesauce</p> <p>Wheat None None</p>
<p>10 Parmesan Rice Corn Pears</p> <p>None None None</p>	<p>11 Ziti** Dairy Free Cheese Green Beans Peaches</p> <p>Wheat None None None</p>	<p>12 White Bean Chicken Chili OYSTER CRACKERS Mixed Vegetables Mandarin Oranges</p> <p>Wheat Wheat, Soy None None</p>	<p>13 Popcorn Chicken Honey Mustard Steamed Peas Pineapple</p> <p>Soy, Wheat Egg, Soy None None</p>	<p>14 French Toast Syrup Turkey Sausage Applesauce Breakfast Potatoes</p> <p>Soy, Wheat, Egg None None None None</p>
<p>17 Ziti** Dairy Free Cheese Green Peas Peaches</p> <p>Wheat None None None</p>	<p>18 Hamburger BBQ Sauce Bun Baked Beans Oranges</p> <p>Soy None Wheat None None</p>	<p>19 Teriyaki Chicken** Green Beans Applesauce</p> <p>Soy, Wheat None None</p>	<p>20 Chicken Sandwich Bun Honey Mustard Mixed Vegetables Pineapples</p> <p>Wheat, Soy Wheat Egg, Soy None None</p>	<p>21 Chicken Quesadilla Corn Pears</p> <p>Wheat None None</p>
<p>24 Pasta** Peas Pears</p> <p>Wheat None None</p>	<p>25 Soft Taco Dairy free Cheese Lettuce Carrots Pineapple</p> <p>Wheat None None None None</p>	<p>26 Luca's Pasta** Corn Peaches</p> <p>Wheat, Soy None None</p>	<p>27 Chili Roll Applesauce</p> <p>None Soy, Wheat None</p>	<p>28 Cheese Pizza Garden Salad Italian Dressing Pineapple *Mixed Veg</p> <p>Wheat, Soy None None None None</p>

****All Pasta Products are Processed in a Facility that Uses Egg****

ALLERGEN KEY:

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.