January 2025	Wieuca Day School			Breakfast & Snack
Monday	Tuesday	Wednesday	Thursday	Friday
Chef Advantage	9	Happy New Year!	2	3
6 AM Snack: * Cereal PM Snack: * Cheez-it	7 AM Snack: Cinnamon Bread PM Snack: * Crackers Apple Wedges	8 AM Snack: Whole Wheat Biscuit with Jelly PM Snack: * Cheddar Chex Mix	9 AM Snack: * Cereal PM Snack: * Crackers Fresh Fruit	10 AM Snack: Banana Bread PM Snack: * Bug Bites
13 AM Snack: * Cereal PM Snack: * Mott's Apple Streusel	14 AM Snack: Pear Bar PM Snack: * Crackers Diced Honeydew	15 AM Snack: Fresh Baked Cinnamon Roll PM Snack: * Cheese and Crackers	16 AM Snack: * Cereal PM Snack: * Crackers Fruit Cup	17 AM Snack: Mini Bagel with Cream Cheese PM Snack: * Pretzels
No School	21 AM Snack: Cinnamon Bread PM Snack: * Crackers Apple Wedges	AM Snack: Whole Wheat Biscuit with Jelly PM Snack: * Goldfish	23 AM Snack: * Cereal PM Snack: * Crackers Fresh Fruit	24 AM Snack: Banana Bread PM Snack: * Pirate's Booty
27 Am Snack: * Cereal PM Snack: * Doritos	28 Am Snack: Pear Bar PM Snack: * Crackers Diced Honeydew	29 Am Snack: English Muffin with Jelly PM Snack: * Teddy Grahams	30 Am Snack: * Cereal PM Snack: * Crackers Fruit Cup	31 Am Snack: Mini Bagel with Cream Cheese PM Snack: * Veggie Straws

Whole Milk is Served to Children
Under Two Years Of Age.
Low Fat (1%) Milk is Served to
Children

Two Years of Age and Older

We are committed to Healthy, Nutritious & Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.

770-421-9550 www.ChefAdvantage.com Milk is Served with Morning
Snack and Lunch Daily
Juice is Served with Afternoon Snack
when Fresh Fruit is not Available
Water is Served Throughout the Day
A Variety of Crackers are Served
* = Meals Served by Wieuca Day School

January 2025	W	B&S Allergen List		
Monday	Tuesday	Wednesday	Thursday	Friday
ChefAdvantage)	Happy New Year!	2 AM Snack: * PM Snack: * Fruit Cup None	AM Snack: Mini Bagel Wheat Cream Cheese Milk * PM Snack: *
6 AM Snack: PM Snack:	7 AM Snack: Cinnamon Bread Soy, Wheat, Milk, Eggs * PM Snack: * Apple None	8 AM Snack: Biscuit Soy, Wheat, Milk Jelly None * PM Snack: *	9 AM Snack: * PM Snack: * Fruit None	10 AM Snack: Banana Bread Wheat, Milk, Egg, Soy * PM Snack:
13 AM Snack: PM Snack:	14 AM Snack: Pear Bar Soy, Wheat, Milk, Egg * PM Snack: * Honeydew None	15 AM Snack: Baked Cinnamon Roil Wheat, Egg * PM Snack:	16 AM Snack: * PM Snack: * Fruit Cup None	AM Snack: Mini Bagel Wheat Cream Cheese Milk * PM Snack: *
20 AM Snack: PM Snack:	21 AM Snack: Cinnamon Bread Soy, Wheat, Milk, Eggs * PM Snack: * Apple None	AM Snack: Biscuit Soy, Wheat, Milk Jelly None PM Snack:	23 AM Snack: * PM Snack: * Fruit None	24 AM Snack: Banana Bread Wheat, Milk, Egg, Soy * PM Snack:
27 AM Snack: PM Snack:	28 AM Snack: Pear Bar Soy, Wheat, Milk, Egg * PM Snack: Nutri grain Bar Wheat, Soy Honeydew None	29 AM Snack: English Muffin Wheat, Soy * PM Snack:	30 AM Snack: ** PM Snack: ** Fruit Cup None	AM Snack: Mini Bagel Cream Cheese * PM Snack: *

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