<b>3</b> /			~	$^{\circ}$	25
	[arc]	n		U	レン

## **Riverstone Montessori Academy**

Gluten-Friendly

Monday

Tuesday

Wednesday

Thursday

Friday

3 Chicken Alfredo Pasta

WITH:
Green Beans
Baby Carrots
W/ Ranch Dressing
Cinnamon Applesauce

4 All American Hamburger WITH:
Baked Beans

Baked Beans
Romaine Salad
w/ Ceasar Dressing
Diced Peaches

5 Cheese Pizza WITH:

Marinara Sauce Steamed Peas Diced Pineapples Breakfast for Lunch!
Gluten Friendly Waffles
WITH:

Turkey Sausage Breakfast Potatoes Oranges Wedges Diced Pears Pizza Fridays! Hand Tossed Cheese Pizza

WITH:
Garden Salad
W/ Ranch Dressing
Rainbow Fruit Salad

10 National Ranch Day! Cheesy Ziti Pasta

Steamed Corn
Celery Sticks

w/ Ranch Dressing
Diced Peaches

11 Macho Beef Nachos WITH:

Salsa & Tortilla Chips Pinto Beans Fuji Apple 12 Korean Beef and Rice WITH:

Mixed Vegetables
Baby Carrots
w/ Ranch Dressing
Diced Watermelon

13 Creamy Parmesan Chicken and Rice WITH:

Steamed Peas
Romaine Salad
w/ Ranch Dressing
Diced Pears

14 Chicken Nuggets WITH:

Garden Salad
w/ Ceasar Dressing
Tropical Fruit

Cheeseburger Mac WITH:

Steamed Peas Celery Sticks w/ Ranch Dressing Diced Pears 18 National Corn Dog Day! Chicken Corn Dog

WITH:
Steamed Carrots
Romaine Salad
w/ Italian Dressing
Fresh Red Grapes

19
Grilled Chicken
Sandwich
WITH:
Steamed Corn
Celery Sticks
W/ Ranch Dressing

Fresh Strawberries

20 Fiesta Chicken Taco on a Soft Tortilla WITH: Salsa & Tortilla Chine

WITH: Salsa & Tortilla Chips Black Beans Apple Wedges 21 Pizza Fridays! Hand Tossed Cheese Pizza

WITH:
Garden Salad
W/ Ranch Dressing
Mixed Up Fruit Cup

(

Beefy Taco Pasta WITH: Steamed Corn Carrot Sticks w/ Ranch Dressing PC Fuji Apple

24

25 Chef-fil-a Breaded Chicken Sandwich WITH:

Baked Beans
Romaine Salad
w/ Ceasar Dressing
Fresh Orange Wedges

26 Turkey Hot Dog WITH:

Maple Butternut Squash
Celery Sticks
w/ Ranch Dressing
Diced Pears

Popcorn Chicken WITH:
Dill Pickles

WITH: Dill Pickles Potato Smiles Diced Peaches 28 All American Hamburger

WITH:
Garden Salad
W/ Ceasar Dressing
Verry Berry Fruit Salad

31 Macaroni And Cheese WITH:

Mixed Vegetables Steamed Carrots Diced Pears



ChefAdvantage is committed to Healthy,
Nutritious and Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats, Artificial
Sweeteners, or MSG are used in our recipes.

770-421-9550 www.ChefAdvantage.com

This institution is an equal opportunity provider.

Place Your Order Online at:

https://ChefAdvantage.Boonli.com

**V= Vegetarian Entrée Options** 

March 2025	ChefAdvantage			G-F Allergen List
Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Alfredo Green Beans Carrots Ranch Applesauce  Milk, Soy None None Rone None Rone	4 Hamburger Bun Cheese Soy, Milk Baked Beans Salad None Ceasar Fish, Egg, Milk Peaches None	5 Cheese Pizza Dippers Milk, Soy Marinara Sauce None Steamed Peas Pineapples None	6 Turkey Sausage Waffles Soy orange None Potatoes Soy None	7 Pizza  Milk, Soy Salad Ranch Fruit Salad  None  Rone
10 Cheesy Ziti Milk, Corn None Celery None Ranch Egg, Milk Peaches None	11 Macho Beef Nachos Milk Salsa Chips None Pinto Beans Apple None	12 Korean Beef and Rice Soy Vegetable Medley None Carrots None Ranch Egg, Milk Watermelon None	13 Parmesan Chicken and Rice  Milk, Soy Peas None Salad None Ranch Egg, Milk Pears None	
Cheeseburger Mac  Milk Celery None Ranch Egg, Milk Peas None Pears None	18 Chicken Corn Dog Soy, Milk, Egg Salad Italian Carrots Grapes None None None	19 Grilled Chicken Bun Celery Ranch Corn Strawberries None None None None None	Salsa None	Ranch Egg, Milk
24 Beefy Taco Pasta  Milk Corn None Carrot Sticks None Ranch Egg, Milk	Chicken Sandwich Salad None Ceasar Fish, Egg, Milk Baked Beans None Orange Wedges None	26 Hot Dog Soy Butternut squash Celery None Ranch Egg, Milk Pears None	27 Popcorn Chicken Soy Dill Pickles Potato Smiles Peches None None	28 Hamburger Bun Cheese Soy, Milk Salad None Ceasar Fish, Egg, Milk Fruit Salad None
31 Mac & Cheese  Milk Vegetables Carrots Pears  None None			Che	- EfAdvantage

## \*\*All Pasta Products are Processed in a Facility that Uses Egg\*\*

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

This institution is an equal opportunity provider