

April 2025

Tate's School Greenhouse

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 or: Cheese Quesadilla with: Sour Cream Mexicali Rice Steamed Corn Honeydew	2 Whole Grain French Toast Sticks WITH: Syrup Pork Sausage Patties Hashbrowns Mandarin Oranges	3 All school Musical Dress Rehearsal Boxed Lunch Wow Butter & Jelly with Assorted Chips Apple Chocolate Chip Cookie	4 National Cordon Bleu Day Cordon Blue Sandwich, Chicken Ham & Swiss on Bakery Fresh Bun or Garbanzo bean Salad Sand Roasted Potato Green Beans Whole Fruit Sprinkle Cup Cakes
7 Grilled Cheese WITH: Tater Tots Green Beans Red Seedless Grapes	8 Soft Shell Beef Taco & Cheese or Softshell Bean & Cheese Taco with: Mexicali Rice Steamed Corn Orange Wedges	9 Battered Chicken Bites or: Battered Vegetable Bites with: Jasmine Rice Roasted Broccoli Fresh Apple Wedges	10 Mini corn dogs Or Vegetarian Corn Dog WITH: Sun Chips Lima Beans Mixed Fruit	11 Cheese Pizza WITH: Diced Carrots Honeydew Soft Gingerbread Cookie
14 Bacon Mac and Cheese OR: Mac and Cheese WITH: Green Peas Mixed Fruit Bread Stick	15 Sloppy Joe OR: Vegetarian Burger WITH: Bakery Fresh Bun Mac 'N' Cheese Apple Slices Mixed Vegetables	16 Honey Garlic Meatballs OR: Vegetarian Honey Garlic Meatballs WITH: Mashed Potatoes & Cheese Green beans	17 Turkey Cheese Roll-ups Cheese Roll Up WITH: Celery & Carrot sticks Sliced Grapes Variety Chips	
21 Butter Noodles with: Sliced Chicken Breast Garlic Breadstick Honey Carrots Banana	22 Cheese Quesadilla with: Freshly Made Sour cream Refried Beans Corn Grapes	23 Teriyaki Chicken and Rice or: Vegetable Stir Fry with: Honey Soy Vegetables Vegetable Egg Rolls Mixed Fruit	24 Hamburger OR: Vegetarian Burger WITH: Bakery Fresh Bun Sliced American Cheese Pickle Apple slices Variety Chips	25 Cheese Pizza With: Roasted Broccoli Fresh Sliced Melon Woopie Pie
28 Chicken Sandwich Chicken sub Sandwich Potato Wedges Steamed Broccoli Cantaloupe	29 Nacho chips with: Corn Tortilla Chips Nacho Cheese Sauce Shredded Chicken Rice Corn Mixed Fruit	30 Hot Dog or: Vegetarian Hotdog With: Turkey Chili Cheese Carrot Sticks Mixed Fruit		

Milk and Water Served with Lunch Daily

V = Vegetarian Entrée Options

Fresh Fruit is Available Every Day!



We are committed to Healthy, Nutritious & Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats,
or MSG are used in our recipes.


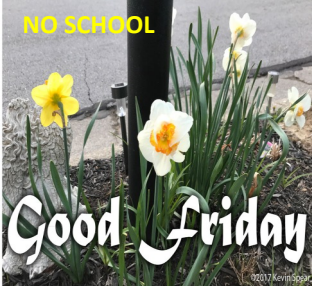

770-421-9550

www.ChefAdvantage.com

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Allergen List

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheese Quesadilla W,M Sour Cream M Mexicali Rice None Steamed Corn M Honeydew None	2 Whole Grain French Toast Sticks W,E,M,S Syrup None Pork Sausage Patties None Hashbrowns None Mandarin Oranges None	3 Wow Butter & Jelly W Assorted Chips W,M,E Apple None Chocolate Chip Cookie W,M,E	4 Chicken W Ham None Swiss M Bakery Fresh Bun W Garbanzo bean Salad E Roasted potato None Green beans None Whole Fruit None Sprinkle Cup Cakes W,M,E
7 Grilled Cheese W,M Roasted Potatoes None Green Beans None Red Seedless Grapes None	8 Soft shell Beef Taco M,W Softshell Bean & cheese Taco M,W Mexicali Rice None Steamed Corn None Orange Wedges None	9 Battered Chicken W,S Vegetable Bites None Jasmine Rice None Roasted Broccoli None Fresh Apple Wedges None	10 Mini Corn Dogs W,M Sun Chips W,M,S Broccoli None Mixed Fruit None	11 Cheese Pizza W,M Diced Carrots None Honeydew None Cookie W,M,E
14 Bacon Mac and Cheese W,M Mac and Cheese M,W Green Peas None Bread Stick W,M Mixed Fruit None	15 Sloppy Joe None Vegetarian Burger W,S Bakery Fresh Bun W,M Mac 'N' Cheese W,M Apple slices None Mixed Vegetables None	16 Honey meatballs W,M,E Vegetarian Meatballs W,E,S,M Mashed Potatoes & cheese M Carrot Coins None	17 Turkey Cheese Roll-ups W,M Cheese Roll Up W Celery & Carrot sticks None Sliced Grapes None Variety Chips W,M,S	
21 Noodles M Sliced Chicken Breast None Garlic Breadstick W,M Honey carrots None Banana None	22 Cheese Quesadilla W,M Sour cream M Corn None Refried Beans None Grapes None	23 Teriyaki Chicken S Rice None Vegetable Stir Fry S Honey soy Vegetables S Vegetable Egg Rolls W,M,E Mixed Fruit NONE	24 Hamburger None Vegetarian Burger W,S Bakery Fresh Bun W,M Sliced American Cheese M Pickle None Apple Slices None Variety Chips W,M,	25 Pepperoni Pizza W,M Cheese Pizza W,M Roasted Broccoli None Fresh Sliced Melon None Woopie Pie W,M,E
28 Breaded Chicken Sandwich M,W Chicken sub biscuit M,W Potato Wedges None Steamed Broccoli None Cantaloupe None	29 Corn Tortilla Chips None Nacho Cheese Sauce M Shredded Chicken None Rice None Corn None Mixed Fruit None	30 Hot Dog None Vegetarian Dog W,E,M,S Chili None Cheese M Mixed Fruit None Variety Chips W,M,		

ALLERGEN KEY:

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**



This list is comprised of the most common allergens we chart, including **eggs, soy, fish, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program