Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Tenders OR: Vegetarian Chicken Nuggets

WITH: House-Made **Honey Mustard** Roasted Herb Potatoes Grapes

Hot Dog Or Vegetarian Hotdog

WITH: Bakery Fresh Bun Baked Beans **Carrot Sticks** Honey Dew

French Toast Sticks

WITH:

Pork Sausage Patties Hashbrowns **Mandarin Oranges**

9Soup Combo Da BBQ Pulled pork Sand-

wich **OR:** Pea protein burger WITH:

Bakery Fresh Bun House Made BBQ Sauce **Green Beans Peaches**

Chicken Pesto fettuccini Or Vegetable Florentine

Advantage

Bakery Fresh Dinner Roll Honey Balsamic **Brussel Sprouts** Strawberry Sheet Cake

13 Three-Cheese **Grilled Cheese**

WITH: Roasted potatoes Green Beans **Red Seedless Grapes** Meatloaf

Or: vegetarian Meat Balls with:

Gravy Mashed potatoes Mixed Vegetables **Orange Wedges**

Orange Chicken

or: Orange Battered Vegetable Bites

Jasmine Rice **Green Beans** Fresh Apple Wedges 16Soup Combo Day

Sloppy Joe Sandwich OR: Fried Green Tomato Sandwich

WITH: White Chicken Chili Bakery Fresh Bun Fresh Whole Fruit Variety Chips

Pizza Day! Pepperoni Pizza **Cheese Pizza**

WITH:

Roasted Broccoli Fresh Whole Fruit Cherry topped Pudding Cup



Nachos with:

Corn Tortilla Chips **Nacho Cheese Sauce**

Taco Meat Refried Beans Rice Pineapple

Teriyaki Chicken and Rice or: vegetable Sir Fri

with: Honey soy vegetables Vegetable Egg Rolls Mixed Fruit

23Soup Combo Day Meat ball sub

OR: Vegetarian Meatball

with: Mozzarella cheese Minestrone Soup Mixed fruit Broccoli

Cheesy Italian Lasagna

WITH:

Garlic Breadsticks Steamed Peas Fresh Whole Fruit **Brownies**

Hello Dollies With out nuts

27 Ham steak or **Eggplant Steak** with Cheese Sauce Sweet Potato Soufflé Steamed Broccoli Cantaloupe

28

Baked Potato Bar

WITH: **Bacon Bits** Chili Cheese Sauce Sour Cream Whipped Butter **Green Onion Honey Carrots** Banana

Chicken Quesadilla

or: Cheese Quesadilla with: Sour Cream Mexicali Rice Street Corn Mixed Fruit

Soup Combo Day

Italian Sub **OR: Vegetarian Sub**

WITH:

Tomato Basil Soup Sliced Red Onion

Sliced Tomato Variety Chips

31National Hot Chocolate

Pepperoni Pizza Cheese Pizza

WITH:

Diced Carrots Fresh Whole Fruit Peaches

Hot Chocolate Cupcake

Milk and Water Served with Lunch

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

Daily Options:

Variety Of Deli **Sandwiches**

Lettuce Eat! Salad Bar

Balanced Bite Hot Bar

We are committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

Monday

Tuesday

Wednesday

Thursday

Friday



6

Chicken Tenders W Vegetarian Nuggets W,S Honey Mustard E Roasted Herb Potatoes None Grapes None 7
Hot Dog None
Vegetarian Hot Dog
W,E,M,S
Chili None
Cheese M
Mixed Fruit None
Variety Chips W,M,

Whole Grain
French Toast Sticks
W,E,M,S
Syrup None
Pork Sausage Patties
None
Hashbrowns None
Mandarin Oranges None

9
BBQ Pork Sandwich None
Pea Protein Burger Vegan
Creamy Corn Chowder M
Bakery Fresh Bun W,M
House Made BBQ Sauce
None
Fresh Whole Fruit None

Spinach Pesto Pasta W,M Garlic Breadstick W,M Vegetable Medley None Bakery Fresh Dinner Roll W

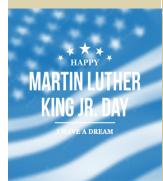
Advantage

Honey Balsamic Brussel Sprouts **None** Strawberry Cake **M,E.W**

13 Grilled Cheese W,M Roasted Potatoes **None** Green Beans **None** Red Seedless Grapes **None** 14
Meatloaf W,E
Vegetarian Meat Balls
GF, Vegan
Gravy None
Mashed potatoes M
Mixed Vegetables None
Orange Wedges None

15 Orange Chicken W,S Vegetable Bites None Jasmine Rice None Green Beans None Fresh Apple Wedges None 16
Sloppy Joe Sandwich None
Fried Green Tomato
Sandwich W,E
Bakery Fresh Bun W,M
White Chicken Chili M
Fresh Whole Fruit None
Variety Chips W,M,S

Pepperoni Pizza W,M Cheese Pizza W,M Roasted Broccoli None Fresh Whole Fruit None Cherry topped Pudding Cup W,M



21
Corn Tortilla Chips None
Nacho Cheese Sauce M
Taco Meat None
Refried beans None
Rice None
Lettuce Tomato Salsa Pineapple None

Teriyaki Chicken S
Rice None
vegetable Stir Fry S
Honey Soy Vegetables s
Vegetable Egg Rolls
W,M,E
Mixed Fruit NONE

23
Meat ball sub W
OR: Vegetarian Meatball
Sub
WITH: Mozzarella cheese
m
Minestrone None

Mixed fruit None

Broccoli None

Cheesy Italian Lasagna W,M,E
Garlic Breadsticks W,M
Steamed Peas None
Fresh Whole Fruit None
Hello Dollie M,E

27
Ham steak **None**Eggplant Steak **None**with cheese sauce **M**Sweet potato soufflé **M**Steamed Broccoli **None**Cantaloupe **None**

Baked Potato None
Bacon Bits None
Chili None
Cheese Sauce M
Sour Cream M
Whipped Butter M
Green Onion None
Banana
None

29
Chicken Quesadilla W,M
Cheese Quesadilla W,M
Salsa Verde None
Sour Cream M
Refried Beans None
Street Corn M
Fresh Whole Fruit None

30 Italian Sub W,M Vegetarian Sub W,M Tomato Basil Soup None Sliced Red Onion None Sliced Tomato None Variety Chips W,M,S 31 Pepperoni Pizza W,M Cheese Pizza W,M Diced Carrots None Fresh Whole Fruit None Hot Chocolate Cupcake W,E

ALLERGEN KEY:

Soy = S

Wheat = W

Egg = E

Milk = M

Fish = F

This list is comprised of the most common allergens we chart, including eggs, soy, fish, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program