

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Alfredo Pasta OR: Creamy Alfredo Pasta WITH: Green Beans Baby Carrots w/ Ranch Dressing Cinnamon Applesauce</p>	<p>4 All American Hamburger OR: Gardenburger WITH: Baked Beans Romaine Salad w/ Caesar Dressing Diced Peaches</p>	<p>5 Cheese Pizza Dippers WITH: Marinara Sauce Steamed Peas Diced Pineapples</p>	<p>6 Breakfast for Lunch! Whole Grain French Toast Sticks OR: Vegetarian Sausage WITH: Turkey Sausage Breakfast Potatoes Orange Wedges Diced Pears</p>	<p>7 Pizza Fridays! Hand Tossed Cheese Pizza WITH: Garden Salad w/ Ranch Dressing Rainbow Fruit Salad</p>
<p>10 National Ranch Day! Cheesy Ziti Pasta WITH: Steamed Corn Celery Sticks w/ Ranch Dressing Diced Peaches</p> 	<p>11 Macho Beef Nachos OR: Bean & Cheese Nachos WITH: Salsa & Tortilla Chips Pinto Beans Fuji Apple</p>	<p>12 Korean Beef and Rice OR: Korean Garden burger Crumbles & Rice WITH: Mixed Vegetables Baby Carrots w/ Ranch Dressing Diced Watermelon</p>	<p>13 Creamy Parmesan Chicken and Rice OR: Creamy Parmesan Tofu and Rice WITH: Steamed Peas Romaine Salad w/ Ranch Dressing Diced Pears</p>	<p>14 Chicken Nuggets OR: Vegetarian Nuggets WITH: Garden Salad w/ Caesar Dressing Tropical Fruit</p>
<p>17 Cheeseburger Mac OR: Vegetarian Cheeseburger Mac WITH: Steamed Peas Celery Sticks w/ Ranch Dressing Diced Pears</p>	<p>18 National Corn Dog Day! Chicken Corn Dog OR: Vegetarian Nuggets WITH: Steamed Carrots Romaine Salad w/ Italian Dressing Fresh Red Grapes</p> 	<p>19 Grilled Chicken Sandwich OR: Blackbean Burger WITH: Steamed Corn Celery Sticks w/ Ranch Dressing Diced Peaches</p>	<p>20 Fiesta Chicken Taco on a Soft Tortilla OR: Bean & Cheese Burrito WITH: Salsa & Tortilla Chips Black Beans Apple Wedges</p>	<p>21 Pizza Fridays! Hand Tossed Cheese Pizza WITH: Garden Salad w/ Ranch Dressing Mixed Up Fruit Cup</p>
<p>24 Beefy Taco Pasta OR: Taco Pasta WITH: Steamed Corn Carrot Sticks w/ Ranch Dressing PC Fuji Apple</p> 	<p>25 Chef-fil-a Breaded Chicken Sandwich OR: Gardenburger WITH: Baked Beans Romaine Salad w/ Caesar Dressing Fresh Orange Wedges</p>	<p>26 Turkey Hot Dog OR: Meatless Meatball Sub WITH: Maple Butternut Squash Celery Sticks w/ Ranch Dressing Diced Pears</p>	<p>27 Popcorn Chicken OR: Vegetarian Nuggets WITH: Dill Pickles Potato Smiles Diced Peaches</p>	<p>28 All American Hamburger OR: Gardenburger WITH: Garden Salad w/ Caesar Dressing Verry Berry Fruit Salad</p>
<p>31 Macaroni And Cheese WITH: Mixed Vegetables Steamed Carrots Diced Pears</p>				

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550
www.ChefAdvantage.com

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Place Your Order Online at:

