

Monday	Tuesday	Wednesday	Thursday	Friday
	1 TERIYAKI CHICKEN & RICE OR: VEGETABLE TERIYAKI & RICE WITH: GREEN BEANS MANDARIN ORANGES	2 ALL AMERICAN BBQ HAMBURGER OR: GARDENBURGER WITH: SOFT BUN HOMEMADE BBQ SAUCE STEAMED PEAS Diced Peaches	3 TEX MEX TURKEY SOFT TACO OR: BEAN & CHEESE BURRITO WITH: CHEDDAR CHEESE SHREDDED LETTUCE STEAMED CORN DICED PEARS	4 CHICKEN ALFREDO PASTA OR: CREAMY ALFREDO PASTA WITH: MIXED VEGETABLES DICED PINEAPPLES
	7 TWIST & SHOUT MAC 'N CHEESE WITH: STEAMED PEAS DICED PEACHES	8 BBQ CHICKEN SANDWICH OR: BLACK BEAN BURGER WITH: SOFT BUN GREEN BEANS DICED PEARS	9 CHEESY TOMATO PASTA WITH: SHREDDED MOZZARELLA STEAMED CARROTS DICED PINEAPPLE	10 WHOLE GRAIN POPCORN CHICKEN OR: VEGETARIAN NUGGETS WITH: HOMEMADE RANCH BAKED BEANS MANDARIN ORANGES
14 TURKEY MEAT SAUCE PASTA OR: CHEESY TOMATO PASTA WITH: Shredded Mozzarella VEGETABLE MEDLEY MANDARIN ORANGES	15 PARMESAN CHICKEN & RICE OR: CREAMY PARMESAN RICE WITH: GREEN BEANS DICED PEARS	16 BREADED CHICKEN SANDWICH OR: GARDENBURGER WITH: HOMEMADE RANCH STEAMED CARROTS STRAWBERRY APPLESAUCE	17 FIESTA CHICKEN TACO OR: BEAN & CHEESE BURRITO WITH: CHEDDAR CHEESE SHREDDED LETTUCE STEAMED CORN DICED PEACHES	18 TONY'S PIZZA DAY PERSONAL CHEESE PIZZA WITH: GREEN BEANS DICED PINEAPPLE
21 ITALIAN CHICKEN PASTA OR: ITALIAN PASTA WITH EDAMAME WITH: STEAMED CARROTS DICED PEARS	22 SOUTHWEST TURKEY BURGER OR: GARDENBURGER WITH: SOFT BUN SOUTHWEST RANCH MASHED POTATO MANDARIN ORANGES	23 TURKEY CHEESEBURGER MAC OR: CHEESY MAC WITH: STEAMED PEAS FRUIT YOGURT CUP	24 CHICKEN NUGGETS OR: VEGETARIAN NUGGETS WITH: HOMEMADE HONEY MUSTARD BAKED BEANS DICED PEACHES	25 CHICKEN QUESADILLA OR: BEAN & CHEESE BURRITO WITH: GREEN BEANS DICED PINEAPPLES
28 LUCA'S NUT-FREE CHICKEN TRENETTE AL PESTO OR: VEGETARIAN TRENETTE AL PESTO STEAMED PEAS MANDARIN ORANGES	29 CHEESE PIZZA DIPPERS WITH: MARINARA SAUCE STEAMED CARROTS DICED PEARS	30 HOMESTYLE TURKEY CHILI OR: VEGETARIAN CHILI WITH: OYSTER CRACKERS GREEN BEANS CINNAMON APPLESAUCE		

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550
www.ChefAdvantage.com

This institution is an equal opportunity provider.

V = Vegetarian Entrée Options

Milk Served with Lunch Daily

*Steamed Vegetable Substitute for Toddler

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Teriyaki Chicken and Rice Soy, Wheat GREEN BEANS NONE ORANGES NONE Vegetable Teriyaki & Rice Wheat, Soy	2 BBQ Hamburger Soy Soft bun Wheat BBQ Sauce None PEAS NONE Peaches None Gardenburger** Soy, Wheat, Milk	3 Turkey Taco Wheat CHEESE NONE LETTUCE NONE CORN NONE PEARS NONE Bean & Cheese Burrito** Wheat, Milk	4 Chicken Alfredo Pasta Milk, Wheat Vegetables None Pineapples None Creamy Alfredo Pasta Wheat, Milk
	7 Pasta ** PEAS PEACHES Wheat, Milk NONE NONE	8 BBQ CHICKEN SANDWICH WHEAT, SOY SOFT BUN WHEAT GREEN BEANS NONE DICED PEARS NONE Black Bean Burger Wheat, Soy	9 Cheesy Tomato Pasta Wheat, Milk Mozzarella Cheese Milk CARROTS NONE PINEAPPLE NONE	10 Popcorn Chicken Soy, Wheat RANCH EGG, MILK BAKED BEANS NONE ORANGES NONE Vegetarian Nuggets** Wheat, Soy, Egg
14 Turkey Meat Sauce Pasta Wheat, Milk Mozzarella Milk VEGETABLE MEDLEY NONE ORANGES NONE Cheesy Tomato Pasta Wheat, Milk	15 Chicken and Rice Milk Green Beans None Diced Pears None Creamy Parmesan Rice Milk	16 Chicken Sandwich Wheat, Soy Ranch Egg, Milk CARROTS NONE APPLESAUCE NONE Gardenburger** Soy, Wheat, Milk	17 Chicken Taco Wheat CHEESE MILK LETTUCE NONE CORN NONE PEACHES NONE Bean & Cheese Burrito** Wheat, Milk	18 Personal Cheese Pizza Milk, Wheat, Soy GREEN BEANS NONE DICED PINEAPPLE NONE
21 Italian Chicken Pasta Soy, Wheat, Milk CARROTS NONE PEARS NONE Edamame Pasta** Soy, Wheat	22 Turkey Burger Soy Soft Bun Wheat Southwest Ranch Milk, Egg MASHED POTATO NONE ORANGES NONE Gardenburger** Soy, Wheat, Milk	23 Turkey Cheeseburger Mac Milk, Wheat Peas None Yogurt Cup None Cheesy Mac** Milk, Wheat	24 Chicken Nuggets Soy, Wheat, Milk HONEY MUSTARD EGG, SOY BAKED BEANS NONE PEACHES NONE Vegetarian Nuggets** Wheat, Soy, Egg	25 Chicken Quesadilla Milk, Wheat GREEN BEANS NONE PINEAPPLES NONE Bean & Cheese Burrito** Wheat, Milk
28 Luca's Pesto Wheat, Milk, Soy PEAS NONE ORANGES NONE Vegetarian Pesto Wheat, Milk, Soy	29 Cheese Pizza Dippers Soy, Wheat, Milk, Egg Marinara Sauce None Carrots None Pears None	30 Turkey Chili None Oyster Crackers Wheat, Soy Green Beans None Applesauce None Vegetarian Chili None		

ALLERGEN KEY:

- Soy = S
- Wheat = W
- Egg = E
- Milk = M
- Fish = F

**** All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.