

Monday Tuesday Wednesday Thursday Friday



<p><b>6</b>  <b>Chicken Tenders</b>  <b>OR: Vegetarian Chicken Nuggets</b>                  WITH:                  House-Made Honey Mustard                  Roasted Herb Potatoes                  Grapes</p>	<p><b>7</b>  <b>Hot Dog</b>  <b>Or Vegetarian Hotdog</b>                  WITH:                  Bakery Fresh Bun                  Baked Beans                  Carrot Sticks                  Honey Dew</p>	<p><b>8</b>  <b>Whole Grain French Toast Sticks</b>                  WITH:                  Syrup                  Pork Sausage Patties                  Hashbrowns                  Mandarin Oranges</p>	<p><b>9</b>  <b>BBQ Pulled pork Sandwich</b>  <b>OR: Pea protein burger</b>                  WITH:                  Bakery Fresh Bun                  House Made BBQ Sauce                  Green Beans                  Peaches                  Sun Chips</p>	<p><b>10</b>  <b>Butter Noodles</b>                  WITH:                  Sliced Chicken Breast                  Garlic Breadstick                  Steamed Peas                  Banana                  Strawberry Sheet Cake</p>
<p><b>13</b>  <b>Grilled Cheese</b>                  WITH:                  Tater tots                  Green Beans                  Red Seedless Grapes</p>	<p><b>14</b>  <b>Honey Glazed Meatballs</b>  <b>Or: vegetarian Meat Balls</b>                  with:                  Gravy                  Cheesy Mashed potatoes                  Mixed Vegetables                  Orange Wedges</p>	<p><b>15</b>  <b>Orange Chicken</b>  <b>or: Orange Battered Vegetable Bites</b>                  with:                  Jasmine Rice                  Green Beans                  Fresh Apple Wedges</p>	<p><b>16</b>  <b>Sloppy Joe Sandwich</b>  <b>Or: Pea Protein Burger</b>                  WITH:                  Bakery Fresh Bun                  Steamed Carrots                  Apple Slices                  Mac &amp; Cheese</p>	<p><b>17</b>  <b>Pizza Day!</b>  <b>Pepperoni Pizza</b>  <b>Cheese Pizza</b>                  WITH:                  Roasted Broccoli                  Pears                  Cherry Topped Pudding Cup</p>
	<p><b>21</b>  <b>Nachos</b>                  with:  <b>Corn Tortilla Chips</b>  <b>Nacho Cheese Sauce</b>  <b>Sour Cream</b>                  Taco Meat                  Refried Beans                  Rice                  Pineapple</p>	<p><b>22</b>  <b>Teriyaki Chicken and Rice</b>  <b>or: vegetable Stir Fry</b>                  with:                  Honey Soy Vegetables                  Vegetable Egg Rolls                  Mixed Fruit</p>	<p><b>23</b>  <b>Turkey and Cheese or Wow Butter and Jelly</b>                  WITH:                  Whole Fruit                  Broccoli with Ranch                  Mandarin Oranges                  Baked Potato Chips</p>	<p><b>24</b>  <b>Spaghetti</b>                  WITH:                  Garlic Breadsticks                  Steamed Peas                  Apple Sause                  Hello Dollies With out nuts</p>
<p><b>27</b>  <b>Chicken Biscuit</b>  <b>OR: Chicken sub on Biscuit</b>                  With                  Sweet Potato Soufflé                  Steamed Broccoli                  Cantaloupe</p>	<p><b>28</b>  <b>Mini Corn Dogs</b>  <b>Vegetarian Corn Dog</b>                  WITH:                  Tater tots                  Mixed Vegetables                  Banana</p>	<p><b>29</b>  <b>Cheese Quesadilla</b>                  with:                  Sour Cream                  Mexicali Rice                  Steamed Corn                  Mixed Fruit</p>	<p><b>30</b>  <b>Ham &amp; Cheese Roll-ups</b>  <b>Cheese Roll Up</b>                  WITH:                  Variety Chips                  Sliced Apple                  Sliced Cherry Tomato</p>	<p><b>31 National Hot Chocolate Day</b>  <b>Cheese Pizza</b>                  WITH:                  Diced Carrots                  Fresh Whole Fruit                  Peaches                  Hot Chocolate Cupcake</p>