<https://ChefAdvantage.Boonli.com>

V= Vegetarian Entrée Options

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Salad Meal: - Diced Turkey and Cheese Cracker Plate - Tuna Pasta Salad Plate with Crackers Sandwich Meal: - Grilled Vegetable Wrap - Southwest Wrap - Dairy Free Turkey Sandwich</p>	<p>4 Salad Meal: - Breaded Chicken Salad - Chicken Salad Plate Sandwich Meal: - Grilled Vegetable Wrap - Build your own Pita Pizza - Dairy Free Turkey Sandwich</p>	<p>5 Salad Meal: - Chicken Caesar Salad - Fiesta Chicken Taco Salad Sandwich Meal: - Grilled Vegetable Wrap - Turkey Bologna and Cheddar Cheese on a Wheat Bun - Dairy Free Turkey Sandwich</p>	<p>6 Salad Meal: - Chef Salad with Sliced Turkey - Fresh Fruit and Yogurt Plate with Granola Sandwich Meal: - Grilled Vegetable Wrap - Crispy Chicken Wrap - Dairy Free Turkey Sandwich</p>	<p>7 Salad Meal: - Chicken Salad Plate - Vegetarian Cobb Salad Sandwich Meal: - Grilled Vegetable Wrap - Chicken Salad Sandwich - Dairy Free Turkey Sandwich</p>
<p>10 Salad Meal: - Pasta Salad Plate with Crackers - Diced Turkey and Cheese Cracker Plate Sandwich Meal: - Buffalo Chicken Wrap - Grilled Chicken Breast on a Wheat Bun - Dairy Free Turkey Ham Sandwich</p>	<p>11 Salad Meal: - Grilled Chicken Salad over Fresh Spinach with Mandarin Oranges - Breaded Chicken Salad Sandwich Meal: - Grilled Chicken Breast on a Wheat Bun - Two Cheese Sandwich - Dairy Free Turkey Ham Sandwich</p>	<p>12 Salad Meal: - Build Your Own Nacho Plate - Fresh Fruit and Yogurt Plate with Granola Sandwich Meal: - Turkey & Cheese Croissant - Grilled Chicken Breast on a Wheat Bun - Dairy Free Turkey Ham Sandwich</p>	<p>13 Salad Meal: - Breaded Chicken Salad - Tuna Salad Plate with Pita Points Sandwich Meal: - Soybuter & Jelly on Wheat Bread - Grilled Chicken Breast on a Wheat Bun - Dairy Free Turkey Ham Sandwich</p>	<p>14 Salad Meal: - Fiesta Chicken Taco Salad - Chicken Salad Plate Sandwich Meal: - Southwest Wrap - Grilled Chicken Breast on a Wheat Bun - Dairy Free Turkey Ham Sandwich</p>
<p>17 Salad Meal: - Fresh Fruit and Yogurt Plate with Granola - Diced Turkey and Cheese Cracker Plate Sandwich Meal: - Crispy Chicken Wrap - Turkey and Cheese Croissant - Dairy Free Turkey Sandwich</p>	<p>18 Salad Meal: - Chicken Salad Plate - Vegetarian Cobb Salad Sandwich Meal: - Grilled Chicken Breast on Wheat - Turkey and Cheese Croissant - Dairy Free Turkey Sandwich</p>	<p>19 Salad Meal: - Chicken Caesar Salad - Black Bean & Corn Salad with Tortilla Chips Sandwich Meal: - Build your own Pita Pizza - Turkey & Cheese Croissant - Dairy Free Turkey Sandwich</p>	<p>20 Salad Meal: - Diced Turkey and Cheese Cracker Plate - Fiesta Chicken Taco Salad Sandwich Meal: - Grilled Vegetable Wrap - Turkey and Cheese Croissant - Dairy Free Turkey Sandwich</p>	<p>21 Salad Meal: - Fiesta Chicken Taco Salad - Build your Own Nacho Plate Sandwich Meal: - Two Cheese Sandwich - Turkey and Cheese Croissant - Dairy Free Turkey Sandwich</p>
<p>24 Salad Meal: - Diced Turkey and Cheese Cracker Plate - Pasta Salad Plate with Crackers Sandwich Meal: - Two Cheese Sandwich - Crispy Chicken Wrap - Dairy Free Turkey Ham Sandwich</p>	<p>25 Salad Meal: - Fiesta Chicken Taco Salad - Diced Turkey and Cheese Cracker Plate Sandwich Meal: - Crispy Chicken Wrap - Grilled Chicken Breast on a Wheat Bun - Dairy Free Turkey Ham Sandwich</p>	<p>26 National Spinach Day! Salad Meal: - Grilled Chicken Salad over Fresh Spinach with Mandarin Oranges - Pasta Salad Plate with Crackers Sandwich Meal: - Crispy Chicken Wrap - Build your own Pita Pizza - Dairy Free Turkey Ham Sandwich</p>	<p>27 Salad Meal: - Breaded Chicken Salad - Black Bean & Corn Salad with Tortilla Chips Sandwich Meal: - Southwest Wrap - Crispy Chicken Wrap - Dairy Free Turkey Ham Sandwich</p>	<p>28 Salad Meal: - Chef Salad with Sliced Turkey - Build Your Own Nacho Plate Sandwich Meal: - Crispy Chicken Wrap - Grilled Vegetable Wrap - Dairy Free Turkey Ham Sandwich</p>
<p>31 Salad Meal: - Pasta Salad Plate with Crackers - Tuna Pasta Salad Plate with Crackers Sandwich Meal: - Grilled Chicken Breast on Wheat - Two Cheese Sandwich - Dairy Free Turkey Sandwich</p>				

