

March 2025	Tate's School Greenhouse				Lunch Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
3 National Cold Cut Day Turkey Cheese Roll-ups Cheese Roll Up WITH: Celery & Carrot Sticks Sliced Grapes Variety Chips	4 Chicken Quesadilla or: Cheese Quesadilla with: Sour cream Mexicali Rice Steamed Corn Honeydew	5 Cheeseburger Pasta Bake Or Cheesy Pasta Bake WITH: Texas Toast Steamed Peas Grape Slices	6 Pulled Pork Sandwich OR: Fried Green Tomato Sandwich WITH: Bakery Fresh Bun House Made BBQ Sauce Pickle Spear Baked Beans Mixed Fruit	7 National Flapjack Day & National Cereal Day Flapjacks WITH: Syrup Pork Sausage Patties Hashbrowns Mandarin Oranges Rice Krispie Treat	
10 Grilled Cheese WITH: Tater Tots Green Beans Red Seedless Grapes	11 Turkey Meatloaf Or: Vegetarian Meat Balls with: Gravy Mashed potatoes Mixed Vegetables Orange Wedges	12 Orange Chicken or: Orange battered Vegetable Bites with: Jasmine Rice Roasted Broccoli Fresh Apple Wedges	13 Spaghetti & Meat Balls With: Garlic Bread Stick Lima Beans Mixed Fruit	14 Pepperoni Pizza Cheese Pizza WITH: Diced Carrots Fresh Whole Fruit Honeydew Irish Sugar Cookie	



24 Mini Corn Dogs Or Vegetarian corn dog WITH: Sun Chips Steamed Peas Mixed Fruit	25 International Waffle Day Homestyle Waffles WITH: Pork Sausage Patties Shredded Hashbrowns Diced Peaches	26 National Spinach Day Spinach Pesto Pasta WITH: Garlic Breadstick Vegetable Medley Banana	27 All American Hamburger Or Vegetarian Burger WITH: Bakery Fresh Bun Sliced American Cheese Pickle Watermelon Wedge Sun Chips	28 Cheese Pizza With: Roasted Broccoli Fresh Sliced Melon Yellow Cupcake with Fudge Icing
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31 National Tater Day Chicken Nuggets Vegetarian Chicken Nuggets With: Tatter Tots Green Beans Peaches



Milk and Water Served with Lunch Daily

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

We are committed to Healthy, Nutritious and Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

March 2025	Tate's School Greenhouse				Allergen List
Monday	Tuesday	Wednesday	Thursday	Friday	
3 Turkey Cheese Roll-ups W,M W,M Cheese Roll Up W Celery & Carrot Sticks None Sliced Grapes None Variety Chips W,M,S	4 Chicken Quesadilla W,M Cheese Quesadilla W,M Sour cream M Mexicali Rice None Steamed Corn M Honeydew None	5 Cheese Burger Pasta Bake W,M W,M Cheesy Pasta Bake W,M Texas Toast W,M Steamed Peas None Grape Slices None	6 Pulled Pork None Fried Green Tomato W,E Bakery Fresh Bun W,M BBQ Sauce None Pickle Spear None Baked Beans None Fresh Mixed Fruit None	7 Pancakes W,E,M,S Syrup None Pork Sausage Patties None Hashbrowns None Mandarin Oranges None M Rice Krispie Treat M,S	
10 Grilled Cheese W,M Roasted Potatoes None Green Beans None Red Seedless Grapes None	11 Turkey Meatloaf W,E Vegetarian Meat Balls W,S,E W,S,E Gravy None Mashed potatoes M Mixed Vegetables None Orange Wedges None	12 Orange Chicken W,S Vegetable Bites None Jasmine Rice None Roasted Broccoli None Fresh Apple Wedges None	S13 Spaghetti W Meat Balls W,E Garlic Bread Stick W,M Lima Beans None Mixed Fruit None	14 Pepperoni Pizza W,M Cheese Pizza W,M Diced Carrots None Fresh Whole Fruit None Irish Sugar Cookie W,M,E	



24 Mini Corn Dogs W,M Vegetarian Corn Dog W,E,S Sun Chips W,M,S Peas None Mixed Fruit None None	25 Homestyle Waffles W,M Pork Sausage Patties None Shredded Hashbrowns None Diced Peaches None	26 Spinach Pesto Pasta W,M Garlic Breadstick W,M Vegetable Medley None Banana None	27 Hamburger None Vegetarian Burger W,S Bakery Fresh Bun W,M Sliced American Cheese M Pickle None Watermelon Wedge None Sun Chips W,M,S	28 Cheese Pizza W,M Roasted Broccoli None Fresh Sliced Melon None Yellow Cupcake with Fudge Icing W,M,E	
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31 Chicken Nuggets W Tater tots None Green Beans None Peaches None
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ALLERGEN KEY:

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**

This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program