

MAY RED FARM MENU

Tate's School



MON	TUES	WED	THURS	FRI
			1ST Pulled Pork Sandwich or: Fried Green Tomato Sandwich House Made BBQ Sauce Pickle Spear Baked Beans Fresh Whole Fruit	2ND Chicken Pesto Fettuccini or: Vegetable Florentine Bakery Fresh Dinner Roll Honey Balsamic Brussel Sprouts Fried Apples
5TH Chicken Quesadilla or: Cheese Quesadilla Salsa Verde Mexicali Rice Steamed Corn Honeydew	6TH Meatloaf or: Vegetarian Meat Balls Gravy Mashed Potatoes Mixed Vegetables Orange Wedges	7TH Orange Chicken or: Orange Battered Vegetable Bites Jasmine Rice Roasted Broccoli Fresh Apple Wedges	8TH Meatball Sub or: Vegetarian Meatball Sub Mozzarella Cheese Pasta Salad Mixed fruit Lima Beans	9TH Pepperoni Pizza or: Cheese Pizza Diced Carrots Fresh Whole Fruit Honeydew Blue Berry Bars
12TH Bacon Mac and Cheese or: Mac and Cheese Green Peas Fried Onions Mixed Fruit	13TH Sloppy Joe or: Vegetarian Burger Bakery Fresh Bun Mac 'N' Cheese Fresh Whole Fruit Pears Variety Chips	14TH Honey Garlic Pork Loin or: Vegetarian Honey Garlic Meatballs Loaded Mashed Potatoes Green Beans	15TH Hamburger or: Vegetarian Burger Sliced American Cheese Mustard Potato Salad Lettuce, Tomato, Pickle Fresh Whole Fruit Roasted Potatoes	16th Students Last Day! Turkey and Cheese or: Wow Butter and Jelly Variety Chips Fresh Fruit Chocolate Chip Cookie



LUNCH IS SERVED WITH WHITE MILK, OR WATER

CHEFADVANTAGE IS COMMITTED TO SERVING NUTRITIOUS AND DELICIOUS MEALS! WE USE LOCALLY SOURCED INGREDIENTS WHENEVER POSSIBLE. WE DO NOT USE MSG, TRANS FATS OR HIGH FRUCTOSE CORN SYRUP



MON	TUES	WED	THURS	FRI
			1ST Pulled Pork None Fried Green Tomato W,E Bakery Fresh Bun W,M BBQ Sauce None Pickle Spear None Baked Beans None Fresh Whole Fruit None	2ND Spinach Pesto Pasta W,M Garlic Breadstick W,M Bakery Fresh Dinner Roll W Honey Balsamic M Brussel Sprouts None Fried apples None
5TH Chicken Quesadilla W,M Cheese Quesadilla W,M Salsa Verde None Mexicali Rice None Steamed Corn M Honeydew NONE	6TH Meatloaf W,E Vegetarian Meat Balls W,S,E Gravy None Mashed Potatoes M Mixed Vegetables None Orange Wedges None	7TH Orange Chicken W,S Vegetable Bites None Jasmine Rice None Roasted Broccoli None Apple Wedges None	8TH Meatball Sub W or: Vegetarian Meat ball Sub W,S Mozzarella Cheese M Pasta Salad W Mixed Fruit None Lima Beans None	9TH Pepperoni Pizza W,M Cheese Pizza W,M Diced Carrots None Fresh Whole Fruit None Blue Berry Bars W,M,E
12TH Bacon Mac and Cheese W,M Mac and Cheese M,W Green Peas None Fried Onions W Mixed Fruit None	13TH Sloppy Joe None Vegetarian Burger W,S Bakery Fresh Bun W,M Mac 'N' Cheese W,M Pears None Variety Chips W,M,S	14TH Honey Garlic Pork Loin None Vegetarian Meatballs W,E,S,M Loaded Mashed Potatoes M Carrot Coins None	15TH Hamburger None Vegetarian Burger W,S Bun W,M Cheese M Potato Salad E Lrt. Tom. Pic. None Fresh Whole Fruit None Roasted Potatoes None	16th Turkey and Cheese W,M Wow Butter and Jelly W Variety Chips W,M,S Fresh Fruit None Chocolate Chip Cookie W,M,E,S



Allergen Key:

- Soy = S**
- Wheat = W**
- Egg = E**
- Milk = M**
- Fish = F**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

This is a list of the most common allergens we chart.



ChefAdvantage