ChefAdvantage

SANDWICH & SALAD MEALS
Includes Two Vegetable Sides and Fruit of the Day

V = Vegetarian Entrée

Weekly Vegetable Sides:

- Monday:** Baby Carrots with Hummus
- Tuesday:** Southern Style Potato Salad and Cucumber Salad
- Wednesday:** Celery Sticks with Ranch Dip & Kale Salad with Poppy Seed Dressing
- Thursday:** Three Bean Salad and Baby Carrots with Ranch Dip
- Friday:** Southern Style Potato Salad and Kale Salad with Poppy Seed Dressing

Fruit of the Day is Served with Every Meal

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Alfredo Wheat, Milk, Soy Green Beans None Carrots None Ranch Egg, Milk Applesauce None Alfredo Pasta Milk, Wheat</p>	<p>4 Hamburger Soy Bun Wheat Cheese Soy, Milk Baked Beans None Salad None Ceasar Fish, Egg, Milk Peaches None Gardenburger Soy, Wheat, Milk</p>	<p>5 Cheese Pizza Dippers Wheat, Egg, Soy, Milk Marinara Sauce None Steamed Peas None Pineapples None</p>	<p>6 Turkey Sausage None French Toast Sticks Egg, Milk, Soy, Wheat Potatoes Soy Orange None Pears None Vegetarian Sausage Wheat, Egg, Soy, Milk</p>	<p>7 Pizza Milk, Wheat, Soy Salad None Ranch Egg, Milk Fruit Salad None</p>
<p>10 Cheesy Ziti Milk, Wheat Corn None Celery None Ranch Egg, Milk Peaches None</p>	<p>11 Macho Beef Nachos Milk Salsa None Chips None Pinto Beans None Apple None Bean & Cheese Nachos Soy, Wheat, Milk</p>	<p>12 Korean Beef & Rice Soy Vegetable Medley None Carrots None Ranch Egg, Milk Watermelon None Korean Garden burger Crumbles & Rice Soy, Milk, Wheat</p>	<p>13 Chicken and Rice Milk, Soy Peas None Salad None Ranch Egg, Milk Pears None Parmesan Rice Soy, Milk</p>	<p>14 Chicken Nuggets Milk, Soy Salad None Ceasar Fish, Egg, Milk Fruit Salad None Vegetarian Nuggets Wheat, Soy, Eggs</p>
<p>17 Cheeseburger Mac Wheat, Milk Celery None Ranch Egg, Milk Peas None Pears None Vegetarian Cheeseburger Mac Wheat, Soy, Milk</p>	<p>18 Chicken Corn Dog Soy, Wheat, Milk, Egg Salad None Italian None Carrots None Grapes None Vegetarian Nuggets Wheat, Soy, Eggs</p>	<p>19 Grilled Chicken None Bun Wheat Celery None Ranch Egg, Milk Corn None Peaches None Black Bean Burger Soy, Wheat</p>	<p>20 Chicken Taco Wheat, Milk Salsa None Tortilla Chips None Black Beans None Apple Wedges None Bean & Cheese Burrito Soy, Wheat, Milk</p>	<p>21 Pizza Milk, Wheat, Soy Salad None Ranch Egg, Milk Fruit Salad None</p>
<p>24 Beefy Taco Pasta Wheat, Milk Corn None Carrot Sticks None Ranch Egg, Milk Taco Pasta Wheat, Milk</p>	<p>25 Chicken Sandwich Soy, Wheat Salad None Ceasar Fish, Egg, Milk Baked Beans None Orange Wedges None Gardenburger Soy, Wheat, Milk</p>	<p>26 Hot Dog Soy, Wheat Butternut squash None Celery None Ranch Egg, Milk Pears None Meatless Meatball Sub Wheat, Egg, Milk</p>	<p>27 Popcorn Chicken Soy, Wheat Dill Pickles None Potato Smiles None Peaches None Vegetarian Nuggets Wheat, Soy, Eggs</p>	<p>28 Hamburger Soy Bun Wheat Cheese Soy, Milk Salad None Ceasar Fish, Egg, Milk Fruit Salad None</p>
<p>31 Mac & Cheese Wheat, Milk Vegetables None Carrots None Pears None</p>				



