Tate's School Farm April 2025 Lunch Menu Monday Tuesday **Thursday** Friday Wednesday 1 **4 National Cordon Bleu** 2 **3All school Musical Dress** Rehearsal Boxed Lunch Turkey & cheese or Wow Chicken Quesadilla Cordon Blue Sandwich, or: Cheese Quesadilla net**Advantage Butter & Jelly** Chicken Ham & Swiss on with Bakery Fresh Bun or Gar-Salsa Syrup **Assorted Chips** banzo Bean Salad Sand Mexicali Rice Pork Sausage Patties Roasted Potato Apple Steamed Corn Hashbrowns Chocolate Chip Cookie Green beans Honeydew **Mandarin Oranges** Whole Fruit Sprinkle Cup Cake Three-Cheese National Empanada Day **Orange Chicken** Meatball Sub Pepperoni Pizza **Grilled Cheese** or: Orange battered Vegetable Bites Empanada Pot Pie **OR: Vegetarian Meatball Cheese Pizza** Or Vegetarian Pot Pie WITH: WITH: Roasted potatoes with: with: WITH: Mozzarella Cheese **Diced Carrots** Green Beans Jasmine Rice Pasta Salad Salsa Fresh Whole Fruit Mixed Fruit **Red Seedless Grapes** Roasted Broccoli Mexicali Rice Honeydew Lima Beans Fresh Apple Wedges Steamed Corn Soft Ginger Bread Cookie **Orange Wedges** 14 **Bacon Mac and Cheese Sloppy Joe Honey Garlic Pork Loin Italian Sub OR:** Vegetarian Honey Garlic Meatballs or: Mac and Cheese **OR: Vegetarian Burger OR: Vegetarian Sub** WITH: WITH: WITH: Bakery Fresh Bun Mac 'N' Cheese Fresh Whole Fruit **Green Peas Pasta Salad** WITH: Loaded Mashed Fried Onions Sliced Red Onion Shredded Lettuce Mixed Fruit **Potatoes Green Beans** Sliced Tomato **Pears** Variety Chips Whole Fruit **Baked Potato Bar Pulled Pork & Grits Teriyaki Chicken and Rice** Hamburger Pork BBQ Pizza WITH: or: Taco Quinoa & Grits or: Vegetable Stir Fry **OR: Vegetarian Burger Cheese Pizza Bacon Bits** with: with: WITH: With: Roasted Broccoli Chili Freshly Made **Honey Soy Vegetables** Bakery Fresh Bun Cheese Sauce Vegetable Egg Rolls Sliced American Cheese Fresh Sliced Melon Mild Salsa Sour Cream **Green Beans** Mixed Fruit Mustard Potato Salad Woopie Pie Whipped Butter Grapes Lettuce, Tomato, Pickle Fresh Whole Fruit **Honey Carrots** Banana Variety Chips 28 29 30 **Chicken Gumbo** Nacho Bar Hot Dog **Daily Options:** or Vegetable Gumbo or: Vegetarian Hot Dog with: over White Rice **Corn Tortilla Chips** With: **Nacho Cheese Sauce** Turkey Chili Corn Bread **Variety Of Deli Sandwiches** Steamed Broccoli Cheese **Lettuce Eat! Salad Bar** Shredded Chicken **Carrot Sticks** Cantaloupe

Milk and Water Served with Lunch Daily

Lettuce Tomato & Salsa

Whole Fruit

Mixed Fruit

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!

We are committed to Healthy, Nutritious & Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats,

or MSG are used in our recipes.

770-421-9550

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Balanced Bite Hot Bar

April 2025	Tate's School Farm			Allergen List
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Quesadilla W,M Cheese Quesadilla W,M Salsa None Mexicali Rice None Steamed Corn M Honeydew NONE	Whole Grain French Toast Sticks W,E,M,S Syrup None Pork Sausage Patties None Hashbrowns None Mandarin Oranges None	Turkey & cheese M,W Wow Butter & Jelly W Assorted Chips W,M,E Apple None Chocolate Chip Cookie W,M,E	Chicken W Ham None Swiss M Bakery Fresh Bun W Garbanzo Bean Salad E Roasted Potato None Green Beans None Whole Fruit N one Sprinkle Cup Cake W,M,E
7 Grilled Cheese W,M Roasted Potatoes None Green Beans None Red Seedless Grapes None	8 Empanada Pot Pie W,E.M Salsa None Mexicali Rice None Steamed Corn M Orange Wedges None	9 Orange Chicken W,S Vegetable Bites None Jasmine Rice None Roasted Broccoli None Fresh Apple Wedges None	10 Meat ball sub W OR: Vegetarian Meat ball Sub WITH: Mozzarella cheese M Pasta Salad W Mixed Fruit None Lima Beans None	11 Pepperoni Pizza W,M Cheese Pizza W,M Diced Carrots None Fresh Whole Fruit None Cookie W,M,E
14 Bacon Mac and Cheese W,M Mac and Cheese M,W Green Peas None Fried Onions W Mixed Fruit None	15 Sloppy Joe None Vegetarian Burger W,S Bakery Fresh Bun W,M Mac 'N' Cheese W,M Pears None Variety Chips W,M,S	16 Honey Garlic Pork Loin None Vegetarian Meatballs W,E,S,M Loaded Mashed Potatoes M Carrot Coins None	17 Italian Sub W,M Vegetarian Sub W,M Pasta Salad W,M Sliced Red Onion None Sliced Tomato None Shredded Lettuce None Mixed Fruit None	Sood Friday
21 Baked Potato None Bacon Bits None Chillie none Cheese M Sour Cream M Whipped Butter M Green Onion None Honey carrots None Orange Wedges None	Pulled Pork & Grits M Taco Quinoa & Grits M Freshly Made Mild Salsa None Green Beans None Grapes None	23 Teriyaki Chicken S Rice None vegetable stir fry S Honey soy vegetables s Vegetable Egg Rolls W,M,E Mixed Fruit NONE	24 Hamburger None Vegetarian Burger W,S Bakery Fresh Bun W,M Sliced American Cheese M Mustard Potato Salad E Lettuce, Tomato, Pickle None Fresh Whole Fruit None Variety Chips W,M,	25 Pork BBQ Pizza W,M Cheese Pizza W,M Roasted Broccoli None Fresh Sliced Melon None Woopie Pie W,M,E
28 Chicken Gumbo W Vegetable Gumbo W White Rice None Corn Bread W,E,M Steamed Broccoli None Cantaloupe None	29 Corn Tortilla Chips None Nacho Cheese Sauce M Chili None Shredded Chicken None Lettuce Tomato Salsa Fresh Whole Fruit None	30 Hot Dog None Vegetarian Dog W,E,M,S Chili None Cheese M Mixed Fruit None Variety Chips W,M,	ChefAdvantage	

ALLERGEN KEY:

Soy = S

Wheat = W

Egg = E

Milk = M

Fish = F

This list is comprised of the most common allergens we chart, including eggs, soy, fish, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program