Milk and Water Served with Lunch

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

We are committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial

Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

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<p>6 Chicken Tenders <b>W</b> Vegetarian Nuggets <b>W,S</b> Honey Mustard <b>E</b> Roasted Herb Potatoes <b>None</b> Grapes <b>None</b></p>	<p>7 Hot Dog <b>None</b> Bakery Fresh Bun <b>W,M</b> Baked Beans <b>None</b> Carrot Sticks <b>None</b> Sliced Strawberries <b>None</b></p>	<p>8 Whole Grain French Toast Sticks <b>W,E,M,S</b> Syrup <b>None</b> Pork Sausage Patties <b>None</b> Hashbrowns <b>None</b> Mandarin Oranges <b>None</b></p>	<p>9 BBQ Pork Sandwich <b>None</b> Pea Protein Burger <b>Vegan</b> Bakery Fresh Bun <b>W,M</b> House Made BBQ Sauce <b>None</b> Green Beans <b>None</b> Peaches <b>None</b> Variety Chips <b>W,M,S</b></p>	<p>10 Noodles <b>M</b> Sliced Chicken Breast <b>None</b> Garlic Breadstick <b>W,M</b> Honey carrots <b>None</b> Banana <b>None</b> Strawberry Cake <b>M,E,W</b></p>
<p>13 Grilled Cheese <b>W,M</b> Tater tots <b>w</b> Green Beans <b>None</b> Red Seedless Grapes <b>None</b></p>	<p>14 Meatballs <b>W,E</b> Vegan Meat Balls <b>None</b> Gravy <b>None</b> Mashed Potatoes <b>M</b> Mixed Vegetables <b>None</b> Orange Wedges <b>None</b></p>	<p>15 Orange Chicken <b>W,S</b> Vegetable Bites <b>None</b> Jasmine Rice <b>None</b> Green Beans <b>None</b> Fresh Apple Wedges <b>None</b></p>	<p>16 Sloppy Joe Sandwich <b>None</b> Pea Protein Burger <b>None</b> Bakery Fresh Bun <b>W,M</b> Steamed Carrots <b>None</b> Apple Slices <b>None</b> Sun Chips <b>W,M,S</b></p>	<p>17 Cheese Pizza <b>W,M</b> Roasted Broccoli <b>None</b> Pears <b>None</b> Pudding Cup <b>M,W</b></p>
	<p>21 Corn Tortilla Chips <b>None</b> Nacho Cheese Sauce <b>M</b> Sour Cream <b>M</b> Taco Meat <b>None</b> Refried Beans <b>None</b> Rice <b>None</b> Pineapple <b>None</b></p>	<p>22 Teriyaki Chicken <b>S</b> Rice <b>None</b> Vegetable Stir Fry <b>S</b> Honey Soy vegetable' <b>S</b> Vegetable Egg Rolls <b>W,M,E</b> Mixed Fruit <b>NONE</b></p>	<p>23 Turkey and Cheese <b>W,M</b> Wow Butter and Jelly <b>W</b> Whole fruit <b>None</b> Broccoli <b>None</b> Ranch <b>M,E</b> Mandarin Oranges <b>None</b> Baked Potato Chips <b>None</b></p>	<p>24 Spaghetti <b>W,M,E</b> Garlic Breadsticks <b>W,M</b> Steamed Peas <b>None</b> Apple Sauce <b>None</b> Hello Dollie <b>M,E</b></p>
<p>27 Chicken Biscuit <b>M</b> Chicken sub on Biscuit <b>M,W,E</b> Sweet Potato Soufflé <b>M</b> Steamed Broccoli <b>None</b> Cantaloupe <b>None</b></p>	<p>28 Mini Corn Dogs <b>W,M</b> Tater Tots <b>W</b> Sun Chips <b>W,M,S</b> Broccoli <b>None</b> Mixed Fruit <b>None</b></p>	<p>29 Cheese Quesadilla <b>W,M</b> Sour cream <b>M</b> Mexicali Rice <b>None</b> Steamed Corn <b>M</b> Mixed Fruit <b>None</b></p>	<p>30 Ham Cheese Roll-ups <b>W,M</b> Cheese Roll Up <b>W</b> Sliced apple <b>None</b> Sliced Cherry Tomato <b>None</b></p>	<p>31 Cheese Pizza <b>W,M</b> Diced Carrots <b>None</b> Fresh Whole Fruit <b>None</b> Hot Chocolate Cupcake <b>W,E</b></p>

**ALLERGEN KEY:**

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program