****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including **eggs, soy product, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Salad Meal: Turkey & Cheese W, M Tuna Salad Plate E, W, F Sandwich Meal: Southwest Wrap W, E, M, S Vegetable Wrap S, W, M DF Sandwich W Baby Carrots None Hummus None Fruit None</p>	<p>4 Salad Meal: Chicken Salad W, E, M, S Chicken Salad P W, E, M Sandwich Meal: Vegetable Wrap S, W, M Pita Pizza W, M DF Sandwich W Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>5 Salad Meal: Caesar Salad F, M, E, W Taco Salad S, W, E, M Sandwich Meal: Turkey Bologna E, W, M Vegetable Wrap S, W, M DF Sandwich W Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>6 Salad Meal: Chef Salad W, E, M, S Yogurt Plate S, W, M, E Sandwich Meal: Chicken Wrap S, W, M, E Vegetable Wrap S, W, M DF Sandwich W Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>7 Salad Meal: Chicken Salad P W, E, M Cobb Salad S, E, W, M Sandwich Meal: -Chicken Salad Sandwich Vegetable Wrap S, W, M DF Sandwich W Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>
<p>10 Salad Meal: Pasta Salad Plate W, M Turkey & Cheese W, M Sandwich Meal: Buffalo Wrap S, W, M, E Grilled Chicken S, W, M, E DF Sandwich W Baby Carrots None Hummus None Fruit None</p>	<p>11 Salad Meal: Chicken Salad W, E, M, S Chicken Salad W, E, M, S Sandwich Meal: Grilled Chicken S, W, M, E Two Cheese W, M DF Sandwich W Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>12 Salad Meal: Nacho Plate S, W, M, E Yogurt Plate S, W, M, E Sandwich Meal: Croissant S, W, M, E Grilled Chicken S, W, M, E DF Sandwich W Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>13 Salad Meal: Chicken Salad W, E, M, S Tuna Salad Plate E, W, F Sandwich Meal: Soybutter & Jelly S, W, M Grilled Chicken S, W, M, E DF Sandwich W Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>14 Salad Meal: Taco Salad S, W, E, M Chicken Salad P S, W, E, M Sandwich Meal: Southwest Wrap W, E, M, S Grilled Chicken S, W, M, E DF Sandwich W Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>
<p>17 Salad Meal: Pasta Salad Plate W, M Turkey & Cheese W, M Sandwich Meal: Chicken Wrap S, W, M, E Croissant S, W, M, E DF Sandwich W Baby Carrots None Hummus None Fruit None</p>	<p>18 Salad Meal: Chicken Salad P W, E, M Cobb Salad S, E, W, M Sandwich Meal: Grilled Chicken S, W, M, E Croissant S, W, M, E DF Sandwich W Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>19 Salad Meal: Caesar Salad F, M, E, W Black Bean Plate W, E, M Sandwich Meal: Pita Pizza W, M Croissant S, W, M, E DF Sandwich W Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>20 Salad Meal: Turkey & Cheese W, M Taco Salad S, W, E, M Sandwich Meal: Vegetable Wrap S, W, M Croissant S, W, M, E DF Sandwich W Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>21 Salad Meal: Taco Salad S, W, E, M Nacho Plate S, W, M Sandwich Meal: Two Cheese W, M Croissant S, W, M, E DF Sandwich W Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>
<p>24 Salad Meal: Turkey & Cheese W, M Pasta Salad Plate W, M Sandwich Meal: Two Cheese W, M Chicken Wrap S, W, M, E DF Sandwich W Baby Carrots None Hummus None Fruit None</p>	<p>25 Salad Meal: Taco Salad S, W, E, M Turkey & Cheese W, M Sandwich Meal: Chicken Wrap S, W, M, E Grilled Chicken S, W, M, E DF Sandwich W Potato Salad E, F, S Cucumber Salad None Fruit None</p>	<p>26 Salad Meal: Chicken Salad W, E, M Pasta Salad Plate W, M Sandwich Meal: Chicken Wrap S, W, M, E DF Sandwich W Celery Sticks None Ranch E, M Kale Salad E Fruit None</p>	<p>27 Salad Meal: Chicken Salad W, E, M, S Black Bean Plate W, E, M Sandwich Meal: Southwest Wrap W, E, M, S Chicken Wrap S, W, M, E DF Sandwich W Three Bean None Carrots None Ranch E, M Fruit None</p>	<p>28 Salad Meal: Chef Salad W, E, M, S Nacho Plate S, W, M Sandwich Meal: Chicken Wrap S, W, M, E Vegetable Wrap S, W, M DF Sandwich W Potato Salad E, F, S Broc & Tom Salad None Fruit None</p>
<p>31 Salad Meal: Pasta Salad Plate W, M Tuna Salad Plate E, W, F Sandwich Meal: Croissant S, W, M, E Two Cheese W, M DF Sandwich W Baby Carrots None Hummus None Fruit None</p>				



ALLERGEN KEY:

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

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