

April 2025

ChefAdvantage

BREAKFAST & SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast: Banana Bread Diced Fruit PM Snack: Apple Scone Diced Pineapple	2 Breakfast: Nutri Grain Bar Applesauce Cup PM Snack: Whole Wheat Crackers Fruit Yogurt Cup	3 Breakfast: Zucchini Bread Diced Fruit PM Snack: Cranberry Muffin Melon Mango	4 Breakfast: Biscuit with Jelly Diced Fruit Snack: Whole Wheat Cheez-It Crackers Cheddar Cheese Square
	7 Breakfast: Cereal Diced Fruit PM Snack: EZ Jammers Soybutter and Jelly Sandwich	8 Breakfast: Pumpkin Bread Fruit Yogurt Cup PM Snack: Bug Bites Diced Honeydew	9 Breakfast: Mini Bagels With Cream Cheese Diced Fruit PM Snack: Roasted Red Pepper Hummus with Pita !!!! 	10 Breakfast: Fresh Baked Cinnamon Roll Diced Fruit PM Snack: Blueberry Muffin Diced Cantaloupe
14 Breakfast: Cereal Diced fruit PM Snack: Graham Crackers with Sunbutter Dip	15 Breakfast: Banana Bread Diced Fruit PM Snack: Apple Scone Diced Pineapple	16 Breakfast: Nutri Grain Bar Applesauce Cup PM Snack: Whole Wheat Crackers Fruit Yogurt Cup	17 Breakfast: Zucchini Bread Diced Fruit PM Snack: Cranberry Muffin Melon Mango	8 Breakfast: Biscuit with Jelly Diced Fruit Snack: Whole Wheat Cheez-It Crackers Cheddar Cheese Square
21 Breakfast: Cereal Diced Fruit PM Snack: EZ Jammers Soybutter and Jelly Sandwich	22 Breakfast: Pumpkin Bread Fruit Yogurt Cup PM Snack: Bug Bites Diced Honeydew	23 Breakfast: Mini Bagels With Cream Cheese Diced Fruit PM Snack: Roasted Red Pepper Hummus with Pita !!!!	24 Breakfast: Fresh Baked Cinnamon Roll Diced Fruit PM Snack: Blueberry Muffin Diced Cantaloupe	25 Breakfast: English Muffin With Jelly Diced Fruit PM Snack: Cheddar Goldfish Applesauce Cup
28 Breakfast: Cereal Diced fruit PM Snack: Graham Crackers with Sunbutter Dip	29 Breakfast: Banana Bread Diced Fruit PM Snack: Apple Scone Diced Pineapple	30 Breakfast: Nutri Grain Bar Applesauce Cup PM Snack: Whole Wheat Crackers Fruit Yogurt Cup		

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

This institution is an equal opportunity provider.



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Allergen List

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast: Banana Bread Wheat, Milk, Egg Fruit None PM Snack: Apple Scone Milk, Soy, Wheat Pineapple None	2 Breakfast: Nutri Grain Bar Wheat, Soy, Milk Applesauce None PM Snack: Whole Wheat Crackers Wheat, Soy Yogurt Cup Milk	3 Breakfast: Zucchini Bread Wheat, Milk, Egg Fruit None PM Snack: Cranberry Muffin Soy, Wheat, Milk, Egg Mango None	4 Breakfast: Biscuit Soy, Wheat, Milk Jelly None Fruit None Snack: Cheez-It Crackers Milk, Soy, Wheat Cheese Milk
	7 Breakfast: Cereal Allergens on Package Fruit None PM Snack: EZ Jammers Soy, Wheat, Milk	8 Breakfast: Pumpkin Bread Wheat, Milk, Egg Yogurt Cup Milk PM Snack: Bug Bites Wheat, Soy Honeydew None	9 Breakfast: Mini Bagels Wheat Cream Cheese Milk Fruit None PM Snack: Hummus None Pita Wheat, Soy	10 Breakfast: Cinnamon Roll Wheat, Egg Fruit None PM Snack: Blueberry Muffin Soy, Wheat, Milk, Egg Cantaloupe None
14 Breakfast: Cereal Allergens on Package Fruit None PM Snack: Graham Crackers Wheat Sunbutter Dip None	15 Breakfast: Banana Bread Wheat, Milk, Egg Fruit None PM Snack: Apple Scone Milk, Soy, Wheat Pineapple None	16 Breakfast: Nutri Grain Bar Wheat, Soy, Milk Applesauce None PM Snack: Whole Wheat Crackers Wheat, Soy Yogurt Cup Milk	17 Breakfast: Zucchini Bread Wheat, Milk, Egg Fruit None PM Snack: Cranberry Muffin Soy, Wheat, Milk, Egg Mango None	8 Breakfast: Biscuit Soy, Wheat, Milk Jelly None Fruit None Snack: Cheez-It Crackers Milk, Soy, Wheat Cheese Milk
21 Breakfast: Cereal Allergens on Package Fruit None PM Snack: EZ Jammers Soy, Wheat, Milk	22 Breakfast: Pumpkin Bread Wheat, Milk, Egg Yogurt Cup Milk PM Snack: Bug Bites Wheat, Soy Honeydew None	23 Breakfast: Mini Bagels Wheat Cream Cheese Milk Fruit None PM Snack: Hummus None Pita Wheat, Soy	24 Breakfast: Cinnamon Roll Wheat, Egg Fruit None PM Snack: Blueberry Muffin Soy, Wheat, Milk, Egg Cantaloupe None	25 Breakfast: English Muffin Wheat, Soy Jelly None Fruit None PM Snack: Cheddar Goldfish Wheat, Milk Applesauce None
28 Breakfast: Cereal Allergens on Package Fruit None PM Snack: Graham Crackers Wheat Sunbutter Dip None	29 Breakfast: Banana Bread Wheat, Milk, Egg Fruit None PM Snack: Apple Scone Milk, Soy, Wheat Pineapple None	30 Breakfast: Nutri Grain Bar Wheat, Soy, Milk Applesauce None PM Snack: Whole Wheat Crackers Wheat, Soy Yogurt Cup Milk		

This list is comprised of the most common allergens we chart, including egg, soy, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.